



ST. MICHAEL - ALBERTVILLE SCHOOLS
EXCELLENCE IS OUR TRADITION

Fall 2018 COMMUNITY EDUCATION



ST. MICHAEL • ALBERTVILLE



Years of
EXCELLENCE

SCHOOLS

Registration Begins August 23

Lifelong Learning For All Ages

stma.ce.eleyo.com 763-497-6550



Welcome back! This fall STMA School District turns 50!

Community Education celebrates it's 30 year anniversary, thanks to Maryellen Barthel who started the program in 1988.

Exciting changes are happening as we continue to grow!

The new all-purpose facility will be up and running, preschool classrooms are moving to the Albertville Primary, a change in the ECFE format, and a new district webpage will be at your fingertips!

We also welcome Jina Schoenborn as our new Facilities and AC Coordinator.

Please browse our fall classes to fill your family's schedules.

Registration begins at midnight on August 23rd.

Whether a new friend to the program or returning veteran, we are glad to have you with us!

| | |
|---------------------------------|---------------------------------|
| Welcome 2 | Youth Sports 20-23 |
| ABE 3 | Youth Enrichment 24-31 |
| Adult 4-11 | Fine Arts 32-33 |
| Trips/Tours 10-11 | Middle/High School 34-37 |
| Health and Fitness 12-17 | ECFE 38-53 |
| Gymnastics 18-19 | Registration 54-55 |

Office Staff

Community Education Director

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Administrative Assistant

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Heidi Dehmer (763) 497-6550, ext 7
heidid@stma.k12.mn.us

Facilities/Activity Center Coordinator

Jina Schoenborn (763) 497-6554
jinas@stma.k12.mn.us

Advisory Council

The Community Education Advisory Council represents a cross-section of District 885. The Advisory Council meets quarterly to help identify, coordinate, and evaluate the educational, recreational, social, and cultural opportunities for district residents of all ages. Members of the Advisory Council welcome your ideas, concerns, suggestions and questions.

If you would like to become an Advisory Council member, contact Maryellen Barthel, Director of Community Education
maryellenb@stma.k12.mn.us



SCHOOL ABBREVIATIONS

- AP** Albertville Primary, EC and K
- SE** St. Michael Elementary, Grades 1-4
- BW** Big Woods Elementary, Grades 1-4
- FE** Fieldstone Elementary, Grades 1-4
- MW** Middle School West, Grades 5-8
- ME** Middle School East, Grades 5-8
- HS** High School, Grades 9-12
- CE** Community Education Center, All Ages
- AC** Activity Center @ High School

We are proud to offer programs for people of all ages and abilities.

Adult Basic Education

WEST Adult Basic Education (ABE)

A free Community Education program to help adults age 17 or older develop their basic skills; such as reading, writing, math, work skills, English and technology. (Students must not be enrolled in secondary school)

GED & Basic Skills Information

What is Adult Basic Education? ABE is for any adult whose basic skills (math, reading, writing) are below a 12th grade level on a pretest-even if the person has a high school diploma. This includes language learners to improve their English. Improve your math, reading, and writing for yourself, a job, a GED, or college entrance. Thursday evenings beginning September 13.

Cindy Wood

6:30-9 pm
CE, Room 305 (Enter Door "A" or "D")
FREE



Become a Tutor in 3 Easy Steps

Volunteer to assist adults learning basic reading, writing, math or English language skills. Call Pam at 612-978-6468 to register for tutor training.

Step One: Orientation Meeting

M October 1 6-8 pm
Monticello Eastview Elem Room 401

Step Two and Three:

English & Literacy Training

S October 6 9 am-4 pm
STMA HS Rm 1684 (Enter door C)

Th October 11 6-8PM

Monticello Eastview Elem Room 401

English As A Second Language

For individuals whose first language is not English.

Emphasis is on pronunciation, vocabulary, speaking, reading, and writing. Friendly classroom setting. Pre-Literacy/Beginning to Advanced Level Groups. Students use books, iPads, and computers to learn in a teacher led class.

Morning Classes:

M/W 9-11:30 am

beginning Wednesday, September 5

STMA Community Education Center,

60 Central Ave. W., Room 307, St. Michael.

Free childcare is available by calling

763-497-6550 at least two days prior to class.

Evening Classes:

T/Th 6-8:30 pm

beginning Tuesday, September 11

STMA Community Education Center,

60 Central Ave. W., Room 102, St. Michael.

Sorry, no childcare available during the evening class

GED Testing

Register to take the official test at ged.com, or call 763-272-2040 for more information.

There are 4 parts to the test.

Science (90 min),

Social Studies (75 min),

Reasoning/Language Arts (155 min),

Mathematical Reasoning (120 min)

Computer test only.

ESL/ABE Transitions Class

This class is open to ESL students who have exited ESL or are at a high advanced level. Students can study for their GED, college prep, or basic skills. Instruction will be focused on the individual's needs, plus increased understanding, pronunciation and usage of the English language.

M/W 9-11:30AM

beginning Wednesday, September 5

CE, Room 307 Enter Door "A" or "D"

FREE

Registration begins August 23 at stma.ce.eleyo.com



Parent/Child Classes

Classes to attend with your child

Cake Decorating Wars – Parent/Child

Ages 5 and Up

Have you ever wanted to decorate a cake like a professional? Do you like competitions? Then you will definitely want to be a participant in this class! Team-up with your child and let the fun begin! You and your child will brainstorm designs and then strategically decorate your team's 2-layer, 8-inch cake, using colorful bags of icing and a variety of decorating metal tips to create your masterpiece! Who will win?

Kris Holtmeyer, Artistic Moments

461F3 Th November 8
\$30 6-8 pm
CE, Room 307

Cupcakes & Canvas: Jolly Elf

Parent/Child (Ages 4+)

Grab the whole family and join KidzArt for a fun family painting event. Everyone will create their own jolly elf on an 11x14 stretched canvas (yes, adults you can paint too!). Enjoy a cupcake dessert while we wait for our paintings to dry. *Price is per person*

KidzArt

202F8 T December 4
\$29 6-7:30 pm
CE, Room 106



Cooking with Mom & Dad

Grades 1-6 with a Parent

Let's get "Wrapped Up" with kids cooking! Join us for Greek style chicken pita wraps! We will make a delicious chicken pita complete with fresh veggies and homemade tzatziki sauce! Opa!

Price is per family.

Val Jeffery

448F W October 24
\$40 5:30-7 pm
ME, Room C320 (FACS)



Walt Disney World 101 - Trip Planning, Tips, Tricks & Training

Planning a Disney Vacation can be overwhelming. Join us to discuss: timing, resorts, dining, transportation and cost. From personal experience we can also advise on traveling with special needs, food allergies, and large groups. So pack your patience and grab your gratitude. Get ready for the vacation of a lifetime. Please bring a WiFi device if possible.

Dustin & Melinda Zachman

389F Th October 11
\$10 6-8 pm
MW, Media Center

Adult Enrichment

Adult Classes

Can You Can?

Have you ever wanted to can salsa but weren't sure you could pull it off? Well, you can put your mind at ease after taking this introduction to canning class. You'll learn the steps and procedures to successfully can salsa from a self-proclaimed expert canner! Make and take a jar home with you today!

Curt Hahn

642F W September 19
\$35 6-9 pm
HS, Room 1412 (Enter Door C)

Mini Cake Decorating - Buttercream Icing

Have you always wanted to learn basic cake decorating techniques? Come and join us for this creative class! Brainstorm ideas and have fun creating your own intricate design, or use the instructor's samples as guides for your miniature cake. You will learn how to apply icing to your 5 inch, two-layer cake and use a variety of metal decorating tips and colorful bags of icing to create your festive works of art!

Kris Holtmeyer, Artistic Moments

461F2 M October 8
\$30 6-8 pm
CE, Room 307



Date Night: Fresh Pasta

In this amazing class we'll be making pasta dough from scratch. We'll roll pasta into several shapes, including lasagna sheets, angel hair, fettuccine noodles and ravioli with a delicious butternut squash filling. We will also make two different sauces; one a sage & brown butter sauce and the other a simple tomato sauce. After our hard work we will sit down and enjoy a plate of delicious pasta with a beverage. Buon Appetito!

Becki Melvie, The Abundant Kitchen

279F1 Th September 27
\$59 per person
5:30-8 pm
Abundant Kitchen
134 Lake Blvd S, Buffalo



Knife Skills Basics

In this class students will learn the basics of using and caring for a chef's knife. You'll learn how to sharpen a knife, keep it sharp, and how to store knives. We'll practice foundational skills of slicing, mincing, dicing and julienne of the foundational ingredients to many recipes - an onion, carrot and potato. You'll learn techniques for cutting fruits like oranges, apples, mangoes, melons and pineapple.

In the class, every student will learn how to de-bone a chicken breast. We'll learn the basics of chopping fresh herbs, too. Once you're done with the learning and hands on training, we'll enjoy a meal of everything we've prepared at our community table. Our menu will consist of Rosemary Garlic Chicken, Roast Oven Fries, and Fruit Salad with Pound Cake. Everyone will sit down for a meal together. Class includes one glass of wine, beer, or non-alcoholic beverage. Must be 21 to register.

Becki Melvie, Abundant Kitchen

279F2 W November 14
\$59 5:30-8pm
Abundant Kitchen
134 Lake Blvd S, Buffalo

Registration begins August 23 at stma.ce.eleyo.com



Falling into Better Habits

Start the school year off right with some easy lunch ideas and of course, some time-saver, weeknight dinners! Join Amy, Coborn's Marketplace Registered Dietitian, as she shows off some of her favorite tips and products to making lunches fun as well as nutritious. We know meals get difficult when feeding a family, especially once school starts up again. Amy and the Coborn's team have great solutions for meals both at school and at home. There are options for everyone, even those picky eaters! Meet at the Guest Services Counter.

Amy Peick, RD, LD

465F1 T September 25
 \$10 6-7 pm
 Coborn's, Albertville

Shopping for a Better Lifestyle

No need to dread going grocery shopping! Join Amy, the Coborn's Marketplace Dietitian, for a complimentary grocery store tour! You'll learn about the new concepts we have in our newly remodeled store and Amy will show you some simple tips about shopping for more nutritious options throughout the entire store. Amy will also fill you in on the new shelf-tag programs that are up in stores to help you find better options when she can't be there shopping with you. Meet at the Guest Services Counter. Participants must register for class!

Amy Peick, RD, LD

465F2 T October 2
 FREE 6-7 pm

465F3 T November 13
 FREE 6-7 pm
 Coborn's, Albertville



Beginner & Advanced Beginner Crochet

Want to learn to crochet? Come learn the basics with crochet teacher and designer Abbey Swanson of The Firefly Hook. Two choices will be available: a beginner-friendly beanie and a beanie for those wishing to grow their crochet skills. We will finish off the hat of your choice with a faux fur pom. Both hats are made with bulky yarn and a big hook - you'll be surprised how quickly your project works up. Come have fun and leave with a hat on your head! No experience necessary. All supplies included. (1 faux fur pom per person, additional poms will be available for purchase for \$5 each.)

Abbey Swanson, The Firefly Hook

420F1 S October 27
 \$35 9-11:30 am
 HS, Room 1684

Festive Fall Wreath

Do you like to work with silk florals? Transform a simple straw (or grapevine) wreath into a beautiful work of art! You will have an opportunity to brainstorm ideas for your project. You will learn how to work with a wire cutter and use a wide array of colorful silk flowers, ribbons, and other fun embellishments to design your own festive wreath that you can proudly display!

