

Programs and classes for all ages!
stma.ce.eleyo.com

Registration
opens
Thursday,
January 4th



St. Michael-Albertville Community Education
WINTER/SPRING 2018

60 CENTRAL AVE W ST. MICHAEL, MN 55376 763-497-6550



COMMUNITY EDUCATION

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Community Education Office Staff

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Youth & Adult Enrichment Coordinator:

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Community Education Advisory Council

The Community Education Advisory Council represents a cross-section of District 885. The Advisory Council meets quarterly to help identify, coordinate, and evaluate the educational, recreational, social, and cultural opportunities for district residents of all ages. Members of the Advisory Council welcome your ideas, concerns, suggestions and questions. Listed below is your council:

Maryellen Barthel, Lisa Becker, Sue Brunette, Kathy Lester, Mary Chabot, Jeannie Childs, Gail Foss, Heather Hamilton, Marie Moore, Colin Schmidt, Jane Helgestad, Gayle Weber, Amy Weitalla, and Dr. Ann-Marie Foucault (ex-officio).

If you would like to become an Advisory Council member, contact Maryellen Barthel, Director of Community Education at 497-6511. New members are always welcome!



SCHOOL ABBREVIATIONS

AP = Albertville Primary

SE = St. Michael Elementary

BW = Big Woods Elementary

FE = Fieldstone Elementary

MW = Middle School West

ME = Middle School East

HS = High School

CE = Community Education Center

AC = Activity Center @ High School





ADULT BASIC EDUCATION

WEST Adult Basic Education (ABE) is a free Community Education program to help adults age 17 or older develop their basic skills; such as reading, writing, math, work skills, English and technology. (Students must not be enrolled in a secondary school)

GED & Basic Skills Information

What is Adult Basic Education? ABE is for any adult whose basic skills (math, reading, writing) are below a 12th grade level on a pretest—even if the person has a high school diploma. This includes language learners to improve their English. Improve your math, reading, and writing for yourself, a job, a GED, or college entrance.

**Thursday evenings beginning January 11
6:30-9:00PM
CE Room 305
Enter Door "A" or "D"
Instructor: Cindy Wood
FREE**

Become a Tutor in 3 Easy Steps

Help an adult in our community learn English or assist in improving reading, writing or math skills. The 12 hour training is required in MN to prepare you for placement with learners. For more information or to register call Terrisa at 763-682-8688.

Step One Orientation Meeting

**Wednesday, January 10
6:00-8:00PM
301 2nd Ave NE, Buffalo MN**

Step Two and Three English & Literacy Training:

**Saturday, January 20 9:00AM-4:00PM and
Wednesday, January 24 6:00-9:00PM
Interfaith Outread & Community Partner (IOCP)
1605 County Rd 101, Plymouth MN**

GED Testing

Register to take the official test at ged.com, or call 763-272-2040 for more information. There are 4 parts to the test. Science (90 min), Social Studies (75 min), Reasoning/Language Arts (155 min), Mathematical Reasoning (120min)

Computer test only.

English As A Second Language

For individuals whose first language is not English. Emphasis is on pronunciation, vocabulary, speaking, reading, and writing. Friendly classroom setting. Pre-Literacy/Beginning to Advanced Level Groups. Students use books, iPads, and computers to learn in a teacher led class.

Morning Classes:

**Mondays and Wednesdays, 9:00-11:30AM
beginning Wednesday, January 3
STMA Community Education Center,
60 Central Ave. W., Room 307, St. Michael.
Free childcare is available by calling
763-497-6550 at least two days prior to class.**

Evening Classes:

**Tuesdays and Thursdays, 6:00-8:30PM
beginning Thursday, January 4
STMA Community Education Center,
60 Central Ave. W., Room 102, St. Michael.
Sorry, no childcare available
during the evening class**

ESL/ABE Transitions Class

This class is open to ESL students who have exited ESL or are at a high advanced level. Students can study for their GED, college prep, or basic skills. Instruction will be focused on the individual's needs, plus increased understanding, pronunciation and the usage of the English language.

**Mondays & Wednesdays, 9:00-11:30AM
beginning Wednesday, January 3
CE Room 307 Enter Door "A" or "D"
FREE**





ADULT CLASSES

NEW!! Watercolor and India Ink Composition

Enjoy exploring this fun mixed media, by using liquid watercolors and India ink to create a vibrant composition! You will have an opportunity to use a variety of brushes and learn paint layering techniques to create the first step of their painting. You will then practice using a metal stylus and black India ink on a separate sheet of paper and then add detail to their composition to make your work of art really 'pop'!

461W

Tuesday, February 27
6:30-8:30PM
CE: Room 106
Instructor: Kris Holtmeyer, Artistic Moments
Fee: \$30

Learn to Weave I

Want to learn to weave? Come learn the basics with teacher and designer Abbey Swanson of The Firefly Hook. We will make a coaster (or two!) that you can take home with you. No experience necessary. Supplies included!

420W1

Saturday, February 10
10:00AM-12:00PM
ME: Room D400
Abbey Swanson
Fee: \$25



Big, Cozy Scarf

Want to learn to crochet? Come learn the basics with crochet teacher and designer Abbey Swanson of The Firefly Hook. We will make a big, cozy scarf – The Spring Equity crochet scarf, a design by The Firefly Hook. This scarf is made with super bulky yarn and a big hook. You will be surprised how quickly this project works up. No experience necessary. Supplies included!

420W2

Saturday,
February 10
1:30-4:30PM
ME: Room D400
Abbey Swanson
Fee: \$35



Pallet Creations with Green Martini Paint Co.

If you are not the “artsy” type – no worries! Green Martini Paint Co. events are for everyone, zero experience required. Step-by-step instruction from one of our artists will help you achieve beautiful, clean, crisp lines using a professional stencil and our simple DIY process. You will leave with a wonderfully crafted home decor piece that will last a lifetime. Choose from four options: Growth Chart, Last Name & Initial, Patio Sign: MN Welcome or Patio Sign: Hello Spring
Snacks & drinks are welcome.



108S

Friday, April 6
7:00-9:00PM
Green Martini Paint Co
5262 Kyler Ave. Ste 116
Albertville, MN 55301
Fee: \$45

Learn to Weave II

Come learn to weave or grow your weaving skills and make a wall hanging with teacher Abbey Swanson of The Firefly Hook. We will weave with bulky yarn so you can take your completed projected home with you. No experience necessary. Supplies included!

420S1

Saturday, April 21
1:30-4:30PM
HS: Room 1684
Abbey Swanson
Fee: \$35

Nesting Bowls

Want to learn to crochet? Come learn the basics with crochet teacher and designer Abbey Swanson of The Firefly Hook. We will make 2 – 3 nesting bowls with super bulky yarn and a big hook. You will be surprised how quickly these bowls work up. No experience necessary. Supplies included!

420S2

Saturday, April 21
10:00AM-12:00PM
HS: Room 1684
Abbey Swanson
Fee: \$25





ADULT CLASSES

Spring Cake Decorating

Are you looking for a tasty springtime activity? Then you will definitely want to participate in this edible art class! You will be introduced to a variety of cake decorating techniques. Have fun creating your own designs, or use one of the instructor's photos as your guide. You will use colorful bags of icing and a variety of metal decorating tips to create your festive springtime works of art! All artistic abilities welcome! Please Note: All cakes and icing are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

461S1

Tuesday, April 24
6:30-8:30PM
CE: Room 307
Instructor: Kris Holtmeyer,
Artistic Moments
Fee: \$30 (Supplies Included)



Yogurt & Mozzarella for Beginners

Learn to make cheese and yogurt at home. Easy, inexpensive nutritious and gluten free, plus they taste better and are healthier for you when made at home without unnecessary additives of commercial products! You will make mozzarella in class and discuss how to make multiple types of cheese. Learn how to make Greek yogurt and watch a detailed demonstration in yogurt making. Handout includes recipes for several different types of cheese, recipes that utilize cheese and/or yogurt, and resource information for supplies.

625S1

Saturday, March 24
10:00-11:45AM
HS: Room 1412 - FACS Room
Instructor: Carol Schaub
Fee: \$40 (Supplies Included)

Pizza, Flatbreads, & Focaccia – It All Starts With the Dough!

Become the master of a full-flavored dough that will make wonderful pizzas, flatbreads and focaccia with a no-knead dough that you mix and can store up to a week in the refrigerator. Bake when you need it for extra fast, homemade meals or pre-bake pizza crusts and store for super-fast, easy pizza your family will love. In this hands-on class, you will develop dough stretching and rolling techniques, make a batch of dough to take home, and sample warm focaccia made in class. Hints for adapting to grilled pizzas. Handout includes topping ideas and a whole-wheat dough option. Bring a rolling pin, 4 quart mixing bowl with cover, measuring cups and spoons, and large wooden spoon. Demonstration, hands-on and tasting, Carol Schaub avid "Kitchen Creator", teaches in 15 districts, skilled instructor.

625S2

Saturday, April 7
10:00-11:45AM
HS: Room 1412 - FACS Room
Instructor: Carol Schaub
Fee: \$40 (Supplies Included)

Jams, Jellies, Marmalades, and Butters

NOW is the time to prepare for the bounteous fruits of summer. Be ready to 'jam' when the berries, peaches, rhubarb, herbs and more are at their peak of taste and availability. Learn the difference between the various preserves and have the opportunity to taste several different kinds. You will prepare a batch of jam/jelly from start to finish, learn basic 'hot water bath' techniques that are applicable to other canning projects and take home 1-2 jars to enjoy. Tasting of and handout for multiple recipes included. Carol Schaub teaches in 15 districts she is a skilled instructor.

625S3

Saturday, April 21
10:00-11:45AM
HS: Room 1412 - FACS Room
Instructor: Carol Schaub
Fee: \$40 (supplies included)



Registration Opens Thursday, January 4
www.stma.ce.eleyo.com



ADULT CLASSES

Beginner Welding

Designed for the beginning welder, techniques will be demonstrated in OxyAcetylene welding and cutting, Arc welding, MIG welding and for those interested in welding aluminum, TIG welding. Time will be available for practice welding as well as project building. The instructor is a High School Industrial Arts teacher. Class is limited to 10, register early! A supply fee will be payable to the instructor at class, depending on the project(s) that you choose to do.

629W

Mondays, Feb 26,
Mar 5, 12, 19, Apr 2, 9
(No Class Mar 26)
5:00-8:00PM
HS: Room 2766
Scott Danielson
Fee: \$70



Woodworking

Participants in this class will learn skills in woodworking for the crafter to the cabinetmaker. For the beginner, demonstrations will include the table saw, jointer, timesaver sander and more. For the advanced person, use of the shapers for raised panel doors and/or the CNC router, and more will be taught. The instructor is a STMA High School Industrial Arts teacher. There is a limit of 10 adults, so register early! A supply fee will be payable to the instructor at class, depending on the project(s) you choose to do.

629S

Wednesdays: Mar 14, 21, Apr 4, 11, 18, 25, May 2, 9
(No Class Mar 28)
4:00-6:00PM
HS: Room 2766
Instructor: Scott Danielson
Fee: \$70

School of Fish's WALLEYE SCHOOL

School of Fish's WALLEYE SCHOOL is a 2 1/2-hour class devoted to helping students become better walleye anglers! Taught in a small group setting by *Fishing the Midwest's* television show host Mike Frisch, students will learn the basics of finding walleyes by season during the open water year. Included in that discussion will be instruction in the use of sonar and GPS technologies to help find walleyes.

After walleye location is discussed, jigging and bottom bouncer presentations are taught. Jigs shine during spring and fall, while bottom bouncer presentations dominate on lots of fisheries during summer. Equipment choices for those two presentations will be discussed and, class participants will be given detailed instruction on how to fish these presentations. For example, the instructor will detail exactly how he pitches a jig to shallow walleyes, how to fish bigger jigs vertically, and how to properly present a bottom bouncer to minimize snags and feel and catch the most walleye bites!

The class will conclude with a question and answer session and, Mike will stick around until the last question is answered! Also, students get a presentation packet with class notes to keep and use for further reference.

If you have ever wanted a hands-on walleye fishing class that cuts through the chase and will help you find and catch walleyes in the waters you fish, School of Fish's WALLEYE SCHOOL is for you!



275S1

Tuesday, April 17
6:00-8:30 PM
MW: Lecture Hall
Instructor: Mike Frisch
Fee: \$45

Build a Wood Duck House

(Ages 7 and up)

Have you been interested in learning more about Wood Ducks and how to build a Wood Duck house? We will be having someone from DELTA Waterfowl here to share with the participants why we build these types of houses and where to put the houses when the participants are done building them. We will be constructing them from scratch and showing what types of materials they will be using. Each participant will take their Wood Duck home to hang up for future Wood Ducks to use. *Please Note: Children 7-10 must be accompanied by an adult.*

108W

Wednesday, February 28
7:00-9:00PM
MW: C160 – Wood Shop
Instructors: Lance Krupke & Chris Gulden
Fee: \$45





ADULT CLASSES

Starwatch Party with Mike Lynch

Bring lawn chairs to make yourself comfy! Make the stars your old friends as we watch the great celestial show over St. Michael and Albertville. We start with an indoor orientation followed by time outside. Get to know the constellations like the Great Bear, Leo the Lion, Cassiopeia, and some of the great stories behind them. I'll bring a fleet of telescopes, including two of the biggest mobile telescopes in Minnesota for close up views of star clusters, nebulae, galaxies and other wonders in our spring skies. Handouts, star maps and charts, websites, and a telescope-buying guide are included! Class fills up, register early!

Mike Lynch is a meteorologist at WCCO Radio and has been hosting star watch parties and teaching astronomy classes for over 40 years. He writes a weekly stargazing column for the St. Paul Pioneer Press and is the author of the book: "Mike Lynch's Minnesota Star Watch" available for purchase at a discount at class. Even if it's cloudy you'll learn a lot and have a great time and get a Mike Lynch "Cloud Check" for a future Minnesota Starwatch Class.

135S

Friday, April 20
8:00-10:00pm
Instructor: Mike Lynch
MW: Lecture Hall & Outside
Fee: \$15 per person
\$25 per family
\$35 per group



2-Left Feet Social Dance Workshop

Convinced that you have 2-left feet and that dancing is not meant for you? Or, someone you know? But still... it would be helpful to know a few steps. Just in case... Learn fun moves and simple tips from a pro to ease you over those times. A little bit of Swing, a touch Foxtrot, a smattering of Waltz and a jazzed up "high school prom Swing & Sway" are all it takes! And you'll be out on the dance floor! Couples only please!

153W

Monday, February 26
7:00-9:00PM
ME: Cafeteria
Instructor: Monica Mohn
Fee: \$30 per couple



Salsa Dance Workshop

You've thought about it so why not try it? This workshop is easy, economical and only 1 session! Geared to beginners and guided by a dance champion, you'll have basic patterns plus a couple of turns by the end of the session! More than enough to satisfy your curiosity and provide a full night of dancing! Couples and Singles welcome!

153S1

Wednesday, March 21
7:00-9:00PM
ME: Cafeteria
Instructor: Monica Mohn
Fee: \$15 per person

Line Dance for Weddings and Parties

Just in time for the wedding & party season! No need to sit and watch any more: step into the party with this workshop of the popular line dances: Electric Slide, Cha Cha Slide, and the Cupid Shuffle. No Partner needed for an entire evening of fun!

153S2

Thursday, April 26
6:00-7:00PM
ME: Cafeteria
Instructor: Monica Mohn
Fee: \$10 per person

Wedding Dance- It's not too Late to Look Great!

You thought about it! You wanted to! But where did the time go? Not to worry. In this 2-hour workshop, Monica Mohn, nominated by MNBride for "Best Wedding Dance Instruction", will guide you with fun moves and simple tips to have you feeling comfortable and looking great on that special day! Feel free to bring your special song! Couples only please.

153S3

Thursday, April 26
7:00-9:00PM
ME: Cafeteria
Instructor: Monica Mohn
Fee: \$30 per couple



ADULT CLASSES



55 ALIVE Mature Driving—8 Hour Class

55 Alive Mature Driving is an innovative classroom driver retraining program for persons age 55 and over that is designed to help improve their driving skills. This 8-hour course is geared to the specific needs of older motorists. Minnesota state law requires all insurance companies to give a premium deduction to all persons who complete this accident prevention course. You must attend both classes. Please bring AARP card (if applicable) and your Driver License to class.

112W

Tuesday February 27 & Thursday March 1
5:30-9:30PM

MW: Lecture Hall, Enter Door "B" or Door "O"

Instructor: Larry Kounkel

Fee: \$20 for AARP members

\$25 for non-AARP members

55 ALIVE Mature Driving—4 Hour Refresher

The 4-hour refresher class is for those individuals who have completed the 8-hour defensive driving program and need to renew their certification. Please bring AARP card (if applicable) and your Driver License to class.

118W

Tuesday, March 6
5:30-9:30PM

MW: Lecture Hall, Enter Door "B" or Door "O"

Instructor: Larry Kounkel

Fee: \$20 for AARP members

\$25 for non-AARP members

Registration Opens Thursday, January 4
www.stma.ce.eleyo.com

A Time to Remember...

Looking Back to Yesteryear

Yorkville Twins: Growing up in New York City in the 40's, 50's and 60's

Twin brother Joe and John Gindele grew up in a tough ethnic neighborhood in New York City with immigrant parents and a family of seven. After graduating from high school in 1962, they moved to Minnesota and became teachers. They recently wrote an award-winning memoir: *Yorkville Twins*. Come hear them reminisce about post-war America in a large city, when news reports, politicians, and leaders were believable to the public, when teachers, priests and the police were never challenged, a time before TV, when many people didn't have telephones. Full of humor, wisdom, and frank talk, their anecdotes recount daily life from a historical, social and cultural perspective.