Kris Holtmeyer, Artistic Moments

461F1 T September 18
 \$30 6-8 pm
 CE, Room 106

Life's Journey in the Second Act: Reflect, Connect & Launch

This amazing workshop is designed for those 50 and over. We will explore issues related to aging and the second half of life including resources to help us reflect on this stage of life, how and where to make connections with those who are exploring this issue as well as those with our same interests, and how to successfully launch into this leg of the journey.

We will use the book, *Disrupt Aging: A Bold New Path to Living Your Best Life at Every Age* by JoAnn Jenkins, to jumpstart our exploration of the "health, wealth and self" issues related to this, the second act! You can either purchase the book on your own, check the book out at the library or purchase the book through us.

Terri Evans

621F T Oct 23-Nov 6
 6:30-8 pm
 \$29
 \$45 (with a copy of the book)
 CE, Room 307

2nd Wednesday Book Club

This book club meets on the 2nd Wednesday of each month at 6:30pm in the Library. It is free to attend and no pre-registration is required. A different book is discussed each month. For complete information contact the St. Michael Library @ 763-497-1998.

September

Great Love: The Mary Jo Copeland Story

By: Michelle Peterson Hinck

October

Before We Were Yours

By: Lisa Wingate

November

A Gentleman in Moscow

By: Amor Towles

December

A Redbird Christmas

By: Fannie Flagg

Adult Enrichment

Intro to Word

Curious as to how Microsoft Word, Google Docs and other word processing systems work or just need a refresher? This class is intended to be an introduction into these programs and will be geared towards the needs of the participants once the initial material is learned.

Marc Olig \$35 6-7 pm

488F1 W Sept 26-Oct 10
HS, Media Center

488F3 W Nov 28-Dec 12
HS, Media Center

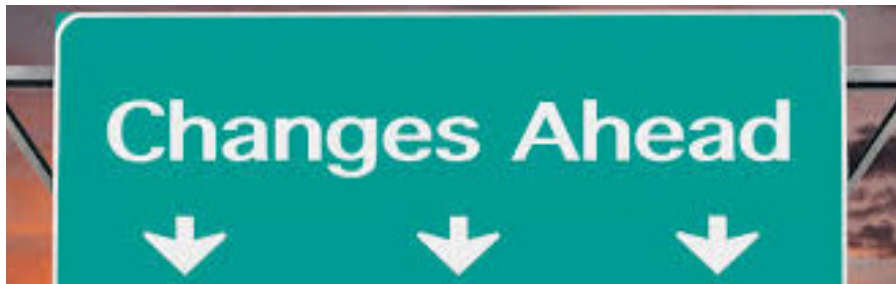
Intro to Excel

Are you interested in seeing how Microsoft Excel or Google Sheets can help organize your world? From keeping budgets to check lists this program can be a benefit to many areas of your life. Class will start with a basic overview of the programs and then be based on the needs and desires of participants.

Marc Olig \$35 7-8 pm

488F2 W Sept 26-Oct 10
HS, Media Center

488F4 W Nov 28-Dec 12
HS, Media Center



7 College Planning Tips You Don't Know About

Families often know more about the next appliance they are going to buy than the college education they are going to purchase, leading many to make avoidable mistakes that cost them thousands and hinder their ability to find the best fit for their child. Come learn from a national expert the insider tips that will greatly enhance your understanding of the college process, reduce anxiety and position your child for success. Class will cover how to avoid mistakes many families make when trying to identify colleges that are truly the right fit, a behind-the-scenes view of how financial aid really works, actionable strategies to save thousands of dollars and tips for working with your teenager on a stressful and emotional process.

*An absolute must-see for parents and grandparents with college-bound students, the class is designed for those with students in grades 10-11.

Cozy Wittman, *College Inside Track*

412F W October 24
\$10 7-8 pm
HS, Media Center

5 Keys to Retire Fearlessly

Will I have enough to retire? - Will my retirement income last? - Are my assets protected? Manage six key risks all retirees face: Outliving their income, inflation, unpredictable events, market volatility, income taxes and rising healthcare costs. Turn retirement concerns into confidence.

Justin Bettinger, *Thrivent Financial*

979F1 Th Sept 20
\$10 6-7 pm
CE, Room 305

Social Security: Timing is Everything

When should I apply for Social Security? How can I maximize my benefits? How will this affect my spouse? You have a lot of questions to answer. Mistakes can be costly. We can provide the guidance you need. Join us for a short presentation, Social Security: Strategize to Maximize, to learn how to sort through the options to help ensure the choices you make are tailored to your needs.

Justin Bettinger, *Thrivent Financial*

979F2 Th Oct 11
\$10 6-7 pm
CE, Room 305

Registration begins August 23 at stma.ce.eleyo.com



Mike Lynch Starwatch Party

You're invited to bring lawn chairs to make yourself comfy as we make the stars your old friends. We will watch the great celestial show in the skies over St. Michael. Get to know the constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and some of their great stories behind them. We'll also use large reflecting telescopes, including two giant reflector telescopes that are among the biggest mobile scopes in Minnesota for close up views of Mars, Saturn, star clusters, galaxies and other magic in our early autumn skies.

Mike Lynch is a meteorologist at WCCO Radio and has been hosting star watch parties and teaching astronomy classes for over 47 years. He also writes a weekly stargazing column for the St. Paul Pioneer Press and is the author of the books; "Mike Lynch's Minnesota Star Watch" and "Stars, a Month by Month Tour of the Constellations." Both books will be available for purchase at a discount. Super cool glow in the dark star shirts will also be available for purchase. Even if it's the cloudy you'll learn a lot, have a great time and get a Mike Lynch "Cloud Check" for a future Minnesota Starwatch Class

Mike Lynch

135F T October 16
7-9 pm MW, Lecture Hall & Outside
\$15 per person / \$25 per family / \$35 per group

"Follow the Bone" Deer Cutting

Ages 12 & Up

This class will teach you the basic skills to cut and cook your deer. We will show you the proper care of the deer - do the actual field dressing, skinning, and cleaning of the carcass. Next we will show you how to cut your deer, from pulling back straps for chops, to the hind for roasts and jerky and trim for ground venison to sausage.

We have added cooking to our classes. This 2-hour class has about 45 minutes dedicated to cooking. We show each primal and talk about how to cut it and cook it-what the best practice is for each piece to cook it for the best end results. Identifying what's better on the grill and tips on how to not overcook venison on the grill to avoid the dry steak. We will have a road kill deer for hands-on experience. Included in this class is our DVD to take with you, 60 minutes cut into 10+ chapters!

Kerry Swendsen, Deer Dummy Inc.

504F M October 29
\$29 7-9 pm
MW, C160 (Enter Door B or Door O)

Woodworking

Participants in this class will learn skills in woodworking for the crafter to the cabinetmaker. For the beginner, demonstrations will include the table saw, jointer, timesaver sander and more. For the advanced person, use of the shapers for raised panel doors and/or the CNC router, and more will be taught. The instructor is a STMA High School Industrial Arts teacher. There is a limit of 10 adults, so register early! A supply fee will be payable to the instructor at class, depending on the project(s) you choose to do.

Scott Danielson

629F1 M Sept 24-Nov 5
(No Class Oct 15)
\$69 5-8 pm
HS, Room 2761

Beginner Welding

Designed for the beginning welder, techniques will be demonstrated in OxyAcetylene welding and cutting, Arc welding, MIG welding and for those interested in welding aluminum, TIG welding. Time will be available for practice welding as well as project building. The instructor is a High School Industrial Arts teacher. Class is limited to 10, so register early! A supply fee will be payable to the instructor at class, depending on the project(s) that you choose to do.

Scott Danielson

629F2 T Oct 16-Nov27
(No Class Nov 6)
\$69 5-8 pm
HS, Room 2766

Adult Enrichment



55 Alive

55 Alive Mature Driving is an innovative classroom driver retraining program for persons age 55 and over. It is designed to help improve driving skills. This course is geared to the specific needs of older motorists. Minnesota state law requires all insurance companies give a premium deduction to all persons who complete this accident prevention course. If you are attending the 8 Hour class you must attend both sessions. AARP members, please bring your card to class.

Larry Kounkel

8 Hour Class

112F T/Th Sept 25 & 27
5:30-9:30 pm
\$20 AARP
\$25 Non-Member
MW, Room F113

4 Hour Refresher Class

118F T October 23
5:30-9:30 pm
\$20 AARP
\$25 Non-Member
MW, Room F113

Swing Dance Workshop

One night, one dance and a lifetime of fun! An “Arch” and a “Loop” are just two of the patterns that can take you from the sidelines onto the dance floor. Couples only please!

Monica Mohn

153F4 W November 28
7-9 pm
\$29 per couple

Party Line Dance

Cupid Shuffle, Cha Cha Slide and Electric Slide! Three fun line dances that will get you off your chair and onto the dance floor, isn't it time to join the party? No partner needed for a night of fun!

Monica Mohn

153F1 W November 14
6-7 pm
\$10 per person

2-Left Feet Social Dance

Convinced that you have 2-left feet and that dancing is not meant for you? Or, someone you know? But still... it would be helpful to know a few steps. Just in case... Learn fun moves and simple tips from a pro to ease you over those times. A touch Foxtrot, a smattering of Waltz and a jazzed up “high school prom Swing & Sway” are all it takes! And you'll be out on the dance floor! Couples only please!

Monica Mohn

153F2 W November 14
7-9 pm
\$29 per couple

Country Line Dance

An hour of dancing that is fun, easy to learn and doesn't require a partner. Slappin' Leather and Honky Stomp are 2 classics that will have you dancing the night away!

Monica Mohn

153F3 W November 28
6-7 pm
\$10 per person



Registration begins August 23 at stma.ce.eleyo.com



Dog Obedience

Classes are held at Monticello Pet Hospital, 4134 School Blvd in Monticello and are taught by Cathy Mahr. All participants must bring proof of vaccinations (per veterinarian's recommendations), collar and leash, along with treats.

For additional class offerings, please visit retrieversetc.com



Puppy Kindergarten

This class is for puppies 9 weeks to 5 months old. Puppies learn needed social skills while meeting and playing with other puppies. They meet new people and learn about sitting for petting instead of jumping, as well as how to play without biting people. Basic dog obedience commands are taught including come, sit and down.

123F1 T Oct 2-30
\$90 6-7 pm

Basic Dog Obedience

For dogs 6 months and older. Work on basic obedience commands such as heel, sit, stay, come, stand and down. All training is done on leash and collar. Recommendations are made by the instructor based on each dog's temperament.

123F2 T Oct 2-30
\$90 7-8 pm

Intermediate Dog Obedience

This class will help you prove everything your best friend has learned in the basic classes. We will include retrieving, jumping, and drop on recall. You will be working toward better on-leash as well as advancing to off-leash work.

123F3 T Oct 2-30
\$90 8-9 pm

Trips and Tours

All trips depart from St. Michael Elementary. Select trips are co-sponsored by STMA and Monticello Community Education. Register your entire party for seats/tickets together. Please register by dates listed to ensure tickets.

Cirque Du Soleil – Corteo @ Target Center

Corteo, which means "cortege" in Italian, is a joyous procession, a festive parade imagined by a clown. The show brings together the passion of the actor with the grace and power of the acrobat to plunge the audience into a theatrical world of fun, comedy and spontaneity.