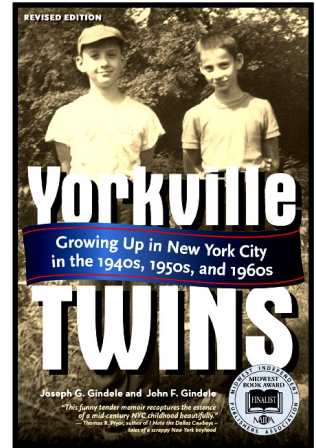
482S

Tuesday, March 20
1:00-2:30PM

Crow River Senior Center
John and Joe Gindele

Fee: FREE

(Please Pre-Register)



The Psychology of Persuasion:

10 Laws of Persuasion

How do you get people to say and think yes? What would really happen if you could gain compliance almost as often as you want?! In this training you will discover the 10 laws of persuasion that ethically influence others to your way of thinking. The ability to communicate persuasively is a skill that can be used in all aspects of your personal and business life.

Instructor Josh Gretz is an authorized and licensed presenter of the bestselling book by Dr. Kevin Hogan, *The Psychology of Persuasion: How to Persuade Others to Your Way of Thinking*. Yes, you will get your own copy of the book to take home. Certificate of attendance will be available.

581W

Monday, February 5
7:00-9:00PM

MW: Lecture Hall

Instructor: Josh Gretz

Fee: \$50



ADULT CLASSES

Write Your Will

If you were to pass away unexpectedly, would your wishes be carried out? Who would coordinate the probate for your estate? Who would be the guardian of your children? To whom would your assets be distributed? We'll answer these questions through drafting a basic will with guidance from a licensed attorney. This class is appropriate for you if your individual assets total less than one-million dollars (including real estate, life insurance, and retirement assets). You'll leave class with a legal and effective will. Prior to class, you will receive and must complete a questionnaire from Community Education. Basic computer skills are helpful, as you will type your will on a computer. If registering as a couple, both must register separately and both must attend class to draft and sign their will. Please provide a current email address when registering.

975W

Thursday, March 1
6:00-9:30PM
MW: Media Center
Instructor: Kristi Weikel
Fee: \$60



975S

Tuesday, May 1
6:00-9:30PM
MW: Media Center
Instructor: Kristi Weikel
Fee: \$60

Registration Opens Thursday, January 4
www.stma.ce.eleyo.com

Savvy Social Security

When should I apply for Social Security? How can I maximize my benefits? How will this affect my spouse? You have a lot of questions to answer. Mistakes can be costly. We can provide the guidance you need. Join us for a short presentation, *Social Security: Strategize to Maximize*, to learn how to sort through the options to help ensure the choices you make are tailored to your needs.

979W

Thursday, February 22
6:00-7:00PM
MW: Lecture Hall
Instructor: Justin Bettinger, Thrivent Financial
Fee: \$10



Retire Wisely

Will I have enough to retire? – Will my retirement income last? – Are my assets protected? Manage six key risks all retirees face: Outliving their income, inflation, unpredictable events, market volatility, income taxes and rising healthcare costs. Turn retirement concerns into confidence.

979S

Thursday, March 22
6:00-7:00PM
MW: Lecture Hall
Instructor: Justin Bettinger, Thrivent Financial
Fee: \$10

2018 Firearm Safety Training Course

(Ages 11 and up and Ages 18+)

Crow River Sportsmen's offers a Firearms Safety Training Program for students 11 years of age and older by the start of the class. Students who are 11 years old must wait until they turn 12 to receive their hunting license. Students must attend the entire day in order to pass this class and be certified. Class size is limited to 75 youth and unlimited adults. Questions? Contact Gary Schoen, 763-497-3272 or Scott Martinson 763-498-9327. Bring a pen and a bag lunch to class. Do not bring your gun to the class or school. There is a mandatory field shoot on Sunday, April 9th at the Crow River Sportsman's Club (times will be given at class).

402S2 (Age 18+)

Saturday & Sunday, April 7 & 8
7:00AM-4:00PM
HS: Cafeteria
Instructor: Crow River Sportsman's Club
Fee: \$15





ADULT CLASSES

Puppy Kindergarten

This class is for puppies 9 weeks to 5 months old. Puppies learn needed social skills while meeting and playing with other puppies. They meet new people and learn about sitting for petting instead of jumping, as well as how to play without biting people. Basic dog obedience commands are taught including come, sit and down.

123W1

Thursdays: Feb 8, 15, 22, Mar 1, 8
6:00-7:00PM

123S1

Tuesdays: Apr 17, 24, May 1, 8, 15
6:00-7:00PM

Basic Dog Obedience

For dogs 6 months and older. Work on basic obedience commands such as heel, sit, stay, come, stand and down. All training is done on leash and collar. Recommendations are made by the instructor based on each dog's temperament.

123W2

Thursdays: Feb 8, 15, 22, Mar 1, 8
7:00-8:00PM

123S2

Tuesdays: Apr 17, 24, May 1, 8, 15
7:00-8:00PM

Intermediate Dog Obedience

This class will help you prove everything your best friend has learned in the basic classes. We will include retrieving, jumping, and drop on recall. You will be working toward better on-leash as well as advancing to off-leash work.

123W3

Thursdays: Feb 8, 15, 22, Mar 1, 8
8:00-9:00 PM

123S3

Tuesdays: Apr 17, 24, May 1, 8, 15
8:00-9:00PM



Wright County Master Gardeners Spring Days Gardening Workshop

Sessions on rock gardens, growing fruit, low care vegetables, native plants, flower arranging, hardy shrub roses, the kitchen garden, garden soil and really cool plants! Vendors, Door Prizes, Silent Auction.

Saturday, March 3

9:30AM-3:15PM

STMA Middle School West

Fee \$30, includes breakfast & lunch.

Contact: www.springdays.org



Gardening with New Perspectives

New Generation Gardening along with ideas from young people. We can show you what is being done to make this coming 2018 year better than ever. From planting to harvest, getting that convenient nutritious food we all like.

160W

Monday, March 12

7:00-8:15PM

CE: Room 305

Instructors: Patrick and Connie Lahr,

SFG Certified Gardeners

Fee: \$10

All dog training classes are taught by Cathy Mahr
Monticello Pet Hospital – Training Center
4134 School Blvd
Monticello MN 55362

Fee: \$90

For additional class offerings please check:
www.retrieversetc.com

All dogs must bring proof of vaccinations
(per veterinarian's recommendations), collar and
leash, along with dog treats



ADULT AND CHILD CLASSES

School of Fish

(Grades 1 and Up)

School of Fish is a 2 ½ hour kids fishing class open to kids (and adults) from grades 1 and up taught by pro angler and television show host, Mike Frisch. Students learn about lakes, finding fish in those lakes and some great ways to catch them. They also learn to tie a fishing knot and rig and use a slip-bobber setup. Included in the registration fee for each registrant is:

- *Rod & Reel
- *Tackle box with tackle
- *School of Fish 32-page full color workbook
- *KLN Snack pack
- *AND MORE!

275S1

Thursday, April 26
6:00–8:30PM
Instructor: Mike Frisch
MW: Lecture Hall
Fee: \$55



Cooking with Mom and Dad

(Grades 1 – 6 with a Parent)
On the Menu: Stromboli

Want to teach your child to cook but don't know where to start? Go beyond boiling noodles and learn a fun, very quick and easy recipe that is sure to become a family favorite that you and your child can make TOGETHER!
(No more than 2 children per Adult)

448S

Wednesday, March 21
5:30-7:00PM
ME, FACS Room C320
Instructor: Val Jeffery
Fee: \$40 per family

Cupcakes & Canvas: Heart Tree

Grab the whole family and join KidzArt for a fun family painting event. Every family will create their own painting of a tree with hearts on an 11x14 stretched canvas. Enjoy a Valentine's Day cupcake as we wait for our canvases to dry.



202W3

Tuesday, February 13
6:30-8:00PM
CE: Art Room, 106
Instructor: KidzArt
Fee: \$25 Per Canvas

Design-A-Plate

(Kindergarten & Grades 1- 4)

This class gives kids the chance to create a keepsake plate! Each child will design a plate. You may do more than one plate but you must register twice if you plan to do so. Limit 2 per child. The artwork will be fired and glazed and returned back to students within 4-6 weeks. Register Early!

242W

Monday, February 26
6:00–7:00PM
CE: Room 106
Instructor: Angie Hawkins
Fee: \$15

SCHOOL ABBREVIATIONS

AP = Albertville Primary (Kindergarten)

SE = St. Michael Elementary (Grades 1-4)

BW = Big Woods Elementary (Grades 1-4)

FE = Fieldstone Elementary (Grades 1-4)

MW = Middle School West (Grades 5-8)

ME = Middle School East (Grades 5-8)

HS = High School (Grades 9-12)

CE = Community Education Center

AC = Activity Center @ High School



TRIPS AND TOURS

Frozen: Disney On Ice

Enter a fantastical winter wonderland at Disney On Ice presents Frozen! Join Elsa and Anna, Olaf, Kristoff, his reindeer Sven, hosts Mickey Mouse and Minnie Mouse, and many more of your favorite Disney characters for this unforgettable celebration of friendship.

400S • Target Center
 Thursday, March 1
 9:00AM Depart St. Michael Elem.
 Front Parking Lot
 1:15PM Approximate Return Time
 \$19 (performance & school bus transportation)
 Registration/Payment deadline Feb 9



Fly Over America

Please join us as we venture to the Mall of America for lunch and to Fly Over America. This attraction ride is unlike anything Minnesota has ever seen! Riders are suspended in the air with feet dangling 10 to 40 feet above the ground and immersed in a giant half-spherical dome screen. Special effects including wind, scents, and mist make you feel like you're truly flying! After the ride, you will have time to shop before meeting for a petite luncheon at The Radisson Blu Fire Lake Grill House. Enjoy more shopping after lunch before you return to the bus for your ride home.

Please wear comfortable shoes.

208W • Bloomington, MN
 Wednesday, February 21
 9:15AM Depart St. Michael Elem.
 Front Parking Lot
 3:00PM Approximate Return
 \$59 includes lunch, & motor coach bus transportation.
 Registration/Payment deadline Jan 29

Liverpool Legends

Please join us for the "Liverpool Legends" experience! We will head down to Red Wing and have lunch at the St. James Hotel. Lunch will consist of Tuscan chicken, chef's choice of starch and vegetable, fresh roll, cookie, and coffee. If time permits after lunch, you can shop downtown Red Wing before heading to the Sheldon Theatre for "Liverpool Legends" the complete Beatles experience.

657F • Red Wing, MN
 Friday, April 6
 9:15AM Depart St. Michael Elem.
 Front Parking Lot
 5:00PM Approximate Return
 \$75 includes lunch & motor coach bus transportation.
 Registration/Payment deadline Feb 9

Stillwater Cruise and Browsing Trip

Back by popular demand! Travel to Stillwater for a day of shopping and fun! When we arrive in Stillwater, we will board "The Andiamo Showboat" for a 2-hour boat cruise on the St. Croix River that includes a luncheon buffet. After the boat cruise, you're on your own for 2 1/4 hours of shopping in downtown Stillwater. Be sure to wear comfortable shoes. This trip is for adults only please.

652S • Stillwater, MN
 Wednesday, June 20
 9:45AM Depart St. Michael Elem.
 Front Parking Lot
 5:30PM Approximate Return
 \$50 (includes boat ticket, lunch & motor coach bus)
 Registration/Payment deadline June 4



UFF DAH!

A Scandinavian History Tour

Meet Ole & Lena, they are costumed character guides from Minnesota's Scandinavian past. Discover how and why immigrants from Scandinavia came as pioneers to St. Paul and Minneapolis. Learn about sites such as the Mindekirken Church and the Norway House. See the famous statue of Leif Erickson and other sights, while you learn about the Twin Cities Scandinavian Heritage. Afterwards enjoy dining at the American Swedish Institute. Lunch includes: Meatballs, Gravy, Potatoes, Rye Bread with Butter, Beet Salad, Cucumber Salad, Dessert, and Beverage. Following lunch, set out on another guided tour of The Turnblad (castle-like) Mansion and the American Swedish Institute. Step back in time and experience the exquisite 33-room mansion; including: detailed wood carvings, sculpted ceilings, and hand-crafted Swedish tile stoves. The American Swedish Institute is a place to learn about and experience Swedish, Swedish-American, and Nordic culture and the role of Swedish and other immigrants in Minnesota's history.

354S • Bloomington, MN
 Wednesday, May 16
 9:15AM Depart St. Michael Elem.
 Front Parking Lot
 3:45PM Approximate Return
 \$79 includes lunch, & motor coach bus transportation.
 Registration/Payment deadline April 16

For questions regarding
 Trips & Tours or to register please
 contact the Community Education
 Office at (763) 497-6550 or online at
www.stma.ce.eleyo.com



ACTIVITY CENTER

STMA Activity Center (AC)

located at STMA High School
5800 Jamison Ave NE
St. Michael MN 55376
Enter Door C

Knights Activity Center Memberships

Individual, Family, and Student
Memberships are available at the HS
Activity Center.

The AC has 6 basketball courts, baseball and
softball cages, 5,000 sq. ft. fitness center, and an
indoor running/walking track or the public to use.
Please enter Door C.

Activity Center Hours

Monday – Friday
5:00AM – 8:30AM and
3:30PM – 10:00PM (Adults)
3:30PM – 9:00 PM (Under 18)
Saturday & Sunday
8:00AM – 5:00PM

*The Activity Center Policy states that
children under the age of 12 must be
supervised by an adult.*

Winter/Spring Activity Center Open Gym Hours

Monday - Friday
6:00PM - 9:00PM (Under 18)
6:00PM - 10:00PM (Adults)
Saturday 8:00AM - 5:00PM
Sunday 8:00AM - 5:00PM
Enter Door C
Activity Center Member Free
Non-Members \$5 at door



Pickleball

Are you 50 years of age or older? Would you like to get
some exercise and meet new people? Then you should
come to the Activity Center for open pickleball!
Pickleball is a cross between tennis, racquetball and
badminton and is one of the fastest growing sports in the
U.S. among seniors! We have all the equipment. Bring a
friend! Come early - courts fill up fast!

Tuesday Evenings
6:30-8:30PM
\$2 per person

Senior Workouts

Do you want to walk and/or run at the Activity Center but
not during our busy hours? Senior Citizens (62+) around
the community are invited to use the Upper
Walking/Running Track for free.

Mondays, Tuesdays, Thursdays, and Fridays
Beginning January 3
5:00-9:30AM
Enter Door C
FREE for District 885 Residents





ACTIVITY CENTER

Pickleball Tournament

Ages 18 and up

Find a partner and come to the Activity Center for this fun and entertaining one day pickle ball doubles tournament! Participants will compete against other teams in a bracketed tournament. Whether you are new to the sport, or have been playing for years, this is a great way to stay active and meet new people in the community. There will be an "A" Bracket for more experienced teams, and a "B" Bracket for novice players. Teams must register prior to the event



639S

Saturday, March 17
9:00AM-12:00PM
Enter Door C
AC Court #2
\$5 Per Team

STMA Progressive Triathlon

Test yourself both mentally and physically with this month long fitness challenge! In the month of February, participants will have 28 days to complete an Iron Man Triathlon. It's a great way to change up your same old workout routine, and helps keep you focused on your New Year's Resolution. Row 2.4 miles on the stationary rowers in the AC, bike 112 miles, and run 26.2 miles. Come grab a distance tracking sheet at the AC front desk and sign up by February 1.

All finishers receive a T-shirt
Starting February 1-28
\$5 per person

Early Boot Camp (TABATA STYLE)

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an interval training circuit, which gets the body's major muscle groups involved. With high intensity exercise your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 sessions per workout. Modifications for exercises and rest periods are offered, so it's perfect for any fitness level. This full body early morning workout is guaranteed to transform your body! Please bring an exercise mat and medium weight dumbbells.

418W1

Tuesdays & Thursdays
Jan 23, 25, Feb 6, 8, 13, 15, 20, 22
(No Class Jan 30, Feb1)

418W2

Tuesdays & Thursdays
Feb 27, Mar 1, 6, 8, 13, 15, 20, 22

418W3

Tuesdays & Thursdays
Apr 3, 5, 10, 12, 17, 19, 24, May 1
(No Class Apr 26)

5:30-6:15AM

AC Court 3

Instructor: Kristy Hegrenes

\$40 (AC Members)

\$50 (Non-Members)



Over 40 Basketball

The Middle School West gym is open for over 40 basketball on Wednesday evenings. There is a \$1 fee payable at the door. This activity is for STMA district residents only. The gym is closed during the holidays. Pre-registration is not required.

Wednesdays beginning January 10
6:15-8:30PM
MSW Gym
\$1 per night



Men's Basketball League

Get your buddies together and form a basketball team. League will run 8 weeks on Wednesday nights with playoffs to follow. Call 763-497-6541 to register your team by Wednesday, January 10 and guarantee your team a spot in the league.

Captain's Meeting: Wednesday, January 10 starting at 7:00PM at the HS: Health Room 1684

Wednesday, Jan, 17, 24, 31, Feb 21, 28,
Mar 7, 14, 21
ME: Gyms 1, 2 & 3
\$100 per team



ACTIVITY CENTER

Munchkin Sports

Boys and Girls ages 3 & 4

Munchkin Sports is a great way to introduce your child to the many benefits of sports including concentration, teamwork, skill development, and most importantly fun! This program will run for 3 weeks on Monday nights and will include the sports of T-Ball, Soccer, and Kickball. Register your child right away because there are limited spots available!

214W1

Thursdays, Feb. 15, 22, Mar. 1
6:30-7:15PM
AC Court #2
\$25

214S2

Thursdays, April 5, 12, 19
6:30-7:15PM
AC Court #2
\$25



Sports Sampler

Boy and Girls ages 6-9

Is your child interested in a variety of different sports? If so, this four week course featuring Basketball, T-Ball, Soccer and kickball is sure to be entertaining for them! Students will learn the basics of all four sports through participating in skill stations, drills and games. Register early - space is limited. Volunteer Coaches Needed!