254F Su November 11
11:30 am Depart St. Michael Elem. Front Parking Lot
4 pm Approximate Return
Adult Fee
\$46 includes ticket & school bus transportation
Child Fee (Under 12 years old)
\$39 includes ticket & school bus transportation
Registration & Payment deadline is October 5



Adult Enrichment

Historic Northfield, MN

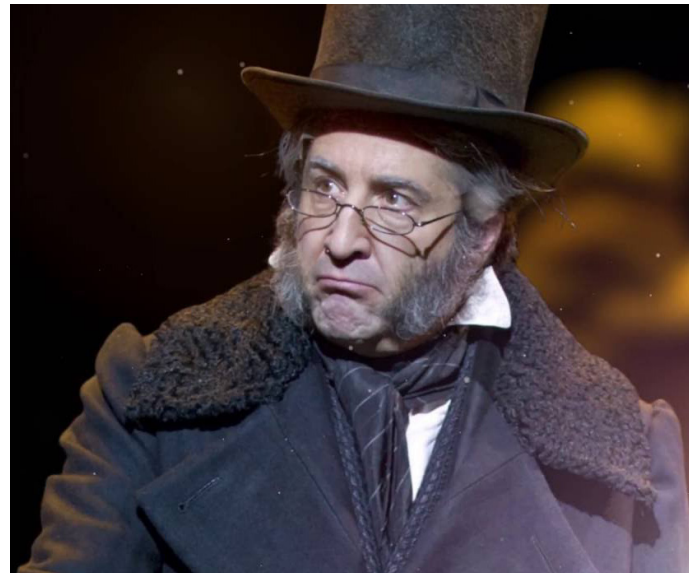
Please join us as venture down to Northfield, MN. We will start our day with a stop at the Northfield Historical Society Museum. The Museum is home to Northfield's famous bank raid site. It appears as it did Sep. 9, 1876, when the James-Younger Gang attempted to rob it. After the museum, you will have lunch at The Ole Store Restaurant. Lunch will be a cup of homemade soup, sandwich, beverage and cookie. After lunch, a local tour guide will join the coach bus for a tour of the city. After your city tour we will head back home.

362F Tuesday, October 16
8 am Depart St. Michael Elementary School
Front Parking Lot
4 pm Approximate Return
\$65
Registration deadline: September 25

Historic St. Croix Valley Train Ride and Brunch

Please join us as we take a trip back in time on the Historic St. Croix Valley Train. You will travel by motor coach to Osceola, WI and board the train. Train will travel high on the bluffs of the St. Croix River and you can enjoy the beautiful woodlands full of wildlife in the backwaters. You will cross the river on a Swing Bridge that used to open to let Steamboats pass through. While on the train enjoy brunch. Brunch will consist of scrambled eggs with ham, roasted herbed potatoes, bread, and beverages. The train will travel to St. Croix on Main before returning to Osceola. It is a great trip for the whole family.

939F Thursday, September 27
9 am Depart St. Michael Elementary School
Front Parking Lot
3 pm Approximate Return
\$85
Registration Deadline: September 10



A Christmas Carol-Gurthrie Theatre

A Twin Cities holiday tradition

Ebenezer Scrooge greets each Christmas with a "bah humbug," until he is visited one Christmas Eve by the Ghosts of Christmas Past, Present and Future. Through a restless night, the spirits show him happy memories from his past, cruel realities from the present and the grim future should he continue his cantankerous ways.

Charles Dickens' A Christmas Carol is a perennial favorite that continues our holiday tradition for the 44th year. Now is the time to experience this cherished production with your loved ones!

938F
Saturday, December 1
11am Depart St. Michael Elementary School
Front Parking Lot
5pm Approximate Return
Fee: \$85
Registration Deadline: October 17

Trips fill fast - Register Early!

Registration begins August 23 at stma.ce.eleyo.com



Knights Activity Center

The Activity Center is located at
5800 Jamison Ave NE, St. Michael
Please enter Door "C".

For more information call
763 497-6541.

Memberships

Individual, family and student memberships are available for purchase at the High School Activity Center. The Activity Center has six basketball courts, baseball/softball cages, a 5,000 sq. ft. fitness center, and an indoor running/walking track for the public to use.



Activity Center Hours

Monday-Friday
5 am-8:30 am
3:30 pm - 9 pm (Under 18)
3:30 pm - 10 pm (Adults)
Saturday & Sunday
8 am - 5 pm

Fall Activity Center Open Gym (As of September 4th)

Monday-Friday
5 am- 8:30 am
6 pm-9 pm (Under 18)
6 pm-10 pm (Adults)
Saturday & Sunday
8 am-5 pm
Enter Door "C"

AC Members: Free
Non-Members: \$5 at door

Note: The Activity Center Policy states that children under the age of 12 must be supervised by an adult!

Activity Center Birthday Party Rentals

Package A - \$50

- Use of 1 Activity Center Court for 1-10 children for 1½ hrs
- Ability to set-up courts for basketball, volleyball, or tennis
- Use of Cafeteria for 1 hour

Package B - \$75

- Use of 2 Activity Center Courts for 1-10 children for 1½ hrs
- Ability to set-up courts for basketball, volleyball, tennis, kickball, or soccer
- Access to batting cages
- Use of Cafeteria for 1 hour

Package C - \$100

- Use of 2 Activity Center Court for 1-20 children for 1 ½ hours
- Ability to set-up courts for basketball, volleyball, tennis, kickball, or soccer
- Access to batting cages
- Use of Cafeteria for 1 hour

**Contact STMA Community Ed.
at 763-497-6541 or
stma.ce.eleyo.com for more details
Weekends only, call for availability.**



**Activity Center
Memberships Available!
Call 763-497-6541
for more information**

Health and Fitness

Pickleball

Are you 50 years of age or older and would like to get some exercise while meeting new people? Come to the Activity Center on Tuesday evenings from 6:30-8:30 pm for open Pickleball! Pickleball is a cross between tennis, racquetball and badminton and is one of the fastest growing sports in the United States among seniors! We have all the equipment and the cost is only \$2 per person. Bring a friend! Come early because the courts fill up fast!

T Begins September 4
\$2/night
6:30-8:30 pm
AC, Court 2 (Enter Door "C")

Senior Workouts

Do you want to walk and/or run at the Activity Center but not during our busy hours? Senior Citizens (62+ years old) around the community are invited to use the Upper Walking/Running Track for free. Come in and get some exercise!

M-Th Begins September 4
FREE for District 885 Residents
5-9:30 am
AC, Enter Door "C"



Open Tennis

Call the AC office at 763-497-6541 to reserve your court on Friday evenings and Sunday afternoons. Courts may be reserved by the half hour depending on availability.

F 7-9 pm
Su 3-5 pm
AC Members: Free
Non-Members: \$5 at door



Men's Basketball League

Looking for something to do this fall? Get your buddies together and form a basketball team. The league will run eight weeks at the Activity Center on Wednesday nights beginning September 6. Playoffs will follow the regular season. Call 763-497-6541 to register your team by August 30th to guarantee your team a spot in the league. There will be an informational captains meeting going over all of the rules and expectations of the league on Wednesday, August, 30th at 7 pm at the STMA high school in health room #1684. All Captains are highly encouraged to attend this meeting.

W Sept 12-Nov 21
\$100 per team
AC, Courts (Enter Door "C")

Over 40 Basketball

Ages 40 and older

The Middle School West gym is open for over 40 basketball on Wednesday evenings. There is a \$1 fee per night payable at the door. This activity is for STMA district residents only. The gym is closed during the holidays. Pre-registration is not required.

W Begins Sept 19
6-9 pm
MW, Gym

Adult Co-Ed Volleyball League

Our very popular volleyball league is back! Pre-registration is available starting September 18 to all teams who played in one of our four leagues last season. Registration will be open to all other interested teams starting on October 3. Team captains are required to attend the informational meeting on Wednesday, November 7th at 7 pm at the STMA High School in Health Room #1684, and should have their league fee and team roster submitted by that time. Games will be played on Wednesday evenings starting November 28. The season is 11 weeks long, and will be followed by a single elimination, playoff tournament! This very popular league has maxed out the past few years so register early! Call 763-497-6541 to register your team. The deadline to register your team is Wednesday, November 7.

Captain's Meeting

W November 7
\$150 per team 7 pm
AC, Health Room #1684 (Enter Door "C")

Registration begins August 23 at stma.ce.eleyo.com



Yoga Basics

Are you interested in learning the basic poses, proper alignment and breathing techniques of yoga? Join Nicole Roddy on your mat for this exciting 6 week course, cultivating a foundation for your practice. Guiding a Vinyasa style yoga flow, students will learn to mindfully link breath to movement. Strengthening your mind, body and spirit. No experience is necessary for this class, all fitness levels are welcome! Whether you prefer a good sweat, deep stretch, or a mental break, this course will offer something to everyone. Please bring your own yoga mat and water to class. Yoga blocks/straps are encouraged as well. I do incorporate essential oils into my practices for an even more unique experience.

Nicole Roddy

517F1 M Sept 17-Oct 22
\$65 6-7 pm
CE, Room 105

517F3 M Nov 5-Dec 17
(No Class Dec 3)
\$65 6-7 pm
CE, Room 105

**Classes fill fast!
Registration begins
at midnight
Thursday, August 23.**

Candlelight Yoga

Join Nicole Roddy on your mat for this fun 6 week Candlelight Yoga course. This class focuses on poses that promote relaxation, restoration and rejuvenation. Restorative poses help relieve the effects of chronic stress, including weakness and fatigue brought on by our daily fast paced lifestyles. Cultivate awareness by bringing our attention to the areas we hold tension, and consciously releasing and letting it go.

Nicole Roddy

517F2 M Sept 17-Oct 22
\$65 7:30-8:30 pm
CE, Room 105

517F4 M Nov 5-Dec 17
(No Class Dec 3)
\$65 7:30-8:30 pm
CE, Room 105

Low Impact Aerobics

Have a great time getting into shape with low impact aerobics. All levels of fitness welcome. Emphasis on cardiovascular fitness and muscle toning. Try this total body workout. You'll be glad you did! Please bring your own mat and light weights to class. You may purchase a punch card from the instructor at class.

Lori Schoenborn

T/Th Sept 6-Dec 20
(No class Sept 13, Oct 18,
Nov 8 and 22)
\$24 (Punch card for 12 classes)
6:30-7:30 pm
AP, Cafeteria or Gym

Winter session will
continue Jan 3, 2019



Self-Care isn't Selfish!

Taking care of yourself is taking care of business!! Using principles, tools and techniques from yoga and Ayurveda ("science of life"), you'll learn how to balance, nurture, and nourish yourself through the long, dry, cold season of winter. Besides lecture and hand-outs on daily routine, diet, rejuvenation, and self-massage, this class will include a seasonally-supportive yoga practice, breathwork, and guided relaxation. Bring a yoga mat if you have one (some will be available), a blanket, and wear comfortable clothing.

Amy Jensen, Healing Arts LLC

692F Th November 29
\$29 6-8 pm
CE, Room 105

Health and Fitness

Pickleball Tournament

(Ages 18 and up)

Find a partner and come to the Activity Center for this fun and entertaining one-day pickleball doubles tournament. Participants will compete against other teams in a bracketed tournament. There will be an "A" bracket for more experienced teams, and a "B" bracket for novice players, provided that enough teams sign up for both. Teams must register prior to the event.

639F S Oct 20
 \$5 per team
 9 am-Noon
 AC, Court 4 & 5
 (Enter Door "C")



Early Bird Boot Camp (Tabata)

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an interval training circuit, which gets the body's major muscle groups involved. With high intensity exercise, your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 sessions per workout. Modifications for exercises and rest periods are offered, so it is perfect for any fitness level. This full body early morning workout is guaranteed to transform your body!

Please bring an exercise mat and medium weight dumbbells.

Instructor: Kristy Hegrenes



AC Members \$40
 Non-Members \$50
 5:30-6:15 am

418U1 Tu/Th Sept 4-27
 AC, Court 3

418U2 Tu/Th Oct 2-25
 AC, Court 3

418U3 Tu/Th Oct 30-Nov
 27
 (No Class Nov 22)
 AC, Court 3

418U4 Tu/Th Dec 4-20
 AC Members- \$30
 Non-Members-\$37.50
 AC, Court 3

Aquatics

The pools is located at
STMA Middle School East
4862 Naber Ave NE
St. Michael

Swim Admission

Children 4 and under - FREE
 Students and Adults - \$3
 Family - \$6
 Children 7 and under must be accompanied by an adult in the water.

Pool Passes available at the pool.
 Good Sept 1, 2018 - Aug 31, 2019
 Individual Pass - \$50
 Family Pass - \$70

Lap Swim

M/W/F Begins September 5
 7-8:30 am
 No Lap Swim
 Sept 24, Oct 5, 8, 15 & 22

Open/Lap Swim

W Begins September 5
 6:30-9 pm

Aqua Aerobics

A terrific way to have fun and stay in shape. A great way to tone muscles and improve cardiovascular endurance. Perfect workout for all who love water. If you would like to try the class out, \$4 per visit.

Lori Schoenborn

M/W/F Sept 5-Dec 21
 (No Class Sept 17, Oct 19,
 Nov 21, 23)
 7:30-8:20 am
 \$36 or \$72 punch card
 Punch cards available at class

*Winter session will begin again Jan 2

Activity Center Members Swim for FREE during Open Swim and Lap Swim! Check out Activity Center Memberships for more information.

Registration begins August 23 at stma.ce.eleyo.com



Group Hypnosis

Weight Loss Hypnosis Seminar 1

Still fighting "the battle of the bulge"? Tried everything? Stop cravings for sweets, fatty greasy foods, pop etc. Stop snacking in between meals and evenings. Stop thinking about food. Try hypnosis with a certified professional. Hypnosis works with the subconscious mind, breaking old habits and creating positive ones. Increase your willpower, motivation and self-confidence and create positive exercise habits. This seminar can pay for itself in less than 2 weeks!

Stop Smoking/Chewing Tobacco Seminar 2

If you want to stop smoking, hypnosis may be the tool you have been searching for. Hypnosis works with the subconscious mind to help stop this negative habit without cravings, withdrawals, mood swings and weight gain. If you smoke a pack a day or chew a tin a day, this seminar will pay for itself in 1 week!

You will be conscious at all times. Wear comfortable clothing and bring a pillow and sleeping bag/blanket for added comfort as you will have the option to relax in a chair or on the floor during the hypnosis portion. Please specify smoking or weight loss hypnosis. All sessions include a free reinforcement CD and a lifetime card which allows participants to attend future seminars FREE, if further reinforcement is desired. Lifetime members must present their card.

For more information www.hypnosisclinic.net.

Mary Fischer, D.C.H-c,C.HT

424F W October 24
\$65 per seminar
5:45 pm Check-In, Get Materials
6 pm Introduction
(All participants must attend)
7-7:45 pm Weight Loss
(Smokers/Chewers take a break)
8-8:45 pm Stop Smoking/Chewing
CE, Room 105 (Enter Door D)

Write Your Will

If you were to pass away unexpectedly, would your wishes be carried out? Who would coordinate the probate for your estate? Who would be the guardian of your children? To whom would your assets be distributed? We'll answer these questions through drafting a basic will with guidance from a licensed attorney. This class is appropriate for you if your individual assets total less than one-million dollars (including real estate, life insurance, and retirement assets). You'll leave class with a legal and effective will. Prior to class, you will receive and must complete a questionnaire from Community Education. Basic computer skills are helpful, as you will type your will on a computer. If registering as a couple, both must register separately and both must attend class to draft and sign their will. Please provide an email address when registering.

Kristi Weikel

975F Th Nov 1
\$65 6-9:30 pm
MW, Media Center

Medicaid

Learn now how to prepare yourself in the event of a disability and aging. We will cover how to financial and legally plan for your possible future needs, and help protect assets for you and your spouse. We will cover Medical Assistance (Medicaid) rules, income and asset guidelines and state programs for disabled and elderly persons. Presented by a collaborative with attorney Mike Redden, financial representatives Justin Bettinger, Lynne Lien, and LanaLee Lambrecht PHN.

Justin Bettinger, Thrivent Financial

979F3 Th Nov 1
\$10 6-7 pm
CE, Room 307



Medicare 101

What exactly is Medicare? What's part A? This class will take the mystery out of Medicare. Part A, B, C and D: what do they cover and when can I enroll? What is new with Medicare? You will get the answers to all of your questions about Medicare in this class. A must for those close to or thinking about retiring.

Stefany Jessen

619F1 T September 18
\$10 6-7:30 pm
CE, Room 307

619F2 T December 11
\$10 6-7:30 pm
CE, Room 307

Health and Fitness

Facial Reflexology

You will learn how to help the stress held in your face and how to alleviate the undue stress within a few minutes. This is helpful for anyone that experiences sinus issues, pressure along the jaw and over the eyes, and many more. Come to class without makeup or a way to remove it prior to class.

Celina McKenzie, Body Rhythms Massage & Reflexology

480F1 M October 22
\$29 6-8:30 pm
CE, Room 307

Sound Bath

This is a unique way to assist your body to go into a super deep state of relaxation. You'll want to bring in a yoga mat and dress in something comfortable for this experience. Tibetan singing bowls have been used in a variety of ways for decades. Let me show you how to relax in style with your own sound concert with these amazing vibrational sound bowls.

Celina McKenzie, Body Rhythms Massage & Reflexology

480F2 M November 12
\$29 6-7:30 pm
CE, Room 307



Foot Reflexology

You'll "walk out" of this class being able to assist your own health by utilizing this technique on yourself and your loved ones. Who wouldn't want to help themselves reduce stress and tension and improve their circulation? This class comes complete with demos along with handouts for future reference. Please clip your nails before class.

Celina McKenzie, Body Rhythms Massage & Reflexology

480F3 M December 10
\$29 6-9 pm
CE, Room 307

Couples Massage

Are you tired of calling around to find a place that offers couples massage? Ever thought of learning how to do this for your loved one? Learn tips and tricks on how to massage your family or close ones in the comfort of your home. One massage table will be brought in for viewing.

Celina McKenzie, Body Rhythms Massage & Reflexology

480F4 M December 17
\$29/person \$55/couple
6-8:30 pm CE, Room 105

Registration begins August 23 at stma.ce.eleyo.com



Gymnastics

Fall Session ~ Sept 10 thru Nov 9

Monday: Sept. 10, 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5 (9 Sessions)
 Tuesday: Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30 (8 Sessions)
 Wednesday: Sept. 12, 19, 26, Oct. 3, 10, 24, Nov. 7 (7 Sessions)
 Thursday: Sept. 13, 20, 27, Oct. 4, 11, 25, Nov. 1, 8 (8 Sessions)
 Friday: Sept. 14, 21, 28, Oct. 5, 12, 26, Nov. 2, 9 (8 Sessions)

No class Nov. 6
 No class Oct. 17, 31
 No class Oct. 18
 No class Oct. 19

Class Location: Middle School EAST Gymnastics Room
 Coaches: Bre Fowler and Christy Dahmen
 Coach's email: STMA.GKG.coaches@gmail.com

My Baby Gymnasts

10-23 Months

My Baby Gymnast is designed to help your child develop physical, mental, and social skills through various activities and exercises while strengthening the parent/child bond. This is an open gym style class where your child can explore the room guided by parent visiting coaches at various stations around the gym.

No dresses or skirts. Parent: Clothing that allows free movement and stocking feet.

472F1 W 6-6:30pm \$42

Mommy/Daddy and Me

Girls and Boys Ages 2 to 3 with Adult

Gymnasts will familiarize themselves with the gymnastics environment while moving in structured rotations through the apparatus. No dresses or skirts.

Parent: Clothing that allows free movement and stocking feet.

472F2 T 4:30-5pm \$48
 472F3 W 5:30-6pm \$42
 472F4 W 6:30-7pm \$42

Tumbling Tots

Girls and Boys Ages 4 & 5

Gymnasts will become familiar with the gymnastics environment, equipment, and coaches. We will begin to learn fundamental gymnastics skills while moving in structured rotations.

472F5 T 5-5:30pm \$48
 472F6 W 5:30-6pm \$42
 472F7 W 7-7:30pm \$42



Students should wear a leotard or form fitted clothing.
 For safety reasons, No Stocking Feet Allowed!
 For all classes, Age 6 and older, hair should be pulled away from the face with a snug hairpiece.

Registration begins August 23

Non-District 885 Residents pay an additional \$10 per class

Beginner

Girls Ages 6 + or Coach Referral

The gymnast will begin to learn fundamental skills of gymnastics.

472F8 T 5:30-6:30pm \$72
 472F9 W 4:30-5:30pm \$63
 472F10 Th 4:30-5:30pm \$72

Intermediate

Girls Age 6 + and Passed Beginner

The gymnast will learn more advanced skills in this class. Girls must be able to perform a cartwheel on floor, demonstrate jumps in a tuck, pike and straight position, have a pull up pull over on bar and show confidence and strength on uneven bars and beam.

472F11 T 5:30-6:30pm \$72
 472F12 Th 4:30-5:30pm \$72

Advanced

Girls with Coaches Referral

To attend this class, the gymnasts must be able to perform a full turn on beam, back and front walkovers, power round off, pop up on vault. Gymnasts will begin to learn long hang pullover and handsprings on the vault. As we progress forward, more advanced students will begin back handsprings, front handsprings and kips.

472F13 M 7-8:30pm \$108

Gymnastics

High School Training

This class is open to current HS gymnasts or students interested in competing in HS gymnastics next year.

472F14 M 6:30-8:30pm
472F15 T 6:-8:30pm \$236

Golden Night Team Meet & Greet

All four of our Competitive Teams will perform an exhibition on each event starting at 11:15 am for those in attendance. After the show, visiting gymnasts will be able to join the team on the equipment for open gym time. Be sure to wear appropriate attire (leotard or fitted clothes). There will be a photographer on site if you would like to order individual gymnastic pictures for your gymnast on the beam, floor or bar. Please register by September 22.

472F20
FREE - Must pre register.
October 6
11 am - Doors Open



Competitive Preparation

Invite Only contact Bre or Christy to schedule an evaluation

This class is a year long commitment with practices two days a week. The class will be conditioning 30 minutes with our competitive teams, with a possible opportunity to participate in a mock meet and a home meet at our gym. It is designed and focused on preparation for competitive gymnastics, with the expectation of attending tryouts the following year. Shorts are not allowed.

472F16 M 6:30-8:30pm
Th 4-6:00pm \$215

Registration begins August 23

Non-District 885 Residents pay an additional \$10 per class

Girls Competitive Travel Team Program

Girls with Coach Referral Only
Shorts are not allowed.