270W1 Ages 6 and 7

Tuesdays, Feb. 6, 13, 20, and 27
6:30-7:30PM
Enter Door C
AC Court #6

270W2 Ages 8 and 9

Thursdays Feb. 8, 15, 22, and March 1
6:30-7:30PM
Enter Door C
AC Court #6
\$25 AC Members
\$35 Non-Members

Youth Tennis

Boys and Girls ages 9-11

This instructional class is offered by Nathan Erickson. Nathan has been giving tennis lessons for over 10 years. He will improve your child's hand/eye coordination, and introduce them to the basic skills of tennis including the forehand, backhand and volley in this 4 session class. Don't forget to bring your own racquet! Space is limited so sign up early!

458S

Fridays April 20, 27
May 4, 11
6:30-7:30PM
AC Enter Door C
\$25 AC Members
\$35 Non - Members



Youth Dodgeball

Boys and Girls ages 9 and 10

This timeless game is a great way for kids to stay active, and have fun. This 4 session course will focus on a variety of different versions of Dodgeball, game strategy, and develop throwing technique. Sign your son or daughter up for this classic team game and get in on the fun!

685S

Mondays, March 5, 12, 19 April 2
(No Class March 26)
6:30-7:15 PM
AC Court #2
\$25 AC Members
\$35 Non- Members

High School Internurals

Grades 9-12

Have you wanted to play a competitive sport but just didn't have the time? STMA Community Education will give you that opportunity this winter with Ping Pong and Basketball. There will be team sign-up sheets at the Activity Center Office, located by Door C. If you don't have a team, don't worry, you can sign up individually to be placed on a team. Don't miss out on all the fun, sign up ASAP!

128W1

Ping Pong (Doubles)

Mondays, Jan. 22, 29
Feb. 5, 12, 26
3:45-5:30PM
HS, Main Gym
\$10 per team

128S2

Co-Ed Volleyball

Mondays, April 2, 9, 16, 23, 30
3:45- 5:30PM
HS Main Gym
\$10 per team

Fees included T-shirt!



HEALTH AND FITNESS

AQUATICS

The pool is located at
STMA Middle School East
4862 Naber Ave NE
St. Michael MN 55376

Swim Admission

Children 4 and under – FREE
Students and Adults - \$3
Family - \$6
Children 7 and under must be accompanied by an adult in the water.

Pool Passes available at the pool.
Good Sept 1, 2017 - Aug 31, 2018
Individual Pass - \$50
Family Pass - \$70



Open Swim

Monday, Jan 8, 22, 29, Feb 5, 12, 26, Mar 12, 19,
Apr 2, 9, 16, 23, 30
7:00-8:30PM

*If you plan on a large group of 25 or more during open swim, please call Marie at 763-497-6554 for extra lifeguards to be staffed.

Evening Lap Swim

Monday, Jan 8, 22, 29, Feb 5, 12, 26,
Mar 12, 19, Apr 2, 9, 16, 23, 30
8:30-9:15PM



Aqua Aerobics

A terrific way to have fun and stay in shape. A great way to tone muscles and improve cardiovascular endurance. Perfect workout for all who love water. If you would like to try the class out the cost is \$4 per visit.

Winter & Spring Schedule

Monday, Wednesday & Friday
Begins Wednesday, January 3
(No Class Jan 15, Feb 19, Mar 5, 26, 28, 30, May 28)
7:30-8:20AM
Instructor: Lori Schoenborn
\$36 or \$72 punch cards available.
Punch cards may be purchased at class.

Activity Center Members swim for FREE during Open Swim and Lap Swim! Check out Activity Center Memberships for more info.

Due to STMA High School girls and boys swimming and diving, swimming lessons are not offered until summer. Sorry for the inconvenience.



HEALTH AND FITNESS

Couples Massage

Are you tired of calling around to find a place that offers couples massage? Ever thought of learning how to do this for your loved one? Learn tips and tricks on how to massage your family or close ones in the comfort of your home.

480W1

Thursday, February 8

6:00-8:30PM

HS: Room 1684

Instructor: Celina McKenzie,
Body Rhythms Massage & Reflexology

Fee: \$29 per single
\$40 per couple



Foot Reflexology

You'll "walk out" of this class being able to assist your own health by utilizing this technique on yourself and your loved ones. Who wouldn't want to help themselves reduce stress and tension and improve their circulation? This class comes complete with demos along with handouts for future reference. *Please clip your nails before class.

480W2

Thursday, March 8

6:00-8:00PM

HS: Room 1684

Instructor: Celina McKenzie,
Body Rhythms Massage & Reflexology

Fee: \$29

Facial Reflexology

You will learn how to help the stress held in your face and how to alleviate the undue stress within a few minutes. This is helpful for anyone that experiences sinus issues, pressure along the jaw and over the eyes, and many more. Come to class without makeup or a way to remove it prior to class.

480S

Wednesday, April 11

6:00-8:00PM

HS: Room 1684

Instructor: Celina McKenzie,
Body Rhythms Massage & Reflexology

Fee: \$29

"Ayur-what-a? An Introduction to Ayurveda"

Ayurveda, "the science of life", is an ancient healing system from India. It is a way of life which teaches us how to maintain and protect our health, youthfulness, and vitality. In this introductory class, you'll learn how to recognize your dosha (constitution) and gain an understanding of the elements - space, air, fire, water, and earth. With the awareness of the elements, cycles, and patterns in Nature and your life, you can immediately begin making changes to support your own well-being!

692S

Tuesday, April 3

6:00-8:30

CE: Room 307

Instructor: Amy Jensen

Fee: \$25



Be Beautiful. Be Savvy. Be You!

The Truth about Cosmetics; did you know?? The vast majority of makeup that is on the market contains many toxic chemicals that can cause harm to our bodies. Join Kris Harper and I to learn more about what's lurking, and a safe alternative for a beautiful you! Makeovers will be given to help you find your own personal perfect skin-loving shades, as well as being able to try them on yourself. Make & Take – Face Serum

559W1

Tuesday, February 20

7:00-8:00PM

CE: Room 307

Instructor: Linda Fiecke

Fee: \$20

Health & Wellness for your animals

Come and learn safe ways to care for your pets! Do your pets get hot spots? Do they have digestive issues, allergies, skin issues or separation anxiety? Does their immune system need a boost? We use natural, non-toxic products that can help with your pet's wellbeing. Samples of Animal Scents ointment & dog/cat treats and a make & take – Anxiety relief roll on.

559W2

Tuesday, March 13

6:30-7:30PM

CE: Room 307

Instructor: Linda Fiecke

Fee: \$20



HEALTH AND FITNESS

Group Hypnosis

Weight Loss Hypnosis Seminar 1

Still fighting “the battle of the bulge”? Tried everything? Try hypnosis with a certified professional. Hypnosis works with the subconscious mind, breaking old habits and creating positive ones. Increase your willpower, motivation and self-confidence and create positive exercise habits. This seminar can pay for itself in less than 2 weeks!

Stop Smoking/Chewing Tobacco Seminar 2

If you want to stop smoking or chewing, hypnosis may be the tool you have been searching for. Hypnosis works with the subconscious mind to help stop this negative habit without cravings, withdrawals, mood swings and weight gain. If you smoke a pack a day or chew a tin a day, this seminar will pay for itself in 1 week!

You will be conscious at all times. Wear comfortable clothing and bring a pillow and sleeping bag/blanket for added comfort as you will have the option to relax in a chair or on the floor during the hypnosis portion. Please specify smoking or weight loss hypnosis. All sessions include a free reinforcement CD and a lifetime card which allows participants to attend future seminars FREE, if further reinforcement is desired. Lifetime members must present their card.

For more information about hypnosis go to www.hypnosisclinic.net



424W

Thursday, February 1

424S

Thursday, April 19

CE, Room 105 – Enter Door D
6:00-6:30PM Check-In, Get Materials
6:30-7:30PM Introduction
(All participants must attend)
7:30-8:30PM Weight Loss Hypnosis
(Smokers/Chewers take a break)
8:30-9:30PM Stop Smoking/Chewing Hypnosis
Instructor: Janel Lamp-Wiese, D.C.H-c,C.HT
Fee: \$55 per person

Experience Essential Wellness:

DIY Immune Boosting, Cabin Fever Edition

Looking for DIY immune boosting remedies like Grandma made? Looking for alternatives to the everyday over-the-counter products that are filled with toxins, but are supposed to make you *well*? Attend this 90 minute informational class to go over some quick tips and recipes using what is in nature’s medicine cabinet for you and your family. Learn about immune boosting support during the cold winter months and some ideas for cleaning those germs and toxins from your home too without using toxic chemicals. Winter is long here in Minnesota, aches & pains, cold & flu, cabin fever... Let this class be your quick tip survival guide to get you through the long, cold winter, toxins not included. Fee includes choice of one homemade roller ball stick. Choose from two different recipes: one for helping with aches and pains or one geared toward immune boosting support; and a quick tip guide.

696W

Tuesday, January 30

6:30-8:00PM

CE: Room 307

Instructor: Jennifer O’Brien

Fee: \$20



Experience Essential Wellness:

Spring Cleaning Without the Toxins

Spring is in the air... But the house still smells and looks like winter is here to stay! Ditch the chemicals this year and take a new approach that goes beyond what you think of as “green cleaning”. Attend this 90 minute informational class where you will learn how to make DIY recipes that combine essential oils with household ingredients such as vinegar and olive oil, how to clean even your most tedious items (like Grandma’s silver) without toxins, and how to scrub that bath even after you have ditched the chemical cleaners. The time has come to take the gloves off for your cleaning routine. Class fee includes a make and take of toxin free cleaner and a booklet with DIY recipes for your toxin free cleaning routine.

696S

Tuesday, March 20

6:30-8:00PM

CE: Room 307

Instructor: Jennifer O’Brien

Fee: \$30



HEALTH AND FITNESS



Yoga Basics

Are you interested in learning the basic poses, proper alignment and breathing techniques of yoga? Join Nicole Roddy on your mat for this exciting course, cultivating a foundation for your practice. Guiding a Vinyasa style yoga flow, students will learn to mindfully link breath to movement. Strengthening your mind, body and spirit. No experience is necessary for this class, all fitness levels are welcome! Whether you prefer a good sweat, deep stretch, or a mental break, this course will offer something to everyone. Please bring your own yoga mat and water to class.

517W1

Monday, Jan 22, 29, Feb 5, 12, 26, Mar 12
(No class Feb 19, Mar 5)
6:00-7:00PM
CE: Room 105 (Enter Door D)
Instructor: Nicole Roddy
Fee: \$50

517S1

Monday, Apr 2, 9, 16, 23, 30, May 7
6:00-7:00PM
CE: Room 105 (Enter Door D)
Instructor: Nicole Roddy
Fee: \$50

Wise Women's Belly Dance

With age comes...extra pounds? Women over 40 can stay in shape while having fun! Belly dance class is low impact and does not require a thin figure or youth to enjoy and perform. Learn basic belly dance moves while improving your hip and upper body flexibility AND strengthen your core, back, abs and bones. While women of any age are welcome to attend this class the focus of this class will be on health and beauty benefits for women over age 40.

280W1

Wednesdays, Feb 21, 28, Mar 7, 14
6:30-7:30PM
ME: Cafeteria
Instructor: Anita Isenor
Fee: \$30

Registration begins
**THURSDAY, January
4th at 12:00am**

Candlelight Yoga

Join Nicole Roddy on your mat for this fun 6 week Candlelight Yoga course. This class focuses on poses that promote relaxation, restoration and rejuvenation. Restorative poses help relieve the effects of chronic stress, including weakness and fatigue brought on by our daily fast paced lifestyles. Cultivate awareness by bringing our attention to the areas we hold tension, and consciously releasing and letting it go.

517W2

Monday, Jan 22, 29, Feb 5, 12, 26, Mar 12
(No class Feb 19, Mar 5)
7:30-8:30PM
CE: Room 105 (Enter Door D)
Instructor: Nicole Roddy
Fee: \$50

517W3

Tuesday, Jan 23, 20, Feb 6, 13, 20, 27
6:00-7:00PM
CE: Room 105 (Enter Door D)
Instructor: Nicole Roddy
Fee: \$50

517S2

Monday, Apr 2, 9, 16, 23, 30, May 7
7:30-8:30PM
CE: Room 105 (Enter Door D)
Instructor: Nicole Roddy
Fee: \$50

517S3

Tuesday, Apr 3, 10, 17, 24, May 1, 8
6:00-7:00PM
CE: Room 105 (Enter Door D)
Instructor: Nicole Roddy
Fee: \$50

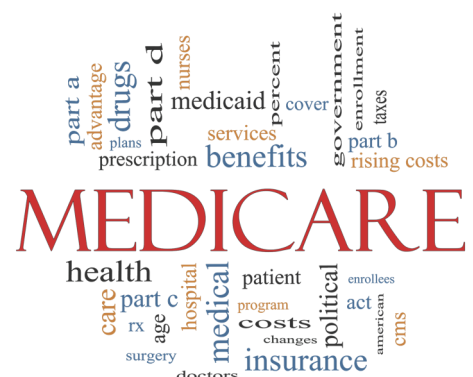


Medicare 101

What exactly is Medicare? What's part A? This class will take the mystery out of Medicare. Part A, B, C and D: what do they cover and when can I enroll? What is new with Medicare? You will get the answers to all of your questions about Medicare in this class. A must for those close to or thinking about retiring.

619S

Monday, April 16
6:00 – 7:30PM
MW: Lecture Hall
Instructor: Stefany Jessen
Fee: \$10





GOLDEN KNIGHT GYMNASTICS

Monday: Feb 26, March 5, 12, 19 April 2, 9, 16, 23, 30 May 7, 14, 21
 Tuesday: Feb 27, March 6, 20, April 3, 10, 17, 24 May 1, 8, 15, 22
 Wednesday: Feb 28, March 7, 14, 21 April 4, 11, 18, 25, May 2, 9, 16, 23
 Thursday: March 1, 15, 22, April 5, 12, 19, 26, May 3, 10, 17, 24
 Friday: March 2, 16, 23, April 6, 13 20, 27, May 4, 11, 18, 25

(No Class: March 26) (12 Classes)
 (No Class: March 13, 27) (11 Classes)
 (No Class: March 28) (12 Classes)
 (No Class: March 8, 29) (11 Classes)
 (No Class: March 9, 30) (11 Classes)

Class Location: Middle School EAST Gymnastics Room
 Coaches: Bre Fowler and Christy Dahmen, STMA.GKG.coaches@gmail.com



My Baby Gymnasts

Girls and Boys Ages 10 to 23 mos. with Adult
 My Baby Gymnast is designed to help your child's physical, mental, and social skills through various activities and exercises while strengthening the parent/child bond. This is an open gym style class where your child can explore the room guided by a parent visiting coaches at various stations around the gym.
Dress: Child: Form fitted clothing with bare feet please. No dresses or skirts. Parent: Clothing that allows free movement and stocking feet.

472S1	Tuesday 6:00-6:30PM	\$66
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Mommy/Daddy and Me

Girls and Boys Ages 2 to 3 with Adult
 Gymnasts, accompanied by an adult, will familiarize themselves with the gymnastics environment while moving in structured rotations.
Dress: Child: Form fitted clothing with bare feet please. No dresses or skirts. Parent: Clothing that allows free movement and stocking feet.

472S2	Tuesday 4:30-5:00PM	\$66
472S3	Wednesday 5:30-6:00PM	\$72
472S4	Wednesday 6:00-6:30PM	\$72

Tumbling Tots

Girls and Boys Ages 4 & 5
 Young gymnasts will become familiar with the gymnastics environment, equipment, and coaches. We will also begin to learn fundamental gymnastics skills while moving in structured rotations.
A leotard or fitted clothing with NO stocking feet is required for the gymnasts safety.

472S5	Tuesday 4:30-5:00PM	\$66
472S6	Wednesday 6:30-7:00PM	\$72
472S7	Wednesday 7:00-7:30PM	\$72

Boys Flex & Fit

Boys ages 6 and up
 We will focus on body coordination, flexibility, as well as basic gymnastic skills.
Fitted clothing is required with no stocking feet.

472S8	Monday 7:00-8:00PM	\$108
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Beginner

Girls Ages 6 +, or coach referral
 Gymnast will begin to learn fundamentals of gymnastics.
A leotard or form fitted clothing with NO stocking feet and hair pulled away from the face with a snug hairpiece is required.

472S9	Tuesday 5:00-6:00PM	\$99
472S10	Wednesday 4:30-5:30PM	\$108
472S11	Thursday 4:00-5:00PM	\$99

Intermediate

Girls Age 6 + & passed Beginner
 Gymnast will learn more advanced skills. To attend this class the gymnasts must be able to perform a cartwheel on floor, demonstrate jumps in a tuck, pike and straight position, have a pull up pull over on bar and show confidence and strength on uneven bars and beam.
A leotard or form fitted clothing with NO stocking feet and hair pulled away from the face with a snug hairpiece is required.

472S12	Tuesday 5:00-6:00PM	\$99
472S13	Wednesday 4:30-5:30PM	\$108
472S14	Thursday 4:00-5:00PM	\$99

Spring Open Gym Program

Open gym is for gymnasts ages 7 years & older or coach's referral. Gymnast under the age of 9 must have an adult or guardian in the gym with them. A wavier must be signed by legal guardian prior to participation and are only available at the door. Online registration is not available for Open Gym Program, \$5 per session payable at the door.
 Friday 5:30-7:30PM

Registration begins
 Thursday, January 4th

NOTE: Non-district #885 residents pay \$10 more per class for gymnastics.



GOLDEN KNIGHT GYMNASTICS

Monday: Feb 26, March 5, 12, 19 April 2, 9, 16, 23, 30 May 7, 14, 21	(No Class: March 26)	(12 Classes)
Tuesday: Feb 27, March 6, 20, April 3, 10, 17, 24 May 1, 8, 15, 22	(No Class: March 13, 27)	(11 Classes)
Wednesday: Feb 28, March 7, 14, 21 April 4, 11, 18, 25, May 2, 9, 16, 23	(No Class: March 28)	(12 Classes)
Thursday: March 1, 15, 22, April 5, 12, 19, 26, May 3, 10, 17, 24	(No Class: March 8, 29)	(11 Classes)
Friday: March 2, 16, 23, April 6, 13 20, 27, May 4, 11, 18, 25	(No Class: March 9, 30)	(11 Classes)

Class Location: Middle School EAST Gymnastics Room
 Coaches: Bre Fowler and Christy Dahmen, STMA.GKG.coaches@gmail.com

Advance

Girls with coaches referral

Gymnasts must be able to perform a full turn on beam, back and front walkovers, power round off, pop up on vault. Gymnasts begin to learn long hang pull over and handsprings on the vault. More advanced students will begin back handsprings, front handsprings, and kips.

A leotard with NO stocking feet and hair pulled away from the face with a snug hairpiece is required

472S15	Monday 7:00-8:30PM	\$144
472S16	Thursday 4:00-5:30PM	\$132

Bar Intensive (Kip Workshop)

Boys & girls ages 7+, or coaches recommendation

Students should have a proficient pull over to attend this class. This one hour bar intensive is designed to help athletes achieve their KIPS and more!

472S17	Friday 4:30-5:30PM	\$99
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Floor and Vault Intensive

Girls & boys ages 7+, or coaches recommendation

These intensives are great for dancers, cheerleaders, and gymnasts

Handspring Workshop (Intermediate)

Gymnasts should have a proficient round off and back walkover. This class is designed for athletes working towards a handspring and flips on the floor exercise and vault.

472S18	Friday 4:30-5:30PM	\$99
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Twisted Workshop (advance)

Coach evaluation and approval required to attend.

Must have a round off, back handspring, back tuck or two back handsprings and a back tuck approved by a coach. This class is designed for athletes working on twisting & flipping elements on the floor exercise, beam and advanced vaulting.

472S19	Friday 4:30-5:30PM	\$99
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Competitive Preparation

Invite only or contact Bre or Christy for an evaluation

This class series is designed and focused on preparation for competitive gymnastics. The class will be conditioning 30 minutes with our competitive teams. Athlete's progress will be evaluated each session to uphold a position in this class; reevaluation necessary if there is a break in session attendance. Two days a week only. A leotard with NO stocking feet and hair pulled away from the face with a snug hairpiece is required for the gymnasts safety. Please no shorts.

472S20	Monday 6:30-8:30PM	\$291
	Thursday 4:00-6:00PM	

Girls Competitive Travel Team Program

Girls with coach referral only

A leotard with NO stocking feet and hair pulled away from the face with a snug hairpiece is required for the gymnasts safety. Shorts are not allowed. Spring session will be divided into two sessions, with the conclusion of Session 1 marking the end the competitive season.

Session 1	Feb. 26, 27, March 1, 5, 6, 12, 15, 17, 20, 22
Session 2	April 2, 3, 5, 9, 10, 12, 16, 17, 19, 23, 24, 26, 30 May 1, 3, 7, 8, 10, 14, 15, 17, 21, 22, 24

Golden and Royal Knights

Monday 4:00-7:00PM
 Tuesday 6:00-8:30PM
 Thursday 5:30-8:30PM

472S21	Session 1	\$149
472S22	Session 2	\$363

Noble and Mighty Knights

Monday 4:00-7:00PM
 Tuesday 6:00-8:30PM
 Thursday 5:30-8:30PM

472S23	Session 1	\$149
472S24	Session 2	\$363

Girls Competitive Travel Team TRYOUTS!

All returning team athletes and any students who are interested in joining our competitive program are required to attend. No spots will be held for past team members. All decisions are final and up to the coaching staff's discretion. All days required. Please contact Bre or Christy if you have any questions.

472S25

Tuesday May 29 & Wednesday May 30

Non-refundable fee: \$25



YOUTH SPORTS

School of Fish

(Grades 1 and Up)
School of Fish is a 2 ½ hour kids fishing class open to kids (and adults) from grades 1 and up taught by pro angler and television show host, Mike Frisch. Students learn about lakes, finding fish in those lakes and some great ways to catch them. They also learn to tie a fishing knot and rig and use a slip-bobber setup. Included in the registration fee for each registrant is: **Rod & Reel, Tackle box with tackle, School of Fish 32-page full color workbook, KLN Snack pack, AND MORE!**

275S1

Thursday, April 26
6:00-8:30PM
Instructor: Mike Frisch
MW: Lecture Hall
Fee: \$55

On Target Archery

(Grades 3-4)
Have you ever wanted to learn how to shoot a bow? We'll teach you how! This class will be taught by a licensed teacher who is also a certified archery instructor. We'll learn how to safely shoot using the Genesis Compound Bow. Right and Left hand bows will be available to learn on. There will be clear expectations for both safety and fun!

127F1

Thursday, Apr 19, 26,
May 3, 10, 17, 24
2:15-3:15PM
BW: Gym
Instructor: Byron Rasch
Fee: \$45



Fencing

(Grades 2-8)
New and returning students invited! Join this fast growing Olympic sport. Each {YEL!} fencing class follows four basic components: •Teach It!...Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum. •Practice It!...Students pair up and practice the fencing move or concept, rotate partners and repeat.. •Move It!... Students are then asked to mock-fence using only the moves taught so far. •Play It!...10-15 minutes each class students fence with multiple fencers at their skill level. Winter and Spring sessions include an in-class tournament. All equipment provided. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

159W

Saturday, Feb 3, 10, 17, 24, Mar 3, 10
10:00-11:30AM
HS: Cafeteria
Instructor: Youth Enrichment League
Fee: \$100

159S

Saturday, Apr 14, 21, 28, May 5, 12, 19
10:00-11:30AM
ME: Cafeteria
Instructor: Youth Enrichment League
Fee: \$100

Old School Gym Games

(Grades 3 & 4)
Wish you had more Phy. Ed. Class time at school? Come play some great classic games with Mr. Fischer. Guaranteed to leave the gym with a sweat worked up and a smile on your face.

478S

Tuesdays, Mar 20, Apr 3, 10, 17, 24,
May 1
2:15-3:15PM
SE: Gym
Instructor: Josh Fischer
Fee: \$30



Karate for Children

(Grades K-4)
Learn respect, discipline and patience while gaining basic self-defense skills. Karate emphasizes stretching, strength and balance that benefits students in other physical activities. Includes uniform, patch and tattoo.

664W1

Wednesday, Jan 31, Feb 7, 14, 21
2:15-3:15PM
SE: Gym
Instructor: Dojo Karate
Fee: \$40

664W2

Wednesday, Feb 28, Mar 7, 14, 21
2:15-3:15PM
FE: Room 116
Instructor: Dojo Karate
Fee: \$40

664S1

Wednesday, Apr 4, 11, 18, 25
2:15-3:15PM
BW: Gym
Instructor: Dojo Karate
Fee: \$40

664S2

Wednesday, May 2, 9, 16, 23
2:00-3:00PM
AP: Gym
Instructor: Dojo Karate
Fee: \$40



YOUTH CLASSES

Primary School Yarn Club

(Kindergarten)
Kindergarteners will get an introduction to yarn and make a pom pom bunny and crochet chain scarf. We will read picture books about weaving and knitting – all to get your kid excited about learning to knit, crochet and weave! Supplies included!



678S3

Wednesday, April 25
2:00-3:30PM
AP: Room 100
Instructor: Abbey Swanson
Fee: \$20

Art Rats

(Kindergarten)
If 30 minutes isn't enough art time for your child during the kindergarten week, here is your opportunity to give them some more time!!! Come draw, paint, and create some amazing masterpieces after school. Room is limited so sign up quickly.

435W

Tuesday, Feb 13, 27, Mar 13, Apr 10 & Thursday, Apr 19
2:00-3:30PM
AP: Art Room
Instructor: Julie Bauman
Fee: \$50

Cookie Creations

(Kindergarten)
Decorate cookies for Valentine's Day and Easter, take some home to share with your family and friends!

347W4

Monday, February 12
2:00-3:30PM
AP: Room 101
Instructor: Marlene King
Fee: \$15

347W7

Monday, March 19
2:00-3:30PM
AP: Room 101
Instructor: Marlene King
Fee: \$15

Ooey Goopy Slime

(Kindergarten)

Do you like to make slime or play with slime? Here is a chance to make some awesome slime and bring it home!

347W1

Monday, January 22
2:00-3:30PM
AP: Room 101
Instructor: Marlene King
Fee: \$15

347W5

Monday, February 26
2:00-3:30PM
AP: Room 101
Instructor: Marlene King
Fee: \$15

347S3

Monday, April 23
2:00-3:30PM
AP: Room 101
Instructor: Marlene King
Fee: \$15

Movie, Popcorn & Crafts, Oh My!

(Kindergarten)
Watch a movie, munch on some popcorn and a variety of crafts will be available to make that follow the season.

347W2

Monday, January 29
2:00-4:00PM
AP: Room 101
Instructor: Marlene King
Fee: \$10

347W3

Monday, February 5
2:00-4:00PM
AP: Room 101
Instructor: Marlene King
Fee: \$10

347S2

Monday, April 16
2:00-4:00PM
AP: Room 101
Instructor: Marlene King
Fee: \$10



Spring Craft Day

(Kindergarten)
Spring is just around the corner, let's get together to create some fun spring crafts to take home!

347W7

Monday, March 12
2:00-3:30PM
AP: Room 101
Instructor: Marlene King
Fee: \$15





YOUTH CLASSES

Standout With Spanish

(Grades 1-4)

In this eight -week adventure, ¡Vamos con la Música! (Let's go with music!), students learn music and school related vocabulary along with useful conversational Spanish taught using dynamic songs and games. The class will also delve into the fascinating culture of Argentina! Put on your thinking caps, because each week will be packed full of useful SPANISH.

257W1

Tuesday, Feb 20, 27, Mar 6, 13, 20, Apr 3, 10, 17
(No Class Mar 27)

2:15-3:15PM

FE: East Commons

Instructor: Futura Language Professionals

Fee: \$130

257W2

Wednesday, Feb 21, 28, Mar 7, 14, 21, Apr 4, 11, 18
(No class Mar 28)

3:15-3:15PM

BW: East Commons

Instructor: Futura Language Professionals

Fee: \$130

257W3

Monday, Feb 26, Mar 12, 19, Apr 2, 9, 16, 23, 30
(No Class Mar 5 & 26)

2:15-3:15PM

SE: Room 112

Instructor: Futura Language Professionals

Fee: \$130



Make & Take Games

(Kindergarten)

Have you ever made your own game? Here is your chance to create your own game to bring home and play with your family and friends!

347S1

Monday, April 2

2:00-3:30PM

AP: Room 101

Instructor: Marlene King

Fee: \$15



Fox in Sox

(Kindergarten)

Come celebrate Dr. Seuss's birthday with Fox in Sox and make your own Fox to go home with you and cuddle.

347W6

Thursday, March 1

2:00-3:30PM

AP: Room 101

Instructor: Marlene King

Fee: \$20



Los Chiquitos

(Kindergarten)

In this class, your child will love learning Spanish with our playful approach that parallels the "natural language acquisition model." Using books, games, songs and crafts, our Los Chiquitos Spanish classes provide a dynamic introduction to the Spanish language. Your child will learn how to ask and answer basic questions in Spanish, count from 1-20, recognize colors and family members in Spanish y mucho más!

257W4

Thursday, Feb 22, Mar 1, 8, 15, 22, Apr 5, 12, 19

(No Class Mar 29)

2:00-3:00PM

AP: Room 100

Instructor: Futura Language Professionals

Fee: \$130

Registration begins
THURSDAY, January 4th at 12:00am



YOUTH CLASSES



Elementary School Yarn Club

(Grades 1-4)

Give your kids the gift of a skill that will last a lifetime! We will learn the basics of crochet and create a pom pom bunny and a crochet stuffed owl animal. Supplies included!

678S4

Wednesday, May 2
2:15-4:45PM

FE: East Commons
Instructor: Abbey Swanson
Fee: \$30

678S5

Wednesday, May 9
2:15-4:45PM

SE: Art Room
Instructor: Abbey Swanson
Fee: \$30

678S6

Wednesday, May 16
2:15-4:45PM

BW: East Commons
Instructor: Abbey Swanson
Fee: \$30

Design-A-Plate

(Grades K-4)

This class gives kids the chance to create a keepsake plate! Each child will design a plate. You may do more than one plate but you must register twice if you plan to do so. Limit 2 per child. The artwork will be fired and glazed and returned back to students in 4-6 weeks. Register Early!

242W

Monday, February 26
6:00-7:00PM

CE: Room 106
Instructor: Angie Hawkins
Fee: \$15



Make a Splash

(Grades 1-4)

Dive into the ocean and draw a snorkeler, sculpt a boat out of Model Magic, create a beach scene on sand paper with crayons, and more water related fun! Just in time for summer. In the KidzArt classroom, students will learn basic drawing and composition techniques and will complete their projects using our high quality artist materials.

202W1

Wednesday, Jan 24, 31, Feb 7, 14
2:15-3:15PM

BW: East Commons
Instructor: KidzArt
Fee: \$50

202W2

Wednesday, Feb 21, 28, Mar 7, 14
2:15-3:15PM

SE: Art Room
Instructor: KidzArt
Fee: \$50

202S

Wednesday, Apr 4,
11, 18
2:15-3:15PM

FE: East Commons
Instructor: KidzArt
Fee: \$40



Java Minecraft Mod Development

(Grades 3-8)

Write and edit your Minecraft mods. Watch your code come to life. Learn the basics of Java Coding with Minecraft! Student should be comfortable with keyboarding, and of course playing Minecraft! We will be coding using Java, Eclipse, and the Forge API. We will test our mods with Minecraft game play. At the end of class take home your Mods to share with family and friends. Bring a USB drive and a nut-free snack.

628W1

Saturday, February 17
9:00AM-12:00PM

HS: Room 1684
Computer Explorers
Fee: \$40





YOUTH CLASSES

Candy Pop Art

(Grade 4)
Let's create colorful pop art of your favorite candy wrapper.



622W1

Monday, February 5
2:15-3:45PM
BW: East Commons
Heather Blanchette
Fee: \$15

Snowman Art

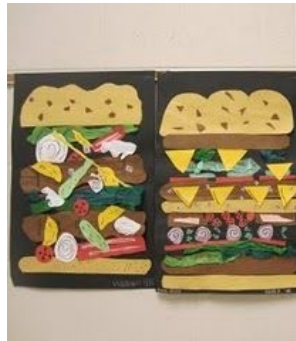
(Grades 1 & 2)
Do you wanna build a snowman? This winter creation will be created with multi-media materials.

622W2

Monday, February 12
2:15-3:45PM
BW: East Commons
Instructor: Heather Blanchette
Fee: \$15

Pizza & Burger Collage

(Grades 2-4)
Let's have fun layering up the flavors of these favorite foods!



622W3

Monday, February 26
2:15-3:45PM
BW: East Commons
Heather Blanchette
Fee: \$15

"All About Me" Collage

(Grades 3 & 4)
Create an art piece celebrating who you are and what you love!

622W4

Monday, March 12
2:15-3:45PM
BW: West Commons
Instructor: Heather Blanchette
Fee: \$15

Hipster Bunny

(Grade 4)
Hop into Spring with this funky bunny! Create a cool graphic bunny using different patterns!



622S1

Monday, April 9
2:15-3:45PM
BW: East Commons
Heather Blanchette
Fee: \$15

Bunny Silhouette

(Grades 3 & 4)
Let's create a colorful, frame-worthy bunny silhouette to brighten up your room for spring.

622S2

Monday, April 16
2:15-3:45PM
BW: East Commons
Instructor: Heather Blanchette
Fee: \$15

Ribbon Wind Sock

(Grades 2-4)
Make a beautiful windsock to fly in the fresh spring breeze!

622S4

Monday, April 23
2:15-3:45PM
BW: East Commons
Instructor: Heather Blanchette
Fee: \$15

Happy Flower Puppet

(Grades 1-4)
Let's build a large, happy flower with multi-media materials & other fun springtime activities.



622S4

Monday, April 30
2:15-3:45PM
BW: East Commons
Instructor: Heather Blanchette
Fee: \$15



YOUTH CLASSES

Clay Lab

(Grades 1-4)

In this fun, hands-on class we'll make animals and even famous characters with air dry clay. Have a blast as you pinch, hand build, and sculpt amazing projects to bring home.

911W1

Thursday, Feb 8, 15, 22, Mar 1
2:15-3:15PM
SE: Art Room, 138
Instructor: Abrakadoodle Staff
Fee: \$50

911W2

Tuesday, Feb 6, 13, 20, 27
2:15-3:15PM
BW: East Commons
Instructor: Abrakadoodle Staff
Fee: \$50

911W3

Wednesday, Feb 7, 14, 21, 28
2:15-3:15PM
FE: East Commons
Instructor: Abrakadoodle Staff
Fee: \$50

Art Workshop

(Grades 1-4)

Join us in this popular class filled with color, texture, shape and fun! This award winning program is designed to promote uniqueness and imaginative thinking. Learn cool art tricks as we draw and paint using different mediums like canvas and watercolor paper. We'll also sculpt with clay, color with pastels, collage and more. Each week we'll finish a new project to take home.