Three days a week for Golden, Royal, and Noble
M 4-7 pm
T 6-8:30 pm
Th 5:30-8:30 pm
\$393

Two days a week for Mighty
M 4-7 pm
Th 5:30-8:30 pm
\$300

Competition Fee
Golden & Royal \$137
Noble & Mighty \$112

Total Fees for Fall
472F17 Golden & Royal Total \$530
472F18 Noble \$505
472F19 Mighty \$412

Students should wear a leotard or form fitted clothing. For safety reasons, No Stocking Feet Allowed!
For all classes, Age 6 and older, hair should be pulled away from the face with a snug hairpiece.

Registration begins August 23 at stma.ce.eleyo.com



Boys Football

Grade 3

Boys will be instructed in the fundamentals of football, sportsmanship and team play. Helmets and pads will not be used. Students will meet in their gym before each session. Catholic school students should register for 158F1. White mesh jerseys are the same as the last three years.

\$20-No Jersey \$32-Includes Jersey

158F1 M Sept 17-Oct 8
SE, Gym 2:20-3:45 pm
Mr. Solum, Mr. Allerson, &
Mr. Hanson

158F2 T Sept 18-Oct 9
BW, Gym 2:20-3:45 pm
Mr. Kliber & Mr. Klein

158F3 TH Sept 20-Oct 11
FE, Gym 2:20-3:45 pm
Mr. Schumm, Mr. Solum,
Mr. Allerson & Mr. Kliber



Youth Wrestling

Kindergarten

These sessions are designed for beginning wrestlers. Parents are encouraged to assist instructors by reinforcing the skills presented. The fee includes a T-shirt.

171F1 M Nov 12-Jan 28
(No practice Dec 3, 24, 31, Jan 21)
\$40 6:30-7:30 pm
HS, Wrestling Room (Enter Door C)

Youth Wrestling

Grades 1 & 2

These sessions are designed for either beginning or experienced wrestlers. Parents are encouraged to assist instructors by reinforcing the skills presented. Information about area tournaments will be provided. The fee includes a T-shirt.

171F2 T Nov 13-Jan 29
(No practice Dec 25 & Jan 1)
\$48 6:30-7:30 pm
HS, Wrestling Room (Enter Door C)

Youth Wrestling

Grades 3-6

This program will instruct the wrestlers in basic techniques and rules of wrestling as well as how to train and compete in tournaments. Information regarding area competitions will be provided as the season progresses. The fee includes a T-shirt.

171F3 T/Th Nov 13-Jan 31
(No Practice Nov 22, Dec 25, 27, Jan 1)
\$70 6:30-7:45 pm
MW, Wrestling Room
(Enter Door B or Door C)

Boys In-House Basketball

Grades 1-4

The boy's basketball program for grades 1-4 begins in January.

Grades 5 & 6

Player/Practice evaluation information to come. The season begins in mid-October and ends on Saturday, December 15 with an in-house tournament.

Flyers will be available on Peachjar or register online at
www.stma.ce.eleyo.com.

Boys Traveling Basketball Tryouts

Grades 4-8

Players must attend both tryout days!

Su September 23
HS, Main Gym
12-1:30 pm - 4th Grade
1:45-3:15 pm - 5th Grade
3:30-5 pm - 6th Grade
5:15-6:45 pm - 7th Grade
7-8:30 pm - 8th Grade

M September 24
MW, Gym
6-7:30 pm - 7th Grade
8-9:30 pm - 8th Grade

T September 25
MW, Gym
5-6:15 pm - 4th Grade
6:45-8 pm - 5th Grade
8:30-9:45 pm - 6th Grade

\$50 payable to STMA Community Ed.
\$210.00 payable to STMA Boys Basketball if your son makes a traveling team.



Youth Sports

1st Grade Girls

In-House Basketball

Girls will learn the basic skills of basketball, shooting, passing, dribbling and defense. Adult coaches are needed and should sign up online. The coaches meeting is Monday, September 11 at 6:30 pm in the Community Ed cafeteria. *Schedule & jersey pick up is Monday, September 18 from 8:30 am-5:30 pm in the Community Ed Office.*

\$42 Jersey Fee \$25 (Must have or purchase a jersey)

144F1
Practices: T Sept. 25-Nov 13
6-7 pm
SE, Gym
Games: S Sept. 29-Nov 17
(No game Oct 20)
SE, Gym
Time, TBD

2nd Grade Girls

In-House Basketball

Girls will continue to improve their shooting, passing, dribbling and defense. Adult coaches are needed and should sign up online. The coaches meeting is Monday, September 11 at 6:30 pm in the Community Ed cafeteria. Practice and game schedules will be emailed on September 15. *Schedule & jersey pick up is Monday, September 18 from 8:30 am-5:30 pm in the Community Ed Office.*

\$42 Jersey Fee \$25 (Must have or purchase a jersey)

144F2
Practices: T Sept 18-Nov 13
6:15-7:15 pm
Gyms, TBD
Games: S Sept. 29-Nov 17
(No game Oct 20)
Gym & Time, TBD

3rd & 4th Grade Girls

In-House Basketball

Girls will continue to work on the basics of basketball and more plays will be introduced. Adult coaches are needed and should sign up online. The coaches meeting is Monday, September 11 at 6:30pm in the Community Ed. cafeteria. Practice and game schedules will be emailed on September 15. *Schedule & jersey pick up is Monday, September 18 from 8:30am-5:30pm in the Community Ed. Office.*

\$55 Jersey Fee \$25 (Must have or purchase a jersey)

144F34
Practices: M/Th Sept. 17-Nov 12
(No practice Oct 18, Nov 1, 5, 15)
6-7:15 pm
Gyms, TBD
Games: S Sept. 29-Nov 17
(No game Oct 20)
Gym & Time, TBD

Fall Cheer Clinic

Grades K through 8

Come join the Varsity Cheer Team and their coach for a one day cheer clinic to learn jumps, cheers, and a short dance all to prepare for a pre game performance at the Varsity Football Game on Friday, Sept. 21. Participants will receive a t-shirt which they will wear to the game.

Coach Stephens

255F S September 15
\$35 9 am-Noon
HS, Gym



Girls Traveling Basketball Tryouts

Su September 9
HS, Gym
Grades 4, 5 & 6 2-4 pm
Grades 7 & 8 4-6 pm

Pre-Tryout Clinic
Th September 6
6-7:30pm MW, Gym

Travel Parents Meeting
Th September 13
7 pm MW, Cafeteria

Register online: www.stmagbb.com
Registration Closes on Friday, Sept 7
Traveling basketball is not sponsored by
Community Education.

Registration begins August 23 at stma.ce.eleyo.com



Boys & Girls Youth Development Volleyball Teams (YDT)

Grades 1 to 6

Information can be found at www.stmajo.org or
email stmaydtvolleyball@gmail.com

Girls Junior Olympic Volleyball (JO)

Grades 5 to 10

Boys Junior Olympic Volleyball

Ages 12-14

Informational meeting: October 3 6-8:30 pm ME, Cafeteria

Tryouts: November 11 11 am-6 pm ME, Gyms

Information can be found at

www.stmajo.org or email stmajovolleyball@gmail.com

YDT and JO are not sponsored by STMA Community Education.



Ski Club

Grades 6-12

Community Education will again offer the Powder Ridge Six Time Ski Program. There will be a parent informational meeting on Monday, Nov 5 at 6:30 pm in the MW Cafeteria. The meeting is designed especially for parents who have not had a child in Ski Club.

Registration flyers will be available at school the last week of October. Adult chaperones are needed on the following ski nights: Tuesday, Dec 11, 18, Jan 8, 15, 22 and 29 and a bonus night February 5.



Youth Sports

Youth Tennis

Ages 9-11

This instructional class is offered by Nathan Erickson. Nathan has been giving tennis lessons for over 10 years, and is passionate about the sport. In this course, he will improve your child's hand-eye coordination and introduce them to the basics of tennis including the forehand, backhand, and volley in this four-session class. Don't forget to bring your own racquet! Space is limited so sign up early!

192F F Nov 9-Dec 7
(No Class Nov 22)
AC Members \$25
Non-Members \$35
6:30-7:30 m
AC, Court 2 (Enter Door "C")



Munchkin Sports

Boys and Girls ages 3 & 4

Munchkin Sports is a great way to introduce your child to the many benefits of sports including concentration, teamwork, skill development, and most importantly, fun! This program will run for 3 weeks on Monday nights and will include the sports of T-Ball, Soccer, and Kickball. Register your child right away because there are limited spots available! Volunteer coaches needed! Contact the AC for more info: 763-497-6541

214F1 M Sept 17-Oct 1
\$25 5:30-6:15 pm
AC, Athletic Fields and AC

214F2 M Sept 17-Oct 1
\$25 6:30-7:15 pm
AC, Athletic Fields and AC

Note: The Activity Center Policy states that children under the age of 12 must be supervised by an adult.



Youth Flag Football

Boys and Girls ages 6-9

Are you ready for some flag football? Children interested in learning about the game of football should sign up for this fun introductory program! Class will consist of teaching the basics of the game through skill stations, drills and games. There are a limited number of spots.

Volunteer coaches needed! Contact the AC for more info: 763-497-6541

\$20 No Jersey \$30 Includes Jersey

Ages 6-7

415F1 T Sept 18-Oct 9
6-7 pm
HS, Football practice fields

Ages 8-9

415F2 Th Sept 20-Oct 11
6-7 pm
HS, Football practice fields

MEA Break Sports Sampler

Ages 8-10

Looking for some fun activities to do over MEA break this fall? Look no further than the Activity Center. This class will include kickball, flag football, and dodgeball! This event is sure to be entertaining, so make sure to sign up and get in on all the fun!

236F1 W October 17
\$5 2-3:30 pm
AC, Enter Door "C"

3-Point Shoot-out

Grades 7-12

Have you ever watched the NBA and WNBA 3-point contests on All-star weekend and wondered how many 3-point shots you could make in 60 seconds? Enter this contest to see where you rank amongst your peers in 3-point shooting!

680F T October 9
FREE 6 pm
AC, Court 4

Registration begins August 23 at stma.ce.eleyo.com



Youth Activities

Fun for kindergartners



Games & Bingo

Kindergarten

Do you like to play games? Come and make some new friends and play some new and old games. We will end each class with a few games of BINGO!

Marlene King \$15 2-3:30 pm

347F1 M September 17
AP, Room TBD

347F2 M October 8
AP, Room TBD

347F3 M November 19
AP, Room TBD

Pumpkin Canvas Painting

Kindergarten

Learn how to mix colors and paint pumpkins on a canvas to get you in the mood for Halloween.

Tall, short, thin, fat you decide!

Marlene King

347F7 M October 22
\$19 2-3:30 pm
AP, Room TBD

Letters to Santa

Kindergarten

Do you know what you want for Christmas? Write a letter to Santa with your wish list ready to go. When you are finished you can decorate your very own cookie plate to use for Santa or yourself.

*Please send your child's address if you would like them to receive a letter from Santa

Marlene King

347F8 M December 10
\$15 2-3:30 pm
AP, Room TBD

Christmas Cookie Decorating

Kindergarten

Who's ready for Christmas cookies? Come and decorate some cookies for Christmas with your friends. Share with your family or save for Santa!

Marlene King

347F9 M December 17
\$15 2-3:30 pm
AP, Room TBD

Holiday Craft

Kindergarten

Come for one or come for all as we create a fun craft to line up with the holiday or season!

Marlene King \$15 2-3:30 pm

347F4 M October 29
Halloween Craft
AP, Room TBD

347F5 M November 5
Fall Craft
AP, Room TBD

347F6 M November 26
Christmas Craft
AP, Room TBD



Los Chiquitos

Kindergarten

In this class, your child will love learning Spanish with our playful approach that parallels the "natural language acquisition model." Using books, games, songs and crafts, our Los Chiquitos Spanish classes provide a dynamic introduction to the Spanish language. Your child will learn how to ask and answer basic questions in Spanish, count from 1-20, recognize colors and family members in Spanish y mucho más!