911W4

Thursday, Mar 1, 8, 15, 22
2:15-3:15PM
BW: West Commons
Instructor: Abrakadoodle Staff
Fee: \$50

911W5

Tuesday, Mar 6, 13, 20, Apr 3
2:15-3:15PM
SE: Art Room, 138
Instructor: Abrakadoodle Staff
Fee: \$50

911W6

Wednesday, Mar 7, 14, 21, Apr 4
2:15-3:15PM
FE: East Commons
Instructor: Abrakadoodle Staff
Fee: \$50

All About Sparkles

(Grades 1-4)

Do you love art? How about things that sparkle? In this wildly creative class we'll draw, paint and collage using gems, sequins, and metallic paint to make our artwork sparkle. We'll also work with clay as we make a beautiful and sparkling clay art piece.

911S1

Thursday, Apr 5, 12, 19, 26
2:15-3:15PM
FE: East Commons
Instructor: Abrakadoodle Staff
Fee: \$50

911S2

Tuesday, Apr 10, 17, 24, May 1
2:15-3:15PM
BW: East Commons
Instructor: Abrakadoodle Staff
Fee: \$50

911S3

Wednesday, Apr 11, 18, 25, May 2
2:15-3:15PM
SE: Art Room, 138
Instructor: Abrakadoodle Staff
Fee: \$50

**Registration Opens
Thursday, January 4
www.stma.ce.eleyo.com**

Me & My Doll

(Grades Kindergarten & 1-4)

Spend time with your doll and create an accessory or two for your doll.
Bring your American Girl doll or any 18" doll to play with and accessorize during class.

398W1

Tuesday, February 6
2:00-3:30PM
AP: Room 101
Instructor: Rhonda Heideman
Fee: \$15

398W2

Tuesday, March 6
2:15-3:45PM
BW: East Commons
Instructor: Rhonda Heideman
Fee: \$15



398S1

Tuesday, April 3
2:15-3:45PM
FE: Room 116
Instructor: Rhonda Heideman
Fee: \$15

398S2

Tuesday, May 1
2:15-3:45PM
SE: Art Room, 138
Instructor: Rhonda Heideman
Fee: \$15



YOUTH CLASSES

Crazy Catapults (Grades 1-4)

A fun, hands-on class that incorporates all the areas of STEM? Then join Science Explorers for Crazy Catapults. We will investigate science as we learn about energy and Newton's Laws of Motion. Plus, we will cover technology and engineering as we build our simple catapults use math as we practice our skills of trajectory against a castle wall.

585W1

Friday, January 26
2:15-4:00PM
BW: East Commons
Instructor: Science Explorers
Fee: \$20

585W2

Friday, March 16
2:15-4:00PM
FE: East Commons
Instructor: Science Explorers
Fee: \$20

585S1

Friday, April 6
2:15-4:00PM
SE: Art Room
Instructor: Science Explorers
Fee: \$20

The Mechanics of Gizmos & Gadgets (Grades 1-4)

How did toys work before batteries? They relied on physics. Put science to work as you explore the how and whys of energy, gravity and motion. Discover the action packed world of physics by building, experimenting and questioning science contraptions that really work.

585W3

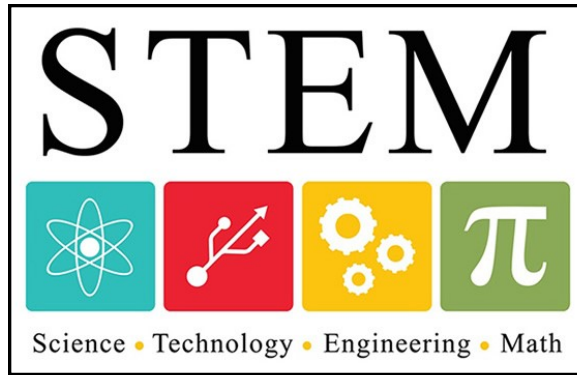
Thursday, March 1
2:15-4:00PM
BW: East Commons
Instructor: Science Explorers
Fee: \$20

585W4

Thursday, March 15
2:15-4:00PM
FE: East Commons
Instructor: Science Explorers
Fee: \$20

585S2

Thursday, May 3
2:15-4:00PM
SE: Art Room
Instructor: Science Explorers
Fee: \$20



Robotics: Jedi & Imperial Droids (Grades 2-6)

Star Wars, Robotics, and Engineering! Using the "Micro Scout" LEGO® Mindstorm Robotics System's microcomputer for the brain of our droids. Use the built-in light sensor, motor, and sound to bring our droids to life. Create familiar Star Wars droids or use the Force to create droids of your design. In this exciting hands-on class student working in pairs will be using the Robotic Mindstorms Droid and Darkside developer kit to build and experiment with up to 6 different models. Bring a nut-free snack.

628W2

Saturday, March 17
9:00AM-12:00PM
HS: Room 1684
Instructor: Computer Explorers
Fee: \$39

Star Wars Robotic Builders (Grades K-3)

ALL NEW MODELS and projects using the LEGO® We Do Robotics Systems! Designed by the experts at MIT, this unique system teaches students about simple machines, engineering, programming and so much more. Working in pairs, students will create Star Wars, and Space inspired robots. This course builds knowledge of simple machines, engineering, programming, and teamwork in an environment full of Galactic Fun! Your students will build LEGO® models featuring motors, tilt sensors, motion detectors, & USB Robotics Hub. Bring a nut-free snack.

628S

Saturday, April 14
9:00AM-12:00PM
HS: Room 1684
Instructor: Computer Explorers
Fee: \$39





YOUTH CLASSES

Grandmasters of Chess

(Grades 1-4)

New and returning students invited. Each {YEL!} Chess class follows four basic components: •Teach It!...Each class students are taught different chess concepts and coached to implement those concepts into their chess games •Practice It!...Students practice positions set by the coach to improve their understanding of the concept. •Puzzle It!... Students are given chess puzzles and work with coach guidance to solve them. •Play It!...Each class ends with students playing 20-30 minutes of chess. Coaches often feature in-class tournaments during the session. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

473W1

Tuesday, Jan 30, Feb 6, 13, 20, 27, Mar 13
(No Class Mar 6)
2:15-3:15PM
BW: West Commons
Instructor: Youth Enrichment League
Fee: \$80

473W2

Thursday, Feb 8, 15, 22, Mar 1, 8, 15
2:15-3:15PM
SE: Room 112
Instructor: Youth Enrichment League
Fee: \$80

473S1

Tuesday, Apr 10, 17, 24, May 1, 8, 15
2:15-3:15PM
BW: West Commons
Instructor: Youth Enrichment League
Fee: \$80

473S2

Thursday, Apr 12, 19, 26, May 3, 10, 17
2:15-3:15PM
SE: Room 112
Instructor: Youth Enrichment League
Fee: \$80



F.A.S.T. Kids

Staying Safe While Home Alone

(Ages 7-10)

First Aid and Safety Trained Kids is a 6 hour course that covers basic first aid, water safety, vehicle safety, home emergencies, injury prevention, personal safety and healthy living. This course prepares children for staying at home alone. Students receive a book and construct a home first aid kit.

543W1

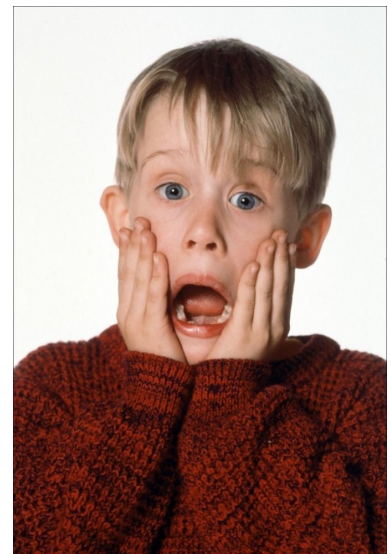
Monday/Tuesday
March 12 & 13
2:15-5:15PM
BW: East Commons
Emergency Outfitters
\$45

543S1

Monday/Tuesday
April 9 & 10
2:15-5:15PM
FE: Room 116
Emergency Outfitters
\$45

543S2

Monday/Tuesday
May 7 & 8
2:15-5:15PM
SE: Room 112
Emergency Outfitters
\$45



SCHOOL ABBREVIATIONS

AP = Albertville Primary (Kindergarten)

SE = St. Michael Elementary (Grades 1-4)

BW = Big Woods Elementary (Grades 1-4)

FE = Fieldstone Elementary (Grades 1-4)

MW = Middle School West (Grades 5-8)

ME = Middle School East (Grades 5-8)

HS = High School (Grades 9-12)

CE = Community Education Center

AC = Activity Center @ High School



YOUTH CLASSES



Wheels & Racers

(Grades K-4)

STEM Enrichment using LEGO® bricks for the 21st Century learner. Each {YEL!} LEGO STEM class follows four basic components: •Teach It!...Each class students are taught the basic STEM engineering concepts behind each project. •Build It!...Students use LEGO® bricks to build a land yacht, Formula 1 racer and design their own race cars. •Explore It!...Then they use that project to explore the basic engineering concepts - this session is focused on wheels and axles concepts. •Play It!...Finally they play with their project, modify it, create extensions and have fun working with it. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. For more details about {YEL!} STEM classes, visit YouthEnrichmentLeague.com.

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Master Architects

(Grades K-4)

STEM Enrichment using LEGO® bricks for the 21st Century learner. Each {YEL!} STEM class follows four basic components •Teach It!...Each class students are taught the basic STEM engineering concepts behind each project. •Build It!... Students use LEGO® bricks to build a crane and design their own bridge and watchtower. •Explore It!...Then they use that project to explore the basic engineering concepts - this session is focused on structural concepts. •Play It!...Finally they play with their project, modify it, create extensions and have fun working with it. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. For more details about {YEL!} STEM classes, visit YouthEnrichmentLeague.com.

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121W1

Mon, Jan 22, 29, Feb 5, 12, 26, Mar 12
(No Class Feb 19, Mar 5)
2:15-3:15PM
BW: West Commons
Instructor: Youth Enrichment League
Fee: \$70

121W2

Tues, Feb 6, 13, 20, 27, Mar 6, 13
2:15-3:15PM
SE: Room 112
Instructor: Youth Enrichment League
Fee: \$70

121W3

Wed, Feb 7, 14, 21, 28, Mar 7, 14
2:00-3:00PM
AP: Room 101
Instructor: Youth Enrichment League
Fee: \$70

121W4

Thurs, Feb 8, 15, 22, Mar 1, 8, 15
2:15-3:15PM
FE: East Commons
Instructor: Youth Enrichment League
Fee: \$70

121S1

Mon, Apr 9, 16, 23, 30, May 7, 14
2:15-3:15PM
BW: West Commons
Instructor: Youth Enrichment League
Fee: \$70

121S2

Tues, Apr 10, 17, 24, May 1, 8, 15
2:15-3:15PM
SE: Art Room, 138
Instructor: Youth Enrichment League
Fee: \$70

121S3

Wed, Apr 11, 18, 25, May 2, 9, 16
2:00-3:00PM
AP: Room 101
Instructor: Youth Enrichment League
Fee: \$70

121S4

Thurs, Apr 12, 19, 26, May 3, 10, 17
2:15-3:15PM
FE: Room 116 (April) &
East Commons (May)
Instructor: Youth Enrichment League
Fee: \$70



FINE ARTS



Group Guitar 2

(Grades 2 & up)
Prerequisite: Guitar 1 or knowledge and/or experience playing one finger C, G7, and G chords and the full chords of D7, Em and Am.

239W1

Tuesdays, Jan 23, 30, Feb 6, 13, 20, 27,
Mar 6, 13, 20, Apr 3
2:30-3:15PM
SE: Room 112
Cheryl Hathaway
Fee: \$80

Piano & Guitar Lessons Beginner/Intermediate

(Grades 2 & up)
Lessons are 30 minutes. Books can be purchased through the instructor or bring books that you have already purchased.

239W2

Tuesdays, Jan 23, 30, Feb 6, 13, 20, 27, Mar 6,
13, 20,
Apr 3
3:30-5:30PM
SE: Room 127
Instructor: Cheryl Hathaway
Fee: \$250

239W3

Wednesdays, Jan 24, 31, Feb 7, 14, 21, 28,
Mar 7, 14, 21, Apr 4
2:30-5:30PM
BW: Music Room
Instructor: Cheryl Hathaway
Fee: \$250

239S1

Tuesdays, Apr 10, 17, 24, May 1, 8, 15, 22
3:30-5:30PM
SE: Room 127
Instructor: Cheryl Hathaway
Fee: \$175

239S2

Wednesdays, Apr 11, 18, 25, May 2, 9, 16, 23
2:30-5:30PM
BW: Music Room
Instructor: Cheryl Hathaway
Fee: \$175

Prairie Fire Children's Theatre Presents:

*Venture down the rabbit hole
and meet some of the most
colorful characters in
children's literature.*



**Alice
in
Wonderland**

Directors' roles: The Mad Hatter and the Queen of Hearts.

Cast includes: Alice, The White Rabbit, The Duchess, The Cook, The Cheshire Cat, The March Hare, The Dormouse, The Jack of Hearts, The King of Hearts, The Caterpillar, Tweedledee, Tweedledum, The Deck of Cards, The Flowers and The Birds

Auditions: Monday, January 15 (no school day) from 4:00-6:00PM at the MW Auditorium. You must register to audition. Auditions last up to two hours.

Please Note: Some of the cast will stay for a short rehearsal following the auditions.

Rehearsals: 2:45-8:00PM throughout the remainder of the week (times will vary based on the part your child is cast), with performances Friday, January 19 at 7:00PM and Saturday, January 20 at 1:00PM in the MW Auditorium.

Show Tickets: Information will come home with students after auditions! Tickets are \$5/Adults, \$3/Students & Seniors. There is assigned seating with ticket purchase.

020W

(Grades 1-4)
Monday through Saturday, January 15-20
MW: Auditorium
Instructor: Prairie Fire Children's Theatre
Fee: \$55
(*\$50 refunded if not cast)

Fee includes bus transportation each day right after school to MW for practice. Parents pick up after rehearsal.



FINE ARTS

STMA Music Lessons

STMA Community Education offers private 30 minute music lessons for High School/Adult students and 25 minute music lessons for Middle School students taught by qualified instructors who will help you develop your musical skills. Students provide their own instruments except for piano.

****Instructors will contact the students to set the lesson times based on student's schedule.***

High School Lesson Rates (30 Min)

6 Lessons \$198
10 Lessons \$330

Middle School Lesson Rates (25Min)

6 Lessons \$180
10 Lessons \$300

Guitar, Vocal & Performance

Ages 6 through Adult
Instructor: Sandi Millar

239W4

Tuesday, Jan 23, 30, Feb 13, 20, 27,
Mar 6, 13, 20
(No Class Feb 6)
3:00-7:00PM
FE: Music Room
Fee: \$264

239S3

Tuesday, Apr 3, 10, 17, 24,
May 1, 8, 15, 22
3:00-7:00PM
FE: Music Room
Fee: \$264

Instrumental Lessons

Michael Bartunek - 555S1
Woodwinds

Amanda Daniels - 555S2
Flute

Susan Frevert - 555S3
Flute, Oboe, Clarinet,
Saxophone

Richard Haneman - 555S4
Percussion

Dean Heller - 555S5
Trumpet

Rick Olson - 555S6
Middle School Lessons

Voice Lessons

Sarah Hammel - 555S7

Mark Nelson - 555S8

Matthew Tintes - 555S9

*For specific days,
times, and locations check
online at
www.stma.ce.eleyo.com*

Introduction to Songwriting Beginner & Intermediate

Have you ever wanted to learn to write songs?
6 - 45 minute group lessons for beginner to
intermediate songwriters. Come have fun and find
out if you might be the next hottest songwriter on
the block!

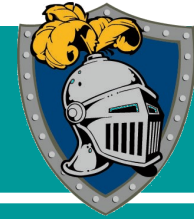
All ages welcome – no experience necessary.

239W5

Tuesday, Jan 23, 30, Feb 13, 20, 27, Mar 6
(No Class Feb 6)
7:30-8:15PM
FE: Music Room
Instructor: Sandi Millar
Fee: \$125



Trimester 2 Daytime Lessons have begun, there is still time to register.
Trimester 3 Lesson Registration will open February 21, 2018!



MIDDLE AND HIGH SCHOOL ACTIVITIES

Tape Art

(Grades 5-8)

Come meet new friends or bring a group to be artistic, creative, and just be YOU! You will have fun learning about tape art and create your own inspirational and abstract canvas. Join Mrs. Knudson for this activity and see what awaits you.

679W1

Tuesday, January 23
3:30-5:00PM

ME: Art Room, A112
Instructor: Julie Knudson
Fee: \$20

679W2

Monday, March 19
3:30-5:00PM

ME: Art Room, A112
Instructor: Julie Knudson
Fee: \$20



Middle School East Art Club

(Grades 5-8)

Middle School East Art Club is looking for students to bring their creativity and talent to have fun! Ms. Poirier is preparing the art studio for art activities in a variety of mediums that will expand beyond classroom art projects. Register now to claim your spot and begin aspiring to be the next great artist!

240W

Thursdays, Jan 25, Feb 1, 8, 15
3:15-5:15PM

ME: Art Room A112
Instructor: Ms. Lea Poirier
Fee: \$62

240S

Thursdays, Apr 5, 12, 19, 26
3:15-5:15PM

ME: Art Room A112
Instructor: Ms. Lea Poirier
Fee: \$62

Middle School Crochet Club

(Grades 5-8)

Want to learn to crochet? We will learn the basics of crochet and make a crochet cowl. No experience necessary. Students with previous crochet experience will be given the choice of learning more difficult stitches. Supplies included!

678S1

Wednesday, April 11
3:30-6:00PM
MW: F110-Health Room
Abbey Swanson
Fee: \$29



678S2

Wednesday, April 18
3:30-6:00PM
ME: D400-Health Room
Abbey Swanson
Fee: \$29

Mandala Art

(Grades 5-8)

"Mandala" in Sanskrit means circle. This art form usually begins at a center point with a pattern of symbols, shapes, or other designs around this point. It is a very relaxing form of art using simple supplies. Create your own beautiful piece of art (made into a card to take home) and find your stress melt away.



369W

Wednesday, February 7
3:30-5:00PM
MW: Room H110
Instructor: Val Jeffery
Fee: \$20

Knitting 101

(Grades 5-8)

Have you wanted to learn how to knit? Learn how with Ms. Bauer and Mrs. Bergan as they teach you the basic stitches and techniques of knitting. In this session you will create a Rib Scarf to get you through the winter season. Students will need to provide their own materials: 330yds of worsted or aran weight yarn, a pair of size 8 knitting needles and a crochet hook (Size G).

678W

Wednesday, Jan 24, 31,
Feb 7, 14, 21, 28,
Mar 7, 14
3:15-4:15PM
MW: H101
Carrie Bauer & Ava Bergan
Fee: \$50





MIDDLE AND HIGH SCHOOL ACTIVITIES

Babysitting 101

(Grades 5, 6 & 7)

This course follows the American Academy of Pediatrics –

Babysitter Lessons And Safety Training (BLAST).

Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. Students receive a reference book, recipe and game handouts, babysitting bag and first aid kit.

312W

Monday – Thursday

February 5, 6, 7, 8

3:15-5:15PM

MW: Health Room

Instructor: Emergency Outfitters

Fee: \$60

312S

Monday – Wednesday

April 23, 24, 25

3:15-5:45PM

ME: Health Room

Instructor: Emergency Outfitters

Fee: \$60



East Writer's Club

(Grades 5-8)

Have you wanted to improve your writing skills and start creating some stories of your own? Join Mrs. Lyke this winter to write and share some new stories that you have created.

656W

Thursday, Jan 25, Feb 1, 8, 15, 22, Mar 1

3:15-4:15PM

ME: B212

Instructor: Amy Lyke

Fee: \$35

Girl Power

(Grades 5-8)

Are you looking for an opportunity to meet new people, make new friends, build self-esteem and confidence? Join Mrs. Knudson on Tuesdays in February for fun activities that include empowering music, games, art and more.

623W

Tuesdays, Feb 6, 13, 20, 27

3:30-5:00PM

ME: Art Room, A112

Instructor: Julie Knudson

Fee: \$50

Middle School Chess Club

(Grades 5-8)

Calling all middle school students interested in playing chess. Chess Club is open to all ability levels from beginners to pros. Whether you're learning to play for the first time or are an old pro looking to sharpen your skills – Chess Club is the place to be!

165W

Monday and Wednesday

Feb 5, 7, 12, 14, 21, 26, 28, Mar 7

(No class Feb 19 & Mar 5)

3:15-4:15PM

MW: Room H124

Instructor: Johnny Barthel

Fee: \$50



165S

Monday and Wednesday

April 2, 4, 9, 11, 16, 18, 23, 25

3:15-4:15PM

MW: Room H124

Instructor: Johnny Barthel

Fee: \$50

On Target Archery

(Grades 5-8)

Have you ever wanted to learn how to shoot a bow? We'll teach you how! This class will be taught by a licensed teacher who is also a certified archery instructor. We'll learn how to safely shoot using the Genesis Compound Bow. Right and Left hand bows will be available to learn on. There will be clear expectations for both safety and fun!

127F2

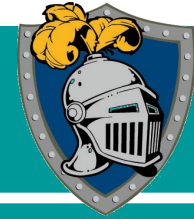
Thurs, Apr 19, 26, May 3, 10, 17, 24

3:30-4:30PM

BW: Gym (Enter Door D)

Instructor: Byron Rasch

Fee: \$45



MIDDLE AND HIGH SCHOOL ACTIVITIES

Yoga & Mindfulness

The teenage years are a very challenging time. Daily routines begin to alter as schoolwork, sports activities, social life, and work schedules become more demanding. Yoga promotes unity of the body and mind, while mindfulness increases your awareness and ability to look within. There are so many benefits of yoga practice; increased muscle strength, flexibility, and concentration, protection from injury and improved athletic performance. Reduces inflammation, anxiety, depression and mood swings. Mindfulness encourages you to think for yourself, while trusting the decisions you make. The results of both of these practices can be life altering. They will have you feeling more confident, energized and balanced. Join me, Nicole Roddy after school and dive deeper into learning more about the authentic you! Bring a yoga mat or towel.

565W1 (Grades 5 – 8)

Monday, Jan 22, 29, Feb 5, 12, 26, Mar 12
(No class Feb 19, Mar 5)
3:30-4:30PM
ME: Choir Room
Instructor: Nicole Roddy
Fee: \$45

565W2 (Grades 9 – 12)

Tuesday, Jan 23, 20, Feb 6, 13, 20, 27
3:30-4:30PM
HS: Teacher's Lounge
Instructor: Nicole Roddy
Fee: \$45

565S1 (Grades 5 – 8)

Monday, Apr 2, 9, 16, 23, 30, May 7
3:30-4:30PM
MW: Choir Room
Instructor: Nicole Roddy
Fee: \$45



High School Art Club

(Grades 9-12)

The purpose of art club will be to allow students who are unable to fit art into their schedule or give students who are in art the opportunity to work on personal projects or additional time to work on class projects. Fee is based on which medium the student will participate in; ceramics, drawing, painting or photography.

166W

Tuesday & Thursday
Jan 9, 11, 16, 23, 25, 30, Feb 1, 6, 8, 13, 15, 20
3:30-4:30PM
HS: Room 2222
Instructors: Josh Ausman & Daniel Monett
Fee: \$45 Ceramics, Painting or Photography
\$40 Drawing



2018 Firearm Safety Training Course

(Ages 11 and up and Ages 18+)

Crow River Sportsmen's offers a Firearms Safety Training Program for students 11 years of age and older by the start of the class. Students who are 11 years old must wait until they turn 12 to receive their hunting license. Students must attend the entire day in order to pass this class and be certified. Class size is limited to 75 youth.

Questions? Contact Gary Schoen, 763-497-3272 or Scott Martinson 763-498-9327. Bring a pen and a bag lunch to class. Do not bring your gun to the class or school.

There is a mandatory field shoot on Sunday, April 9th at the Crow River Sportsman's Club (times will be given at class).

402S1 (Under Age 18)

402S2 (Age 18+)

Saturday & Sunday, April 7 & 8
7:00AM-4:00PM
HS: Cafeteria
Instructor: Crow River Sportsman's Club
Fee: \$15



MIDDLE AND HIGH SCHOOL ACTIVITIES

ACT Test Prep

This course is designed for students who wish to improve their test-taking skills and improve their overall scores on the ACT College Entrance Exam. This course provides an introduction to the ACT Exam and strategies for answering questions. Also included will be instruction for the specific subject areas to be tested. Focal points of the program include diagnostic testing, vocabulary development, mathematical review, reading comprehension improvement, science reasoning and time management.

372W1

March 7, 8, 12, 13 & 14
3:30-5:30PM
HS, Room 2242
Instructor: Meghan Pettis & Staff
Fee: \$80

372W2

March 7, 8, 12, 13 & 14
6:00-8:00PM
HS, Room 2242
Instructor: Meghan Pettis & Staff
Fee: \$80

ZAPS – ACT Test Prep

ZAPS Focused Test Prep Seminars, a product of Doorway to College Foundation, are available to assist students to help attain higher scores on the ACT. Gain valuable insight into the ACT through a close examination of each type of question. The seminar teaches strategies necessary for answering specific question types and general test taking tips. Motivational instruction and practice allows the student to understand strengths and weaknesses and offers suggestions for post-workshop test preparation.

119S

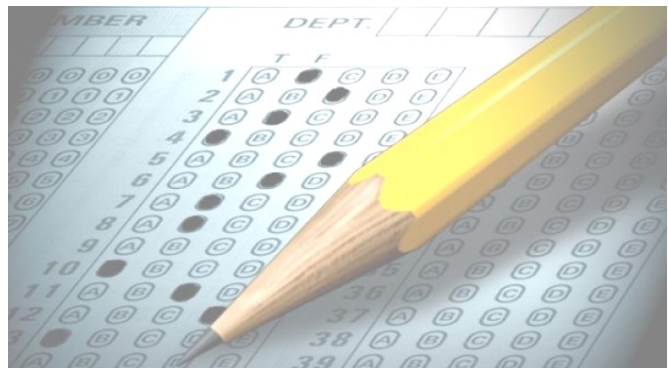
Monday & Tuesday, March 19 & 20
6:30-9:00PM
HS: Room 1684 (Enter Door C)
Instructor: Doorway to College
Fee: \$89

PrepStar Blast ACT Class

The ACT test is more important than ever before for college admissions and scholarship offers. An ACT expert will introduce students to the test format and review essential strategies for all 5 sections. During the class students will apply the useful tools as they take parts of a retired ACT test. Students will also have the option to take another full practice test at home and have it scored with an online scoring system for immediate results. This class is an ACT cram session!

953W

Saturday, March 17
9:00AM-3:30PM
HS: Media Center
Instructor: PrepStar Staff
Fee: \$89



PrepStar Premium ACT Class

It is important to remember that the ACT is no longer just an achievement test. To receive great ACT scores for college admissions, students now need training and coaching more than ever before. PrepStar Premium is a 24 hour ACT preparation course unlike any other. The class is thorough, challenging and extremely effective.

The class includes:

Extensive content review, Effective strategies, Outstanding teachers, 3 full ACT practice tests, Detailed score reports from practice tests, Online scoring for practice tests for immediate results, Make-up content available via video, And, it offers guaranteed results for students who have already taken the ACT test!

953S

Monday-Thursday, June 4, 5, 6, 7
9:00AM-3:30PM
HS: Room 1684
Instructor: PrepStar Staff
Fee: \$349





EARLY CHILDHOOD PROGRAMS

ST. MICHAEL-ALBERTVILLE EARLY CHILDHOOD

STMA recognizes the importance of early education for children and families. It is our mission to provide each family with a positive introduction to STMA schools.



ECFE

Early Childhood Family Education is a program to connect families within the STMA community. ECFE offers classes, separating and non-separating for children ages birth through five and their families. Our licensed staff provides a safe, supportive, child-centered environment that enhances children's growth and development while supporting parents and families. ECFE helps build relationships within your family and your community.

Special Events

ECFE provides families with numerous events throughout the school year to promote the arts, STEM, movement, and quality family time. We partner with many area resources to provide fun and educational classes for the entire family. These one-time events are perfect for the busy family!



Early Childhood Screening

Is a careful, simple check of your child's growth... physical, developmental, and emotional. Early childhood screening helps us identify health and learning problems, and prevent them from becoming more serious.

help me



Help Me Grow

Some young children need extra help to learn and grow. Help Me Grow provides resources for families to look at developmental milestones, to learn if there are concerns, and to take the lead in seeking additional support or in referring their child for a comprehensive, confidential screening or evaluation at no cost.

Bright Beginnings Preschool

At Bright Beginnings Preschool, our primary goal is to provide a positive learning experience for your child in an environment that inspires exploration, experimentation, and discovery.

We believe a good self-image is vital to your child's development, growth, and independence. Your child will be encouraged to acquire self-help skills, make choices, and interact with peers in a positive manner. Children will be supported to attain the necessary skills to be successful in Kindergarten. All Bright Beginnings lead teachers are licensed and certified by the MN Department of Education.

Early Learners Home Visiting

The St. Michael-Albertville public schools strategic plan includes a key initiative to continue and improve kindergarten readiness throughout the district. The primary goal of the Early Learner program is to partner with caregivers to provide the best possible environment that enriches the lives of children. Through developmentally appropriate activities and parent resources, our staff will collaborate with area caregivers to support readying all children for kindergarten. Call Jane Helgestad at 763-497-6512 for more information!



EARLY CHILDHOOD PROGRAMS

WELCOME TO ECFE!

ECFE is the first step in your child's education journey.

There are two types of classes.

Separating

Parents and children begin and end class together, but spend time apart in the middle. A convenient and safe way for your child to gain independence.

Non-Separating

Parent and children remain in an ECFE classroom together. If your child (or you) are not quite ready to separate, these classes are the perfect choice. Non-separating classes may also be a specialized subject.

The components of most ECFE parent-child classes include:

Parent-Child Interaction Time: Time together enjoying all the classroom has to offer. This is time to focus on your child and model behavior for interacting with others in the classroom. The licensed classroom teacher has planned developmentally appropriate activities for you and your child.

Circle Time: A small portion of the parent-child interaction time will be set aside for a short group experience or "circle time." During this time you and your child will sing simple songs, learn finger plays, hear stories, learn circle games and be involved in movement activities. Encourage your child to sit with the group during circle time. Generally, children under 2 ½ years may have difficulty sitting for an entire circle time.

Guided Play: Planned and intentional learning activities. Teachers and parents support play choices and assist in building friendships. In addition to our creative classrooms, each ECFE class utilizes our gym and gross motor activities.

Parent-Child Separation Time: Parents will attend parent group to discuss a variety of parenting issues in a separate area from children. During this time, children stay in the classroom with the licensed teacher. Additional activities, games, and play are scheduled to promote independence and learning.



Sibling Care

Sibling care is provided for free for most ECFE classes. Children in sibcare must follow all the health/wellness guidelines. Parents of children in sibcare must remain on the school property. A child who cries or is distressed for over ten minutes and does not respond to comforting will be returned to his/her parent. Please pick up your child immediately after class. A child may be sad if he/she doesn't see his/her parent when other parents arrive.

**Registration begins
THURSDAY, January 4th
at 12:00am**



EARLY CHILDHOOD PROGRAMS

We welcome all families with children ages birth through five years to ECFE. Not only do moms attend, but dads, **grandmas** and grandpas, aunts and uncles, neighbors, friends, and nannies. All are welcome. Occasionally we hold special events in which older siblings are also invited. You do not need to be a resident of the STMA school district to register for classes.

Fees. No families are ever turned away for an inability to pay. We offer a sliding fee scale to make classes affordable for all, but if any assistance is needed, please contact Jane Helgestad at 763-497-6512 or janeh@stma.k12.mn.us

Winter/Spring ECFE Sliding Fee Scale

Yearly Family Gross Income	Daytime Winter (9 weeks)	Evening Winter (7 weeks)	Daytime Spring (7 weeks)	Evening Spring (5 weeks)	Doing Preschool Together (16 weeks)
\$95,000 and above	\$64	\$56	\$56	\$48	\$240
\$75,000 - \$95,000	\$56	\$48	\$48	\$40	\$210
\$55,000-\$75,000	\$48	\$40	\$40	\$32	\$180
\$35,000-\$55,000	\$40	\$32	\$32	\$24	\$150
Under \$35,000	\$32	\$24	\$24	\$16	\$120

Sibling Care is FREE - but please register all children so appropriate staffing is available.

Registration will begin at midnight on **Thursday, January 4th**.

Our registration is done online at stma.ce.eleyo.com.

Many classes fill quickly, so register soon. Wait lists are used when a class fills online. In many instances, those on the wait list will be moved into class via teacher permission.

Sibling care is FREE!

Registration is also required for sibling care so that appropriate staffing can be arranged. If you need assistance when registering, please contact the office.

The ECFE calendar is divided into two sessions.

Winter session begins on Tuesday, January 16th and Spring session begins on Monday, April 2nd.

Winter (9 weeks) 1/16 to 3/16 - No school 2/19, 3/5

Spring (7 weeks) 4/2 to 5/18 - No school 4/11

*Please note: It is possible to register for both sessions on January 4th

Weather Cancellations. We follow the STMA district's inclement weather policy.

If school is 2 hours late, there are no ECFE classes that morning. If school closes early or evening classes are cancelled, there is no ECFE. If school is cancelled - so is ECFE.





EARLY CHILDHOOD PROGRAMS

ECFE is heading to the Library!

NON-SEPARATING

All Ages

We have joined forces with the St. Michael Library to offer classes twice per month! In an effort to promote literacy for all ages, join our staff for an ECFE class full of imagination and creativity.

There will be crafts, games, songs, and of course plenty of children's books and stories.

Families are encouraged to check-out related materials and explore the library.

Two monthly options offered! FREE to all participants.

ECFE at the Library!	
Wednesday, January 10	10:30am
Monday, January 22	6:00pm
Wednesday, February 7	10:30am
Monday, February 26	6:00pm
Wednesday, March 7	10:30am
Monday, March 19	6:00pm
Wednesday, April 11	10:30am
Monday, April 23	6:00pm
Wednesday, May 9	10:30am
Monday, May 21	6:00pm



Great River Regional Library - St. Michael

11800 Town Center Drive

(763) 497-1998

www.griver.org

Library Hours

MON: 10:00am - 8:00pm

TUE: 10:00am - 6:00pm

WED: 10:00am - 8:00pm

THU: 10:00am - 6:00pm

FRI: 12:00pm - 5:00pm

SAT: 10:00am - 1:00pm

SUN: Closed

Friends of the Library

Friends of the Library support the staff with programming, services and events. If you are interested in becoming a Friend, please call the library.

Library Events

The library offers year-round events for all ages.

Most library events require registration.

Please register online at www.griver.org/events.

Book Sale

The Spring Book Sale will be Saturday, March 10, 2018 from 8:00am-1:00pm. Donations will be accepted starting in January.

Drop in and Play

NON-SEPARATING

All Ages

Try out ECFE without the commitment! Drop-in and Play - Stay the entire time, or come when your schedule allows! ECFE staff will be present with arts and crafts, songs and stories.

Also a chance to run and play in the gym.

No pre-registration is necessary. Punch cards available for purchase or pay at the door.

Mondays and Fridays

9:00-10:00

Room 203 at Community Education

\$2.00 per family per day

\$40 punch card good for both winter and spring.