Futura Language Professionals

257F4 T Oct 9-Nov 27
\$130 2-3 pm
AP, Room TBD



Youth Enrichment

Art Studio Reloaded

Grades 1-4

Learn tricks that make art magic! In this award winning program, you will learn techniques that real artists use in their studios to create astonishing effects. In this class, we'll use professional artist's materials like artist grade watercolor paper and canvas. Make room in your house to display these amazing masterpieces.

Abrakadoodle \$49 2:15-3:15 pm

911F1 M Oct 1-22
SE, Cafeteria

911F2 T Oct 2-23
BW, East Commons

911F3 W Oct 3-31
(No Class October 17)
FE, East Commons



Holiday Gift Making

Grades 1-4

Get a jump start on your holiday present list! In this class, your child will make 3 adorable gifts that make perfect holiday presents for loved ones. All materials supplied and gifts go home giftwrapped.

Abrakadoodle \$39 2:15-5:15 pm

911F4 T December 4
SE, Art Room

911F5 W December 5
FE, East Commons

911F6 Th December 6
BW, West Commons

Amazing Tropical Animals

Grades 1-4

Grab your friends and jump in with KidzArt as we explore some amazing animals who live in the tropics and rainforests. Create a mixed media collage of a jaguar drinking from a river at night, draw a Toucan and Tree Frog surrounded by lush forest trees and use colored pencils to shade a Squirrel Monkey. We will use different paper surfaces, paint and even clay in this adventurous art class.

KidzArt

202F1 T Oct 2-23
\$49 2:15-3:15 pm
SE, Cafeteria

202F2 W Oct 3-31
(No Class October 17)
\$49 2:15-3:15 pm
BW, West Commons

202F3 M Nov 12-26
\$39 2:15-3:15 pm
FE, West Commons



Canvas Fun: Witches Hat

Grades 1-4

Grab your friends and join us for a fun one-day painting event. Everyone will create their own painting of a Halloween Witches Hat on an 8x10 stretched canvas.

KidzArt

202F4 M October 1
\$25 2:15-3:15 pm
FE, East Commons

202F5 Th October 11
\$25 2:15-3:15 pm
SE, Cafeteria

Polar Express: Winter Art Adventures

Grades 1-4

Grab your friends and jump on the KidzArt express train to all things winter and art! In this special three-week session, we will draw a polar bear and ice fisher in the deep arctic with markers and chalk, create a mixed media nutcracker drawing with decorative paper details, and sculpt a penguin on top of an iceberg with clay.

KidzArt

202F6 Th Dec 6-20
\$39 2:15-3:15 pm
FE, East Commons

202F7 W Dec 5-19
\$39 2:15-3:15 pm
BW, West Commons

Registration begins August 23 at stma.ce.eleyo.com



Advanced Minecraft: Crazy Command Block

Grades 3-7

Students will learn how to use Minecraft Command Blocks to do crazy things in Minecraft. Create self-building houses, ride the ender dragon, or create a working rocket ship! We will cover command basics and show how to copy and edit premade commands in this one-day workshop. Please bring a drink & snack.

Computer Explorers

628F1 S October 6
\$39 9 am-Noon
HS, Room 1684

Game Coding: Mario Frogger

Grades 3-7

New Class! Create & Share by creating an interactive 2D video game. Using MIT's award-winning Scratch, to teach principles of object-oriented programming. Scratch is a powerful yet simple block-based language. We will re-create a classic Frogger game using popular Nintendo Characters. Please bring a drink & snack.

Computer Explorers

628F2 S November 3
\$39 9 am-Noon
HS, Room 1684

Engineering: Crazy Gears & Wheels

Grades K-3

If you love Legos, making things move, building and experimenting - this class is for you. Learn about engineering and the physical science principles behind different action machines. Working in teams, students will build crazy wheeled and geared contraptions that spring into action. Have fun while you learn the principles of mechanical engineering and simple machines. Make tops, spinners, zip lines, rubber band powered cars, crimping cars, and other crazy contraptions. Please bring a drink & snack.

Computer Explorers

628F3 S December 8
\$39 9 am-Noon
HS, Room 1684

Robotic & STEM: Industrial Explorations!

Grades 1-3

Modern factories are full of robots and cool machines. In this class, kids will build a conveyor belt inspired robot, design a useful extension, engineer a conveyor belt and more.

Tech Tac Toe

927F1 M Sept 17-Oct 8
\$75 2:15-3:15 pm
BW, East Commons

927F2 T Sept 25-Oct 16
\$75 2:15-3:15 pm
SE, Room 112

Robotics & STEM: Aeronautic Discoveries!

Grades 1-3

Machines that fly have always captured our imagination. In this class, kids build a robotic airplane (does not fly), are challenged to compete to build the longest flying plane, explore the beginning of flight by engineering a hot air balloon and design a sturdy, lifesaving parachute.

Tech Tac Toe

927F3 M Oct 15-Nov 12
(No Class November 5)
\$75 2:15-3:15 pm
BW, East Commons

927F4 T Oct 23-Nov 13
\$75 2:15-3:15 pm
SE, Room 112

Robotics & STEM: Marine Exploration!

Grades 1-3

Oceans are the next frontier, filled with amazing sea creatures and treasures. In this class, kids explore buoyancy as they build boats, build a contraption to recover lost submarines, engineer a self-propelled boat and engineer a robotic boat.

Tech Tac Toe

927F5 M Nov 19-Dec 17
(No Class December 3)
\$75 2:15-3:15 pm
BW, East Commons

927F6 T Nov 20-Dec 11
\$75 2:15-3:15 pm
SE, Room 112

*If you register for all three Robotics & STEM Classes there is a discount, \$60 per class

**Will be at Fieldstone for Winter/Spring

Youth Enrichment

Exploring Disney!

Grades 1-4

Does your child love Disney movies? If so, this is their class! Join us for three sessions where we'll explore three of the most popular Disney movies. At each class we'll watch clips from the movie, along with creating a special take-home craft.

Your child may wear a Disney-themed shirt that day and bring a peanut-free snack.

Christina Ehlers

929F1 W Sept 26-Oct 10
\$39 2:15-3:15 pm
SE, Cafeteria



Make & Take: Mini Holiday Tree

Grades 1-4

At this class, you'll work on trimming and decorating your very own artificial mini tree. Ribbons, jewels, garland, and small ornaments will be available for you to decorate your tree with. Keep the tree for yourself or give as a gift to someone special!

Christina Ehlers

929F2 W Dec 5
\$29 2:15-3:45 pm
SE, Cafeteria

Holiday Ornament Making

Grades 1-4

At this creative and festive class, we'll make up three ornaments for your tree! You'll make a reindeer, a snowman and an icicle. The ornaments become great homemade keepsakes to give as gifts or for your tree! Dress for a mess and bring a peanut-free snack.

Christina Ehlers

929F3 W Dec 12
\$25 2:15-3:45 pm
SE, Cafeteria

Crochet Club

Grades 3-8

Want to learn to crochet? Come learn the basics with crochet teacher and designer Abbey Swanson of The Firefly Hook. Two choices will be available: a beginner-friendly beanie and a beanie for those wishing to grow their crochet skills. We will finish off the hat of your choice with a faux fur pom. Both hats are made with bulky yarn and a big hook - you'll be surprised how quickly your project works up. Come have fun and leave with a hat on your head! No experience necessary. All supplies included. (1 faux fur pom per person, additional poms will be available for purchase for \$5 each.)

Abbey Swanson, The Firefly Hook

678F1 S October 27
\$35 12:30-3 pm
HS, Room 1684

Crochet Story Time

Grades K-2

Students will get an introduction to crochet, weaving and knitting while we read books such as Weaving the Rainbow, Annie and the Swiss Cheese Scarf and Noodle's Knitting and learn how to crochet chains! We will create a scarf for your child to wear with the chains we make in class. Students will go home with a hook and yarn to keep practicing their newfound skill! No experience necessary. All supplies included!

Abbey Swanson, The Firefly Hook

678F2 S October 27
\$29 3:30-5:30 pm
HS, Room 1684



Engineering for Kids – Stem Club

Grades 1-3

Stem Club introduces students to a new, hands-on, lesson every week from various engineering disciplines. Each lesson, students focus on developing skills such as problem solving, critical thinking and peer collaboration. This session will have you investigating Flub, the world of rocketry & aerodynamics, constructing an egg drop and designing a greenhouse!

Engineering for Kids \$99 2:15-3:15 pm

514F1 T Nov 6-27
BW, East Commons

514F2 W Nov 7-Dec 5
(No Class Nov 21)
SE, Cafeteria

514F3 Th Nov 8-Dec 6
(No Class Nov 22)
FE, East Commons

Great Chemistry Reactions

Grades 1-4

Join Science Explorers as we discover the fascinating world of chemistry! You will experiment with mixtures that are sloppy, slimy, foamy and more while investigating the difference between chemical and physical reactions. Please dress for a mess in our fun, “hands-in” STEM class.

Science Explorers \$25 2:15-4 pm

585F1 M September 24
BW, East Commons

585F2 Th October 4
FE, East Commons

585F3 Th November 15
SE, Cafeteria



Grandmasters of Chess

Grades 1-4

New and returning students are invited. Each {YEL!} Chess class follows four basic components: •Teach It! Each class students are taught different chess concepts and coached to implement those concepts into their chess games.

•Practice It! Students practice positions set by the coach to improve their understanding of the concept. •Puzzle It! Students are given chess puzzles and work with coach guidance to solve them. •Play It! Each class ends with students playing 20-30 minutes of chess. Coaches often feature in-class tournaments during the session. Class fee includes ChessKid.com

Youth Enrichment League \$80 2:15-3:15 pm

473F1 M Oct 29-Dec 17
(No Class Nov 5 & Dec 3)
SE, Room 146

473F2 T Nov 6-Dec 11
FE, East Commons

473F3 Th Oct 25-Dec 13
(No Class Nov 1 & Nov 22)
BW, East Commons

Local SPANISH, GLOBAL Experience!

Grades 1-4

Don't miss out on this year's all new and exciting Spanish adventure with Futura Language Professionals! In the fall class, ¡Vamos por el pueblo! (Let's go to the town!), our class amigos Dani and Beto will share their culture and daily life in small town Mexico. Students will learn practical conversation skills as well as relevant vocabulary related to the home and community. In this stimulating class environment, the students will get the opportunity to learn about sports, health, and pastimes- all in Spanish. Act now to ensure your child is a part of this comprehensive bilingual experience! Limited Spaces Available.

*The Winter/Spring Session will jet off to the bustling city of Madrid in Spain with ¡Vamos por la ciudad! (Let's go to the city!)

Futura Language Professionals \$130 2:15-3:15 pm

257F1 M Oct 8-Dec 10
(No Class Nov 5 & Dec 3)
FE, East Commons

257F2 W Oct 10-Dec 12
(No Class Oct 17 & Nov 21)
BW, East Commons

257F3 Th Oct 11-Dec 20
(No Class Oct 18, Nov 1 & 22)
SE, Room 112

Youth Enrichment

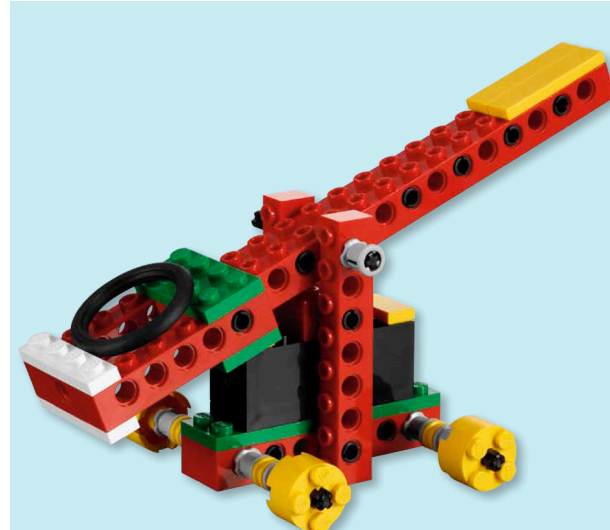
Lever Developers

Grades K-4

STEM Enrichment using LEGO® bricks for the 21st Century learner. Each {YEL!} STEM class follows four basic components.

- Teach It! Each class students are taught the basic STEM engineering concepts behind each project.
 - Build It! Students use LEGO® bricks to build a dragster, balancing beam and design their own catapult.
 - Explore It! Then they use that project to explore the basic engineering concepts - this session is focused on levers concepts.
 - Play It! Finally they play with their project, modify it, create extensions and have fun working with it.
- Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.



TEACH IT - BUILD IT - EXPLORE IT - PLAY IT

Youth Enrichment League \$70

- 121F1 M Oct 29-Dec 17
(No Class Nov 5 & Dec 3)
2:15-3:15 pm
BW, West Commons
- 121F2 T Nov 6-Dec 11
2:15-3:15 pm
SE, Room 146
- 121F3 W Nov 7 - Dec 19
(No Class Nov 21)
2:15-3:15 pm
FE, East Commons
- 121F4 Th Oct 25 - Dec 6
(No Class Nov 22)
2-3 pm
AP, Room 100



Mindprint Learning Assessment

Grades 2-12

Do you want to help your child succeed? How does my child process and remember new information? Why does she get such good grades yet bomb standardized tests? How can he do better in school? 21st century parents, students and teachers are drowning in data and yet still lack the data to help every student to succeed. Mindprint is an affordable evidence-based online solution that identifies each student's learning strengths and challenges. The objective is to gain an understanding of each student's non-academic strengths and needs in areas like executive functions, memory, processing, and reasoning. These skills are the foundation for learning across all academic subjects.

Based on the results, each student is provided an individualized learning plan for study skills and subject-specific achievement.

Additional information:

- The at home online assessment takes about an hour
- Results are provided within one week to parents
- Parents will receive a written report and a follow-up online meeting with a Mindprint specialist at Academic All Star Tutoring
- More information at

Molly Perry, Academic All Star Tutoring

953F3 \$199

Registration begins August 23 at stma.ce.eleyo.com



Youth Sporting

Fencing

Grades 2-8

New and returning students invited! Join this fast growing Olympic sport. Each {YEL!} fencing class follows four basic components:

- Teach It! Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum.
- Practice It! Students pair up and practice the fencing move or concept, rotate partners and repeat.

- Move It! Students then participate in fencing matches using only the moves taught so far.

- Play It! 10-15 minutes each class students fence with multiple fencers at their skill level.

All equipment provided.

Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

Youth Enrichment League

159F S Nov 3-Dec 15
(No Class Nov 24)
\$85 10-11:30 am
ME, Cafeteria



Beginner & Developing Girls Lacrosse

Grades 3-6

Have you wanted to learn more about or develop your skills in Lacrosse? Girls will receive instruction from the varsity coach and players on proper mechanics of throwing, cradling, shooting, defense and ground balls. Girls will spend the first half hour working on drills, then finish with a full-field game. Jersey Included.

Jillian Anderson, Girls Lacrosse Coach

934F Su Sept 9-Oct 14
\$29 1-2 pm
HS, Field



On Target Archery

Grades 3-8

Have you ever wanted to learn how to shoot a bow? We'll teach you how! This class will be taught by a licensed teacher who is also a certified archery instructor. We'll learn how to safely shoot using the Genesis Compound Bow. Right and Left hand bows will be available to learn on. There will be clear expectations for both safety and fun!

Byron Rasch

127F1 (Grades 3-4)
Th Sept 20-Nov 8
(No Class Oct 18 & Nov 1)
\$45 2:15-3:15 pm
BW, Gym

127F2 (Grades 5-8)
Th Sept 20-Nov 8
(No Class Oct 18 & Nov 1)
\$45 3:30-4:30 pm
BW, Gym

Youth Enrichment

Cat's Kids Yoga

Grades 1-4

Children will discover their mind, body, and heart connection to learn how to cope with the ups and downs in life. Developing these skills at a young age helps children become more balanced, centered, and aligned with their true self. Classes are structured to help children learn how to take healthy deep breaths, explore how their body can move, learn about their strengths and challenges, and gain respect for individuality and togetherness. Breathing exercises, yoga poses/flows, fun games, stories with life lessons, music, and more mindful activities make up these classes.

Catherine Brenny, Cat's Kids Yoga

- 922F1 M Sept 17-Oct 22
\$69 2:15-3 pm
SE, Room 112
- 922F2 T Sept 18-Oct 23
\$69 2:15-3 pm
FE, Music Room
- 922F3 M Oct 29-Dec 17
(No Class Nov 5 & Dec 3)
\$69 2:15-3 pm
BW, Music Room



Karate for Children

Grades 1-4

Learn respect, discipline and patience while gaining basic self-defense skills. Karate emphasizes stretching, strength and balance that benefits students in other physical activities. Includes uniform, patch and tattoo.

Dojo Karate

- 664F1 T Sept 18-Oct 9
\$40 2:15-3:15 pm
FE, Gym
- 664F2 T Oct 16-Nov 6
\$40 2:15-3:15 pm
BW, Gym
- 664F3 T Nov 13-Dec 4
\$40 2:15-3:15 pm
SE, Gym



Check out more activities in the Youth Sports and Health and Fitness sections.

Flag Football is coming to the dome this winter! Grade 3-6

Registration begins August 23 at stma.ce.eleyo.com



Prairie Fire Children's Theatre: Sleeping Beauty

Grades 1-4

Sleeping Beauty is an action packed romp with something for everyone. The Golden Age of Hollywood comes to life in this over the top version, set on a movie set in the 1930's. Everything that can go wrong, does!

Directors Role: Drama Mama and The Hypnotist

Cast Includes: The Movie Crew, the Actors, the Production Staff, the Henchmen, and the sheep.

Auditions: Monday, March 11 from 5-7 pm at the MW Auditorium. You must register to audition. Auditions can last up to two hours. *Please Note: Some of the cast will stay for a short rehearsal following the auditions.*

Rehearsals: 2:45-8 pm throughout the remainder of the week (times will vary based on the part your child is cast).

Performances will be Friday, March 15 at 7 pm and Saturday, March 16 at 1 pm in the MW Auditorium.

Ticket information: Adults: \$5 / Students & Seniors: \$3. More ticket information will come out the night of Auditions. Tickets purchased are assigned seats!

Fee includes bus transportation Tuesday-Friday after school to MW for practice. Parents pick up after each rehearsal.

Prairie Fire Children's Theatre

020W M-Sa March 11-16
\$55 (*\$50 refunded if not cast)
MW, Auditorium



Guitar, Vocal, Songwriting and/or Performance Lessons

Ages 6 & Up (Including Adults)

Are you interested in learning guitar, improving your vocal, songwriting and/or performance? Maybe you've been playing guitar for a while and would like to sharpen up your skills?

Lessons available either 30 or 60 minutes. The instructor will get in contact to set up lesson times.

Sandi Millar, Professional Touring & Studio Musician

239F1 T Sept 18-Oct 23
3-7 pm
FE, Music Room
\$210/30 min
\$420/60 min

239F2 T Oct 30-Dec 11
3-7 pm
FE, Music Room
\$245/30 min
\$490/60 min



Fine Arts

STMA Music Lessons

STMA Community Education offers private 30 minute daytime music lessons for High School students and 30 minute after school music lessons for Middle School students taught by qualified instructors who will help you develop your musical skills. Students provide their own instruments.

**Instructors will contact the students to set the lesson times based on student's schedule.*

Lesson Rates (30 Mins)
6 Lessons for \$210 or 10 Lessons for \$350

Trimester 1
Fall Lessons
Sept 10 - Nov 30

Trimester 2
Winter Lessons
December 4 - March 7

Check online for full lesson options



Instrumental Lessons

Susan Frevert
**Flute, Oboe, Clarinet,
Saxophone**

555F1 / 555W1
W 8:45 am-12:15 pm
(6 lesson option only)
HS, Music Room

Richard Haneman
Percussion

555F2 / 555W2
M 8:30 am-Noon
HS, Music Room

Chris Allen
Low Brass

555F3 / 555W3
M/T 8:45 am-12:15 pm
HS, Music Room

Rick Olson
All Instruments

555F4 / 555W4
M/W 4-8 pm
ME, Band Room



Voice Lessons

Mark Nelson
555F5 / 555W5
M/T 8:45 am-1:40 pm
HS, Music Room

Matthew Tintes
555F6 / 555W6
T/TH 8:45 am-1:40 pm
HS, Music Room



Babysitting 101

Grades 5-8

This course follows the American Academy of Pediatrics - Babysitter Lessons And Safety Training (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. Students receive a reference book, recipe and game handouts, babysitting bag and first aid kit.

Emergency Outfitters

312F1 M-Th Oct 8-11
\$65 3:15-5:15 pm
ME, Health Room

312F2 M-Th Dec 10-13
\$65 3:15-5:15 pm
MW, Health Room



Drama Club West

Grades 5-8

Do you like to act or want to learn more about theater? Students will gain a basic understanding of theater fundamentals through this 7-week club. Through rehearsing scenes, playing games, and practicing improvisation, students will not only learn the ins and outs of theater, but will develop new skills, exercise creativity, and meet new people who share their interests.

Drama Club East oming this Spring!!

Lauren Keyes

931F M Oct 22-Dec 17
(No Class Nov 19 & Dec 3)
\$49 3:15-4:30 pm
MW, Auditorium

West Knitters

Grades 5-8

Have you wanted to learn how to knit or share your experience with your friends? Join the West Knitters and learn from a teacher or peer while having fun working on various projects during the 8 week class. All abilities are welcome from the beginner to the most experienced knitter. Students will need to provide their own knitting needles and yarn (Size 8 needles with worsted weight yarn).

Carrie Bauer & Ava Bergan

678F3 W Oct 24-Dec 19
(No Class Nov 21)
\$50 3:15-4:15 pm
MW, Room H101



East Writer's Club

Grades 5-8

Do you have a passion for writing? The Writer's Club is a safe place for students who are passionate about writing and want to try new types of writing styles, learn more about writing and writers and help others with their writing. Through our activities, students will not only develop their skills, but they will also share their work for peer editing and feedback. Some genres include: short stories, song lyrics, poems, plays and essays.

Amy Lyke

941F Th Oct 25-Dec 20
(No Class Nov 15 & 22)
\$45 3:15-4:15 pm
ME, Media Center



Middle and High School

STMA FIRST Tech Challenge

Grades 7-8

It's way more than building robots. FIRST Tech Challenge teams are challenged to design, build, program, and operate robots to compete in a head-to-head challenge in an alliance format.

Participants call it "the hardest fun you'll ever have!"