PLAY
is the work of childhood
Mr. Rogers

No Drop in and Play on the following dates:

Jan 15, Feb 19, March 5, March 19, March 23,

March 26, March 28, April 11, and May 21



EARLY CHILDHOOD PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
8:30-10:00 SMART Kids Ages 2-5 NON-SEPARATING Room 205	8:30-10:00 Terrific Toddlers Ages 1-2 NON-SEPARATING Room 205	8:30-10:30 Marvelous Mixers Ages walking-5 PARENT GROUP Room 205	8:30-10:00 Jitterbugs Ages walking-5 PARENT GROUP Room 205	8:30-10:00 Busy Bees Ages 1-2 PARENT GROUP Room 205
9:00-10:00 Drop in and Play All Ages NON-SEPARATING Room 203	8:30-10:00 Doing Preschool Together Ages 34 months-5 PARENT GROUP Room 203	8:30-10:00 More to Explore! Ages 2-5 NON-SEPARATING Room 203	8:30-10:30 Doing Preschool Together Ages 34 months-5 CHILD ONLY DAY Room 203	9:00-10:00 Drop in and Play All Ages NON-SEPARATING Room 203
10:30-12:00 Doing Preschool Together Ages 34 months-5 PARENT GROUP Room 203	10:30-12:00 Little Learners Ages walking-5 PARENT GROUP Room 203	10:30-12:30 Doing Preschool Together Ages 34 months-5 CHILD ONLY DAY Room 203	10:30-12:00 I Can Do it Ages 1-2 NON-SEPARATING Room 205	10:30-12:00 Creative Kids Ages 2-5 PARENT GROUP Room 203
10:30-11:30 Tiny Tots Ages 6-18 months NON-SEPARATING Room 205	10:45-11:30 Kindermusik All Ages NON-SEPARATING Room 205	10:30-11:30 Baby and Me Birth-6 months NON-SEPARATING Room 205	11:00-12:00 Be part of the STEAM Team! Ages 2-5 NON-SEPARATING Room 203	
6:00-7:30 Knight Crawlers (weekly) Ages walking-5 PARENT GROUP Room 203	6:00-7:15 More to Explore! (weekly) Ages 2-5 NON-SEPARATING Room 203	6:00-7:00 Baby and Me Birth-12 months NON-SEPARATING Room 205 6:30-7:30 Dad and Me (once a month) Ages 2-5 NON-SEPARATING Room 203 6:30-7:30 Open Gym (once a month) All Ages NON-SEPARATING CE Gym	6:30-7:30 Reading Ready (once a month) Ages 2-5 NON-SEPARATING Room 203	6:30-7:30 Open Gym (once a month) All Ages NON-SEPARATING CE Gym



EARLY CHILDHOOD PROGRAMS

INFANTS AND TODDLERS

Baby and Me NON-SEPARATING Birth-6 months

Is there a new bundle of joy in your home? Connect with other parents of newborns in the community, ask questions, and share parenting experiences. The class is an excellent way to get a "successful start" at parenting! Discussions are led by a parent educator and geared to participants interests. Learn tricks and tips that will stimulate your infant's development.

*We know babies are unpredictable!
Families are free to come and go as their child's schedule allows!*

Class is FREE to first-time ECFE participants. Sibling care available!

W355
WEDNESDAYS
January 17- March 14
10:30-11:30AM
Room 205

S355
WEDNESDAYS
April 4 - May 16
(no class 4/11)
10:30-11:30AM
Room 205



Tiny Tots NON-SEPARATING 6 - 18 months

As your baby becomes mobile life can become more challenging! Meet with other parents of the same age to discuss struggles with this new-found independence. Celebrate the milestones that your child has accomplished while preparing for what's next! Parent discussion is held in the classroom

W300
MONDAYS
January 22 - March 12
(no class 2/19 or 3/5)
10:30-11:30AM
Room 205

S300
MONDAYS
April 2 - May 14
10:30-11:30AM
Room 205

Terrific Toddlers NON-SEPARATING Toddlers 1 to 2 years

Introduce your emerging learner to school in a safe, child friendly classroom. A fun-filled playtime will encourage your toddler to explore new surroundings! This is a non-separating class, so children will begin to feel comfortable with school with you by their side. Sensory, songs, and creative play will put a smile on everyone's face!

W320
TUESDAYS
January 16 - March 13
8:30-10:00AM
Room 205

S320
TUESDAYS
April 3 - May 15
8:30-10:00AM
Room 205

I Can Do It! NON-SEPARATING Toddlers 1 to 2 years

If only we could bottle that toddler energy! Parenting toddlers can be exhausting and challenging. This class provides a fun and safe environment for those active little ones. Have fun together exploring new experiences and creating friendships in this age-appropriate environment.

W365
THURSDAYS
January 18 - March 15
10:30-12:00PM
Room 205

S365
THURSDAYS
April 5 - May 17
10:30-12:00PM
Room 205

Busy Bees SEPARATING Toddlers 1 to 2 years

A creative classroom buzzing with excitement! Enjoy a relaxing atmosphere geared towards toddlers. Children can begin important socialization skills while slowly gaining independence from caregivers. Parent discussion revolves around toddler aged development.

W345
FRIDAYS
January 19 - March 16
8:30-10:00AM
Room 205

F310
FRIDAYS
April 6 - May 18
8:30-10:00AM
Room 205

Registration begins THURSDAY, January 4th at 12:00am



EARLY CHILDHOOD PROGRAMS

MIXED-AGE and PRESCHOOL

Marvelous Mixers

SEPARATING
Ages Walking to 5 years

A morning of fun for the whole family! Singing, stories, arts and crafts for all ages, plus gym time activities. Parent discussion will revolve around a wide variety of practical parenting tips in a supportive environment. In the best interest of all participants, please utilize sibling care for infants.

W335

WEDNESDAYS
January 17 - March 14
8:30-10:00AM
Room 205

S355

WEDNESDAYS
April 4 - May 16
(no class 4/11)
8:30-10:00AM
Room 205



Jitterbugs

SEPARATING
Ages Walking to 5 years

Wiggle, jiggle, and jump in this high energy class! Burn off energy in the gym, projects, and explore the creative classroom. Separation time focuses on the joys and challenges of parenting young children. In the best interest of all participants, please utilize sibling care for infants.

W350

THURSDAYS
January 18 - March 15
8:30-10:00AM
Room 205

S350

THURSDAYS
April 5 - May 17
8:30-10:00AM
Room 205



Little Learners

SEPARATING
Ages Walking to 5 years

Learning through play helps a child make sense of the world around them. Play helps children develop the essential social, motor, and cognitive skills for school success. Discover the many ways in which education is hidden among the fun of childhood play! In the best interest of all participants, please utilize sibling care for infants.

W310

TUESDAYS
January 16 - March 13
10:30-12:00PM
Room 203

S310

TUESDAYS
April 3 - May 15
10:30-12:00PM
Room 203

Creative Kids

SEPARATING
Ages 2 to 5 years

Creativity can be messy! The classroom will be filled with the materials to spark your child's imagination. Leave the mess at school as your child creates his or her next masterpiece! Parent discussion topics will be chosen by the group.

W370

FRIDAYS
January 19 - March 16
10:30-12:00PM
Room 203

F370

FRIDAYS
April 6 - May 18
10:30-12:00PM
Room 203



EARLY CHILDHOOD PROGRAMS

MIXED-AGE and PRESCHOOL

S.M.A.R.T. Kids

NON-SEPARATING
Ages 2 to 5 years

S.M.A.R.T. is a developmental approach to teaching that takes advantage of current brain research. S.M.A.R.T. is a movement-based program based on the principle that movement anchors learning. Your child will practice balance, coordination, visual and auditory skills while developing a stronger, healthier and happier brain. This is an introduction to the idea that all developmental areas are related. You will go home with many new ideas to keep your child focused on the fun of learning!

W305

MONDAYS
January 22 - March 12
(no class 2/19 or 3/5)
8:30-10:00AM
Room 205

S305

MONDAYS
April 2 - May 14
8:30-10:00AM
Room 205

All fees listed on page 40.
No family will be turned
away due to the inability
to pay fees.
Scholarships available.

More to Explore!

NON-SEPARATING
2-5 year olds

There is something new to discover each week! Wednesdays will be wacky while exploring a new theme through books, games, and creative crafts. It's a whole new world when you walk through the doors to the exploration stations. Here are some sample topics. The complete list will be available on the first day of class.

Arctic Animals
Dr. Seuss
Let it Snow
ABC Explorers
Springtime

Letter Detectives
Pete the Cat
Pajama Party
Bear Hunt
Dozers and Diggers

W331

WEDNESDAYS
January 17 - March 14
8:30-10:00AM
Room 203

S331

WEDNESDAYS
April 4 - May 16
(no class 4/1)
8:30 - 10:00AM
Room 203



STEAM Team

NON-SEPARATING
2-5 year olds

One of today's educational buzzwords
What does this acronym mean anyway?

S - Science
T - Technology
E - Engineering
A - Art
M - Mathematics

STEAM in early childhood? A resounding YES! Preschoolers have a natural sense of wonder and curiosity. STEAM activities are introduced daily in the classroom and home. Educators are constantly linking the areas together throughout the day. Building with blocks, exploring in the sand/water table, counting fingers, or a simple puzzle are examples of your child's introduction to STEAM activities. There will be time for hands-on experiments, observation, and the search of STEAM fun to be discovered!

W350

THURSDAYS
January 18 - March 15
11:00AM-12:00PM
Room 203

W350

THURSDAYS
April 5 - May 17
11:00AM-12:00PM
Room 203





EARLY CHILDHOOD PROGRAMS



Doing Preschool Together

SEPARATING

Ages 34 months to 5 years

One of our most popular classes!

An excellent choice to introduce your youngster to preschool! All lessons planned will include readiness skills based on MN standards, Early Childhood Indicators of Progress, and STEM programming.

Day One (Monday/Tuesday) - Parent/Child Day.

Children and their parents participate in activities together. Early childhood teachers will have numerous activities planned to boost your child's excitement for school. Parent time will consist of planned discussions and activities revolving on what to prepare your child for school.

Day Two (Wednesday/Thursday) - Child Alone Day

Child will gain independence, social skills, and be prepared for their next education adventure!

CHILDREN MUST BE TOILET TRAINED!

W325

TUESDAY and THURSDAY

January 16 - May 17

8:30-10:00AM Tuesday

8:30-10:30AM Thursday

(no school 3/20, 3/22, 3/27, 3/29)

Room 203

W326

MONDAY and WEDNESDAY

January 22 - May 16

10:30AM-12:00PM Monday

10:30AM-12:30PM Wednesday - mini lunch served
(no school 2/19, 3/5, 3/19, 3/21, 3/26, 3/28, 4/11)

Room 203

FEES ON PAGE 40

Kindermusik LET IT BEGIN WITH

Wiggle and Grow

NON-SEPARATING
All Ages

A music-filled class that celebrates the unique joys of the growing child. As a family class it will feature a mix of activities for parents and children that includes singing, dancing, and exploring and playing instruments.

Includes digital Kindermusik @home materials.

WINTER SESSION

On the Go! January 16, 23, 30

Ready? Set? On the Go! It's time to get in the car, row the boat, and ride the rails as we explore all kinds of movement in this transportation – themed unit. We'll also have a boatload of fun- and learning- as we sing, dance, play instruments, chug like trains and beep like cars.

So buckle up, here we go!

Colors & Shapes on the Farm February 6, 13, 20

Get on your tractor and drive down to the barn- It's time to encounter a farmyard of fun! In this unit, we'll explore some of the colors, shapes, and sounds found on the farm as we walk in the green grass, go 'round and 'round a haystack, and listen to roosters crowing and pigs oinking.

So come on down to the farm!

Family & Friends February 27, March 6, 13

Is there anything better than spending time with our Family & Friends? Sing, dance, move, and play your way through this celebration of why family and friends matter so much.

Everyone's invited to make music with our Family & Friends.

W122

TUESDAYS - 9 Classes

10:45 -11:30AM

Room 205

\$126

Family & Friends

Colors & Shapes on the Farm

On the Go!

SPRING SESSION

Down on the Ground April 3, 10, 17

Look down and get grounded! In this unit, we explore the world of creatures found at our feet! We'll engage a child's natural curiosity as we hop like bunnies, crawl like caterpillars, and move high and low like squirrels. With all the great music and learning, there's no end to the fun found Down on the Ground!

Silly All Over April 24, May 1, 8, 15

Catch a case of the giggles! Tap into the joy of laughter as we wiggle, boing, and jiggle through this unit full of silly sounds and silly moves. Wound through the silliness is a firm base of developmentally appropriate activities, where we'll practice stop-and-go motion, experience up and down, use our fine-motor skills, incorporate vocal play, and tickle our sense of humor all at the same time. Hold onto your funny bones – we're about to get Silly All Over!

S122

TUESDAYS - 7 Classes

10:45-11:30AM

Room 205

\$98

Down on the Ground

Silly All Over



EARLY CHILDHOOD PROGRAMS

EVENING OFFERINGS

Night Crawlers

SEPARATING
Walking to Age 5

A relaxed atmosphere for families with young children. The age-appropriate room will be filled with activities to amuse your energetic toddlers! Parent separation is approached slowly and discussion is parent driven.

W315

MONDAYS - 7 Classes
January 22 - February 26
(no class 2/19)
6:00-7:30PM
Room 203
Sliding Fee

S315

MONDAYS - 5 Classes
April 2 - April 30
6:00-7:30PM
Room 203
Sliding Fee

Dad and Me

NON-SEPARATING
Ages 2 to 5 years

A night for dads and their little buddies! Once a month, Wednesday evenings are filled with activities, games and a fun-filled gym time! Grandpas, uncles, and special dad-like friends are welcome too! Sorry, Sib care is not available for this class.

W110

WEDNESDAYS
January 17, February 14, March 14,
and April 18
6:30-7:30PM
Room 203
\$30 per family

More to Explore!

NON-SEPARATING
2-5 year olds

There is something new to discover each week! Tuesdays will be wacky while exploring a new theme through books, games, and creative crafts. It's a whole new world when you walk through the doors to the exploration stations. Here is a sample schedule. The complete list will be available on the first day of class.

- | | |
|-------------------|----------------------|
| Polar Bears | Beach Party |
| Snowmen | Colors Everywhere |
| Winter Wonderland | Pajama Party |
| ABC Explorers | Spring Fling |
| Be My Valentine | Going on a Bear Hunt |
| Flowers and Frogs | Rain, Rain Go Away |

W331

TUESDAYS - 7 Classes
January 16 - February 27
6:00-7:15PM
Room 203
Sliding Fee

S331

TUESDAYS - 5 Classes
April 3 - May 1
(no class 4/11)
6:00-7:15PM
Room 203
Sliding Fee

Baby and Me

NON-SEPARATING
Birth-12 months

Is there a new bundle of joy in your home? Connect with other parents of newborns in the community, ask questions, and share parenting experiences. The class is an excellent way to get a "successful start" at parenting! Discussions are led by a parent educator and geared to participants interests. Learn tricks and tips that will stimulate your infant's development.

*We know babies are unpredictable!
Families are free to come and go as their child's schedule allows!*

Class is free to first-time ECFE participants.
Sibling care available!

W356

WEDNESDAYS - 7 Classes
January 17 - February 28
6:00-7:00PM
Room 205

S356

WEDNESDAYS - 5 Classes
April 4 - May 2
(no class 4/11)
6:00-7:00PM
Room 205

Reading Ready

NON-SEPARATING
2-5 year olds

Explore early literacy development in our preschoolers. Families will receive a book and information on how your child can become a happy and confident reader. Spend time reading, creating, and learning during this fun-filled evening.

W130

THURSDAYS
January 18, February 8, March 15,
and April 19
6:30-7:30PM
Room 203
\$30 per family



Registration begins
**THURSDAY, January 4th at
12:00am**



EARLY CHILDHOOD PROGRAMS

SPECIAL EVENTS

Open Gym

NON-SEPARATING
All Ages

A family night filled with games and activities in the gym. Age-appropriate equipment for the little ones. A great way to meet local families while the kids burn off some energy! Now twice a month! FREE

W115

WEDNESDAYS AND FRIDAYS
6:30-7:30PM
January 12 and 24
February 9 and 21
March 9 and *see the March 21 special event!
April 13 and 25

First Friends Valentine Party

NON-SEPARATING
All Ages

A mini-party for the sweetest friends. Children stuff their very own friend, create a valentine filled with love, read stories and play games. Everyone goes home with a new best friend! Spend an evening spreading kindness to friends and family. A great night to share with grandparents too!

W126

Monday, February 5
6:30-7:30PM
Room 203
\$8 per child

ECFE Winter Carnival

NON-SEPARATING
All Ages

The Community Education Gymnasium will be transformed into a winter wonderland! Take a turn at the cool games and win some chill prizes! There will be chances to participate in the snowball throw, penguin waddle, Olympic games, snowman building, and much, much more! Snow cones and raffle baskets also! Each child receives unlimited play for \$5.



W100

Thursday, February 15
6:30-7:30PM
CE Gym
\$5 per child (maximum \$20)

Bouncy House Night

NON-SEPARATING
All Ages

A fieldtrip here at school! Our gymnasium will be transformed into a bounce bonanza! Let the kids run free and jump in an array of blow-ups and obstacle courses. This event is intended for toddlers and preschoolers. All family members are welcome as long as older siblings are chaperoned and cautious of younger children.

W105

Wednesday, March 21
6:30-7:30PM
CE Gym
\$5.00 per child

Spring Fling

NON-SEPARATING
All Ages

Spring has sprung! Celebrate the change in the season with fresh air and flowers. It's time for a front porch make-over. Children will plant flowers and decorate pots. Additional fun spring crafts will add surprise to your gardens. Get those greens thumbs ready!

S127

Monday, May 7
6:30-7:30PM
Room 203
\$8 per child

Registration begins THURSDAY, January 4th at 12:00am



EARLY CHILDHOOD PROGRAMS

SPECIAL EVENTS

Science Explorers

DROP-OFF
3.5-5 years

Silly, Sloppy Slimes

Are you ready for some gooey, sloppy experiments? Then slide into this exciting, hands-on lab as we experiment with gooey, silly and slimy mixtures. Be sure to dress for a messy class as we investigate states of matter.

SE 120

Thursday, March 1, 2018
6:00-7:00PM
\$10.00 per child
Room 207

Magical Magnets

Join Science Explorers for a evening of magical magnet fun. As we investigate this fascinating, invisible force we will discover attraction, repulsion and the magnetic poles. Please join us as we learn about this mysterious force through hands-on experiments.

SE 121

Thursday, March 15, 2018
6:00-7:00PM
\$10.00 per child
Room 207

Musical Science

Do you like music? Do you enjoy playing instruments and making your own music? Then join us in Musical Science and learn how sound travels as you make your own simple musical instruments.

SE 122

Thursday, May 3, 2018
6:00-7:00PM
\$10.00 per child
Room 207



Vehicle Fair NON-SEPARATING All Ages

Explore the vehicles seen on the road everyday. Get an up-close look at the inside of the vehicles that make our community proud! The whole family will enjoy a tour of big trucks, service vehicles, equipment, and more! Please bring a box of cereal to donate to the Hanover food Shelf!

No Registration required

Thursday, May 17
6:30-7:30PM

St. Michael Elementary Parking Lot



Join ECFE at the St. Michael library!

Each visit will tell a different story!
An ECFE staff will be there with crafts,
games, songs, and of course plenty of
children's books!

FREE

ECFE at the Library!

Wednesday, January 10	10:30am
Monday, January 22	6:00pm
Wednesday, February 7	10:30am
Monday, February 26	6:00pm
Wednesday, March 7	10:30am
Monday, March 19	6:00pm
Wednesday, April 11	10:30am
Monday, April 23	6:00pm
Wednesday, May 9	10:30am
Monday, May 21	6:00pm



EARLY CHILDHOOD PROGRAMS

Get Ready For Kindergarten

A night for parents to bring their questions to a panel of experts from the Albertville Primary! Principal McDonald and members of the Albertville Primary staff will be on hand for parents whose children will be attending kindergarten in the fall of 2018. This is a terrific way to smooth the transition and become familiar with some new faces!

SE 160

Thursday, March 8
6:30-8:00PM
Room 201
Community Education
Free Childcare,
Please register for appropriate staffing.

PRESCHOOL FAIR

PRESENTED BY THE ST. MICHAEL-E/HANOVER MOMS CLUB



The St. Michael- Albertville area has excellent choices for early childhood programs. Each center has their own unique opportunities. Come see what is the best fit for your family!

Thursday, January 4th
St. Michael City Center
5:30-7:30PM

St. Michael-Albertville School District #885 Early Childhood Family Education Early Learner Program

Early Learner School Readiness: Home Day Care Visits

The St. Michael-Albertville public schools strategic plan includes a key initiative to continue and improve kindergarten readiness throughout the district.

The primary goal of the Early Learner program is to partner with caregivers to provide the best possible environment that enriches the lives of children. Through developmentally appropriate activities and parent resources, our staff will collaborate with area caregivers to support readying all children for kindergarten.

The Early Learner Program

A certified ECFE staff member will provide visits based on the needs of your children. In five key areas, activities will be modeled and resources shared. Professional development opportunities (CEUs) will be available for providers.

How do I enroll in the Early Learners Program?

Call the ECFE office at 763-497-6512

A staff member will contact you to schedule your first appointment.

What can a provider expect?

- An initial visit to establish your needs
- Subsequent visits tailored to provide support
 - Opportunities to discuss daily challenges
- An Early Childhood Teacher leading child-centered activities
 - Resources from around the state and community
 - A connection with the STMA school district

Please direct further questions to:

Jane Helgestad
ECFE/Bright Beginnings Preschool Coordinator
janeh@stma.k12.mn.us
763-497-6512



Parent Advisory Council

We are currently seeking program families to serve on the STMA ECFE and Bright Beginnings Preschool Advisory Council.

The council assists in the following:

- Recommend program policies, goals, and objectives
- Develop/train volunteers
- Promote program through outreach and community relations
- Assist in program evaluations
- Serve as an advocate in the community and legislature
- Expand resource development

If interested, contact Jane Helgestad at 763-497-6512 or janeh@stma.k12.mn.us for meeting dates and times.



EARLY CHILDHOOD PROGRAMS

Bright Beginnings Preschool A School Readiness Program Ages 3-5

Bright Beginnings follows the MN state guidelines for age requirements. All children must be 3 or 4 before September 1, 2018. 5 year olds welcome if not enrolled in kindergarten. Children must be completely toilet trained, complete required immunizations, and will participate in early childhood screening.

Each of our classroom lead teachers maintains an Early Childhood MN teaching license and regularly participates in continuing education classes.

In addition to utilizing our imaginative and resourceful staff, Creative Curriculum and Handwriting without Tears are the curriculums of choice. Assessment and Work Sampling are used to track a child's growth and development. The Kindness curriculum guides children through activities that promote social and emotional growth.

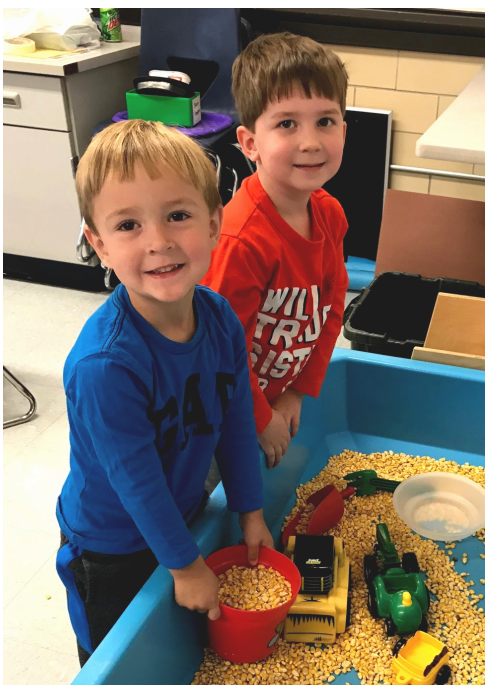


Bright Beginnings Preschool is a school readiness and 4-star rated program by Minnesota's Parent Aware rating system for early childhood programs.

Pathways Early Learning Scholarships can be used by qualifying families.

St. Michael-Albertville School District #885 recognizes the importance of quality early education. Bright Beginnings is a proud partner on the district's strategic plan to continue improving kindergarten readiness.

It is our mission to create a safe, play-based environment of developmentally appropriate learning experiences for all students. We believe that parental partnerships are essential for kindergarten readiness and to fostering a life-long love of learning.



What do we do in preschool?

Three Year Olds (children 3 on or before 9/1/18)

Familiarization with school routines including separation, transitions, and turn-taking. Develop social/emotional skills with peer interaction. Foster a love of learning through play based learning activities and beginning concepts.

Fours and Fives (children 4 on or before 9/1/18)

Cooperative group interactions, turn-taking, independence and socialization skills. Literacy preparation including letter/sound recognition, reading, listening, and questioning. Pre-math skills of sorting, patterning, counting, and quantifying objects. Fine motor practice including name writing and scissor skills. A solid foundation of skills to prepare children for kindergarten.

Preschool

If you have a 3-5 year old in your home, watch your mailbox for a registration form. If you do not receive one, please call the office at 763-497-6512



EARLY CHILDHOOD PROGRAMS

Big changes for Bright Beginnings. We are excited to announce the movement of three of our classrooms to the Albertville Primary! As a result of the 2017 bond, there is now space for our early childhood classrooms to be a part of the kindergarten center. This will result in more spacious classrooms, special services, and less future transitions for kids. More collaboration with the early childhood special education program and kindergarten staff improves the educational experience for families and children. Join us in the excitement during the 2018-19 school year as new adventures await!

Bright Beginnings Preschool 2018-2019

CE = Community Education Center, St. Michael
AP = Albertville Primary

Three Year (3 by September 1, 2018)	4/5 Year (4 by September 1, 2018)	3-5 Year Mixed (4/5 by Sept. 1, 2018)	5 year (4/5 by Sept. 1, 2018)
Monday & Wednesday 8:15-10:45AM AP	Monday & Wednesday 11:30AM-2:00PM AP 8:30AM-2:30PM CE	Monday - Thursday 11:30AM-2PM AP	Monday - Friday 7:45-10:15AM AP <i>*great class for summer birthday holdbacks</i>
Tuesday & Thursday 11:30AM-2:00PM AP	Tuesday & Thursday 7:45-10:15AM AP 8:30AM-2:30PM CE	<i>Pricing not available at time of print. All children welcome, regardless of the family's ability to pay. Scholarships available!</i>	
Wednesday & Friday 8:15-10:45AM CE	Monday, Wednesday & Friday 7:45-10:15AM AP	Extended Day - Camp Castle 2:30-4:30PM CE Children can now register for Camp Castle to extend their day to 4:30PM. Classes will consist of creative art projects, silly science experiments, and of course free choice playtime with friends!	
Tuesday, Thursday, & Friday 8:15-10:45AM AP	Monday, Tuesday & Thursday 8:30-11:30AM CE 8:30AM-2:30PM CE		
Doing Preschool Together M/W or T/TH CE	Monday, Wednesday & Thursday 11:30AM-2:00PM AP		

Camp Castle

Ages 4-5 years only
Monday-Thursday
2:30-4:30PM

NEW!

Children in the all-day or afternoon sessions at CE may participate in our new Camp Castle. Staff will provide 2 hours of extras in a fun, safe environment. Children will have the chance to enrich their preschool experience with science, art, and literacy activities. Of course there will be many chances for free play with friends and gym/playground time. A small snack will be provided. Children must be picked up by 4:30 or a late fee will be assessed.



REGISTRATION OPENS MONDAY, FEBRUARY 12th at MIDNIGHT

A fee of \$50 is required along with your child's registration. This fee is not applied towards tuition and is refundable only if all slots are filled or if a child is sent to kindergarten.

Please have a 2nd choice in mind when registering. *Select sessions are very popular and fill quickly.*

Please complete registrations online at www.stma.eleyo.com.

Families will be notified via email within 24 hours of registration if accepted into session of choice. Until notification, your registration is considered pending until approved.

Walk-in registrations also welcome.



EARLY CHILDHOOD PROGRAMS

All Kids Count - District 885 Census

Is there a new baby in your home? Are you new to our school district? Please call our district office at 763-497-3180, ext. 95148 for a census form.

By completing the census form, you will receive information on early childhood programs, kindergarten registration, and general district information. It also insures accurate planning and projection for the growth of STMA to receive maximum funding for the district and early childhood programs.

The school district encourages families in the above categories fill out a school census. If you are new to the district, or have made changes since the last time you filled out a census form, please fill out a new census.

More information available on the district website at: <http://www.stma.k12.mn.us/resources/parents>



Early Childhood Screening - STMA

Early Childhood Screening is a process that supports children being ready for kindergarten. The program helps find children with possible health or developmental concerns that may impact learning. The process includes a check of vision and hearing, child development and a review of the child's health. The program helps families access services for their children that will help them to be ready for kindergarten.

All children must be screened prior to kindergarten. If your child is over the age of 3, he/she is eligible for screening. The ideal age for screening is when your child is between 3 and 4 years old. Screening can detect possible learning or health concerns that can be addressed before the start of kindergarten.

If you have an age-eligible child and have not been contacted by us, please contact Lindy Legatt at 763-497-6528 or lindyl@stma.k12.mn.us.

Upcoming winter/spring screening dates are:

- January 11 and 12**
- March 20 and 21**
- April 11 and 12**
- May 21 and 22**

Help Me Grow - Call 1-866-693-GROW (4769)

Some young children need extra help to learn and grow. Help Me Grow provides resources for families to look at developmental milestones, to learn if there are concerns, and to take the lead in seeking additional support or in referring their child for a comprehensive, confidential screening or evaluation at no cost. (Minnesota children from birth to five-years-old, if found eligible, can receive services in their home, child care setting or school. These services are free regardless of income or immigrant status)

Help Me Grow is an interagency initiative of the State of Minnesota (Department of Education, Department of Health and Department of Human Services) partnering with all local service agencies.

Albertville Primary Kindergarten Registration 763-497-2688

February

Receive kindergarten registration Letter in mail.

February 8, 2018

Attend kindergarten registration night.
This is for parents only.

March

Complete online registration forms and submit other required forms/documents.

March 8, 2018

Spring Get Ready for Kindergarten at CE.
(see page 49)

May 10, 2018

Kindergarten open house.
Parents encouraged to attend this event with their soon-to-be kindergarten student.

August 2018

Ready, Set, Go!

Teacher assignment letters are mailed the first week of August. A kindergarten supply list is mailed with the teacher assignment letter. Don's Bus mails letters with pick-up and drop-off times.

September 4, 2018

Kindergarten orientation.

September 5, 2018

First Day of Kindergarten!
Welcome Class of 2031!



STMA JOB FAIR

*The St. Michael-Albertville School District is growing!
Along with the growth comes new employment opportunities.
Check out the open positions available from preschool to high school.
Availability at all schools within the district.
We are seeking qualified professionals to work with children of all ages.
Join us on January 11th for more information about the STMA team!*

St. Michael-Albertville ISD #885

STMA JOB FAIR

Competitive benefits packages
Varying shifts available

Career advancement
Flexible schedules

Generous time off
Pre-taxed health savings

THURSDAY, JANUARY 11

3:00-8:00PM

Middle School West Media Center
11343 50th St NE, Albertville

Paraprofessionals • Food Service • Kids Play Paraprofessionals
Coaches • Custodial Staff • Substitutes (All Areas)



For more information, please call (763) 497-3180
Becca Heuring, HR Specialist: rebeccah@stma.k12.mn.us
Emily Nordmann, Benefits Coordinator: emilyn@stma.k12.mn.us



**TOP
WORK
PLACES
2012**

St. Michael-Albertville Public Schools is an equal opportunity employer.



REGISTRATION INFORMATION

General Registration Information

- Visit www.stma.ce.eleyo.com to register.
- Registration begins Thurs. January 4th for all classes.
- Classes are filled on a first come, first served basis. The class fee must be paid at the time of registration.
- We do not send confirmations via U.S. mail; however, if you have an email address on your account profile, you will receive an email confirmation/receipt of the class(es) that you have registered for. All classes will meet as scheduled unless you're notified otherwise.
- Telephone numbers are required when registering. In the event that we need to contact you regarding the status of a class, we will phone or email you.

Please keep your account profile information updated (phone numbers, email address, etc.). Periodically we need to contact you regarding a make-up date or something regarding your class.

How to Register

- **Online** stma.ce.eleyo.com 24/7
- **Mail** the completed registration form and payment to: STMA Community Education, 60 Central Ave. W., St. Michael, MN 55376. Make checks payable to STMA Community Education.
- **Drop box** conveniently located outside Door A of the Community Education Center.
- **Phone** in your registration. This is for credit card registrations only. Have your Visa, MasterCard or Discover card ready. The registration phone number is 763-497-6550, ext. 1.
- **In person** enter Door "A" and follow the signs to the Community Education Office, Room 210 (see address above). School year hours: 8:00AM – 4:00PM, Monday through Friday, closed most holidays.

Weather Emergencies

- If weather is threatening, cancellations will be announced on the Community Education weather line. Call (763) 497-6549 or (763) 497-6550, ext. 2.
- If school is cancelled, all Community Ed, youth and adult activities are cancelled. All school buildings are closed.

Refunds

- If we cancel a class due to insufficient enrollment you will be notified and your money will be refunded in full.
- **REFUND POLICY:** Cancellations must be made at least 5 business days prior to the start of the activity (or by the registration deadline if one is indicated) in order to receive a refund. Some activities, supplies, or tickets are not refundable. All refunds are subject to a \$5 processing fee.
- Call the Community Education office to request cancellation; you cannot cancel out of a class online.
- No refunds for trips and tours are given after the registration and payment deadline.



Members of *UCare* may take up to a \$15 discount on most classes in this catalog. If a class fee is less than \$15, the class is free. You must be a *UCare* member at the time of registration and through the duration of the class(es). Please include a photocopy of your *UCare* ID member card at the time of registration. Not all classes and activities are eligible for the discount.

SCHOOL ABBREVIATIONS
AP = Albertville Primary
SE = St. Michael Elementary
BW = Big Woods Elementary
FE = Fieldstone Elementary
MW = Middle School West
ME = Middle School East
HS = High School
CE = Community Education Center
AC = Activity Center @ High School



REGISTRATION FORM

Youth Class Registration #1		
Student Name		
School	Teacher's Name	Student Health Concerns
Class Name	Class #	Class Fee \$
Youth Class Registration #2		
Student Name		
School	Teacher's Name	Student Health Issues
Class Name	Class #	Class Fee \$
Parent's Name		Cell Phone
Address		Home Phone
Email Address		Work Phone
<p>Statement of Release I agree to release District #885 Community Education and its employees of all liability to accidents or injuries which myself or a member of my family might incur while participating in the above mentioned activity.</p>		
_____ Signature of participant or parent of student under 18		
Adult Class/Trip Registration		
Participant's Name		Cell phone
Address		Home Phone
Email Address		Travelling Companion
#1 Class/Trip Name	Class #	Class Fee \$
#2 Class/Trip Name	Class #	Class Fee \$
#3 Class/Trip Name	Class #	Class Fee \$
		Total Fees \$
Payment Options (Credit Card, Check, or Cash) Please circle Visa M/C Discover		
Card #		Expiration (mm/yy)
Name on Card		
Amount Enclosed \$	Paid by (please circle) Check Cash	

Community Education
St. Michael-Albertville District #885
60 Central Ave W
St. Michael, MN 55376

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Registration opens Thursday, January 4th

STMA WINTER/SPRING 2018

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STMA Community
Education presents

Prairie Fire
Theater's
"Alice in
Wonderland"

Grades 1-4
Auditions
January 15, 2018
Performances
January 19 & 20,
2018
(More info inside)

Wondering if a class is cancelled?
Call the Weather Line 763-497-6549