Guided by adult Coaches and Mentors, students develop STEM skills and practice engineering principles (like keeping an engineering notebook), while realizing the value of hard work, innovation, and sharing ideas. The robot kit is reusable from year-to-year and can be programmed using a variety of languages, including Java. For more information got to <https://www.firstinspires.org/robotics/ftc>.

Meeting Dates will be 1-2 days per week depending on the needs of the season and practice time will also vary by coach and building. Practices will begin the week of August 27, 2018 and run through February 2019. Coaches will contact with dates and times of the first practice. Schedules will be available at that point!

942F1 **Megan Dolan/Rich Jensen**
ME, Room TBD
\$299

942F2 **Amanda Schlecht**
MW, Room D127
\$299



FIRST Robotics

Grades 9-12

Being a part of the STMA Robotics team will give your student the exciting opportunity of combining the excitement of sport with the rigors of science and technology. Students will design and fabricate a robot to compete in the FIRST Robotics competition, one of the world's largest robotics programs. The process will begin in the fall, and conclude in February. Along the way students will not only gain mechanical aptitude but also real world skills that will benefit them far beyond their time spent on the robotics team.

For full information check online at stma.ce.eleyo.com

Science Olympiad

Grades 9-12

Science Olympiad is an academic competition based in the sciences. Each year there is a regional and state competition. Students select different events to compete in including: Anatomy and Physiology, Astronomy, Bridge Building, Cell Biology, Chemistry Lab, Electric Vehicle, Experimental Design, Forensics, Fossils, Green Generation, Robot Arm, Wind Power and so many more.

The Minnesota branch of Science Olympiad's website is www.minnesotasao.org. Science Olympiad will run from October through March.

Marc Olig

613F **M/W Begins October 1**
\$99 3:30-4:30 pm
HS, Room 1418

Registration begins August 23 at stma.ce.eleyo.com



PrepStar Premium

It is important to remember that the ACT is no longer just an achievement test. To receive great ACT scores for college admissions, students now need training and coaching more than ever before. PrepStar Premium is a 24 hour ACT preparation course unlike any other. The class is thorough, challenging and extremely effective.

The class includes:

- Extensive content review
- Effective strategies
- Outstanding teachers
- 3 full ACT practice tests
- Detailed score reports from practice tests
- Online scoring for practice tests for immediate results
- Make-up content available via video

And, it offers guaranteed results for students who have already taken the ACT test!

Academic All Star Tutoring

| | | |
|---------------|--------------|--|
| 953F1 | \$349 | HS, Media Center |
| Classroom | 5:30-8:30 pm | Th Sept 20-Oct 4 T Oct 9 |
| Practice Test | 9 am-1 pm | S Sept 22-Oct 13 (No Practice Test Sept 29) |



PrepStar Blast

The ACT test is more important than ever before for college admissions and scholarship offers. An ACT expert will introduce students to the test format and review essential strategies for all 5 sections. During the class students will apply the useful tools as they take parts of a retired ACT test. Students will also have the option to take another full practice test at home and have it scored with an online scoring system for immediate results. This class is an ACT cram session!

*It is highly recommended that participants register for the October 27th ACT test by Sept. 21st

Academic All Star Tutoring

| | | |
|-------|------|---------------|
| 953F2 | S | October 13 |
| | \$89 | 9 am-3:30 pm |
| | | HS, Room 2242 |

Mindprint Learning Assessment

Grades 2-12

Do you want to help your child succeed? How does my child process and remember new information? Why does she get such good grades yet bomb standardized tests? How can he do better in school? 21st century parents, students and teachers are drowning in data and yet still lack the data to help every student to succeed. Mindprint is an affordable evidence-based online solution that identifies each student's learning strengths and challenges. The objective is to gain an understanding of each student's non-academic strengths and needs in areas like executive functions, memory, processing, and reasoning. These skills are the foundation for learning across all academic subjects. Based on the results, each student is provided an individualized learning plan for study skills and subject-specific achievement.

Additional information:

- The at home online assessment takes about an hour
- Results are provided within one week to parents
- Parents will receive a written report and a follow-up online meeting with a Mindprint specialist at Academic All Star Tutoring
- More information at <http://academicallstartutoring.com/what-is-mindprint/>

Molly Perry, Academic All Star Tutoring

953F3 \$199



Middle and High School

Intramurals

(Grades 9-12)

Have you always wanted to play a fun, yet competitive sport? STMA Community Education will give you that opportunity, starting with Ultimate Frisbee for the 1st trimester! There will be team sign-up sheets at the Activity Center Office located by Door C. If you don't have a team, don't worry! We will have "free agent" sign-up sheets where you will be placed on a registered team. Team forms and payment are due at the Captain's Meeting. Games will be on Mondays after school at the Activity Center in September and October.

Captain's Meeting

T September 11
3:30 pm \$15 per team
HS, Cafeteria



Snowmobile Youth Safety Training

Ages 11-15

The Foxtailers' Snowmobile Club is offering youth snowmobile safety training to students 11-15 years of age. Upon completion of this course, they will be certified to receive their Minnesota snowmobile certificate. Certificate becomes valid at age 12. This class will be starting at 9 am and ending upon completion of outdoor driving course (approx. 1:30 pm). Lunch will be provided. Students need to dress for cold weather with proper snowmobile gear i.e., hat, gloves and boots. Please bring a helmet if you have one.

Course Prerequisite: The student must complete the online course at www.snowmobilecourse.com and provide the course completion document when they arrive for class!

A parent/guardian must accompany their youth to sign a release form and bring proof of age (birth certificate) of student. The parent/guardian is also encouraged to stay for the first hour of the training presented by a MN DNR officer. Upon completion of the course the certificate can be purchased on the MNDNR website for \$5.

Foxtailer's Snowmobile Club

532F S October 27
\$5 9 am-2 pm
HS, Cafeteria

Driver Education Information

Community Education offers Driver Education six times a year at the STMA High School. The fall class begins Tuesday, September 18 from 3:30-6:30pm. To register for the fall class students must be 15 years old by March 31, 2019.

For a complete list of dates and times visit stma.ce.eleyo.com or call 497-6550 ext. 1.

249F \$350
HS, Room 2247



Registration begins August 23 at stma.ce.eleyo.com



ST. MICHAEL-ALBERTVILLE EARLY CHILDHOOD

STMA recognizes the importance of early education for children and families.

It is our mission to provide each family with a positive introduction to STMA schools.



Welcome to a new year of STMA early childhood! We are proud to offer an array of services for families with children under five. As the introduction to STMA schools, we support parents and children through ECFE classes, preschool, home visiting, screening and more!

Some new happenings for our program: ECFE Sessions now run in 10 week cycles. The new trimesters are as follows:

Fall: September 10-November 30
Winter: December 10-March 1
Spring: March 11-May 17

Registration is open for **fall and winter** at this time. More weekly class offerings! Additional space has allowed for more creative classes. Screening will be held monthly with more evening hours. New STMA website! a user-friendly site is up and running, allowing for better communication and information to our ECFE families.

Take some time to read over the brochure pages for all the new and fun classes and events. **The STMA tradition starts here.** Welcome to the beginning of the journey with your little knight!

ECFE

Early Childhood Family Education is a program to connect families within the STMA community. ECFE offers classes, separating and non-separating for children ages birth through five and their families. Our licensed staff provides a safe, supportive, child-centered environment that enhances children's growth and development while supporting parents and families. ECFE helps build relationships within your family and your community.

Special Events

ECFE provides families with numerous events throughout the school year to promote the arts, STEM, movement, and quality family time. We partner with many area resources to provide fun and educational classes for the entire family. These one-time events are perfect for the busy family!

Bright Beginnings Preschool

At Bright Beginnings Preschool, our primary goal is to provide a positive learning experience for your child in an environment that inspires exploration, experimentation, and discovery. We believe a good self-image is vital to your child's development, growth, and independence. Your child will be encouraged to acquire self-help skills, make choices, and interact with peers in a positive manner. Children will be supported to attain the necessary skills to be successful in Kindergarten. All Bright Beginnings lead teachers are licensed and certified by the MN Department of Education.

Early Childhood Screening

Screening is a careful, simple check of your child's growth... physical, developmental, and emotional. Early childhood screening helps us identify health and learning problems, and prevent them from becoming more serious.

Early Learners Home Visiting

The St. Michael-Albertville public schools strategic plan includes a key initiative to continue and improve kindergarten readiness throughout the district. The primary goal of the Early Learner program is to partner with caregivers to provide the best possible environment that enriches the lives of children. Through developmentally appropriate activities and parent resources, our staff will collaborate with area caregivers to support readying all children for kindergarten. Call Jane Helgestad at 763-497-6512.

Early Childhood

ECFE Class Information

There are two types of classes.

Separating

Parents and children begin and end class together, but spend time apart in the middle. A convenient and safe way for your child to gain independence.

The components of most ECFE parent-child classes include:

Parent-Child Interaction Time: Time together enjoying all the classroom has to offer. This is time to focus on your child and model behavior for interacting with others in the classroom. The licensed classroom teacher has planned developmentally appropriate activities for you and your child.

Circle Time: A small portion of the parent-child interaction time will be set aside for a short group experience or "circle time." During this time you and your child will sing simple songs, learn finger plays, hear stories, learn circle games and be involved in movement activities. Encourage your child to sit with the group during circle time. Generally, children under 2 ½ years may have difficulty sitting for an entire circle time.

Guided Play: Planned and intentional learning activities. Teachers and parents support play choices and assist in building friendships. In addition to our creative classrooms, each ECFE class utilizes our gym and gross motor activities.

Parent-Child Separation Time: Parents will attend parent group to discuss a variety of parenting issues in a separate area from children. During this time, children stay in the classroom with the licensed teacher. Additional activities, games, and play are scheduled to promote independence and learning.

Non-Separating

Parent and children remain in an ECFE classroom together. If your child (or you) are not quite ready to separate, these classes are the perfect choice. Non-separating classes may also be a specialized subject.

Sibling Care

Sibling care is provided for free for most ECFE classes. Children in sibcare must follow all the health/wellness guidelines. Parents of children in sibcare must remain on the school property. A child who cries or is distressed for over ten minutes and does not respond to comforting will be returned to his/her parent. Please pick up your child immediately after class. A child may be sad if he/she doesn't see his/her parent when other parents arrive.

We welcome all families with children ages birth through five years to ECFE. Not only do moms attend, but dads, grandmas and grandpas, aunts and uncles, neighbors, friends, and nannies. All are welcome. Occasionally we hold special events in which older siblings are also invited. You do not need to be a resident of the STMA school district to register for classes.

ECFE Open House

Explore the new ECFE spaces and meet our fantastic staff. Play, create, and join friends to start off another year of ECFE fun!

Gifts for parents and kids. Discover new classes and special events offered this fall and winter.

Friday, Sept 7
and again Friday, Dec 7
9-11 am
FREE
ECFE Rooms

ECFE Fee Scale

10 week classes unless otherwise noted in description

125K and above \$90

\$100K-125K \$82

\$75K-\$100K \$74

50K-75K \$60

50K and below \$48

No family is ever turned away for an inability to pay.

We offer a sliding fee scale to make classes affordable for all, but if any further assistance is needed, please contact Jane Helgestad at 763-497-6512 or janeh@stma.k12.mn.us



Registration begins August 23 at stma.ce.eleyo.com



ECFE Weekly Schedule Fall/Winter 2018-19

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|---|
| Mixed-Age | Creative Kids (W-5) 8:30 S | Let us Play! (2-3yrs) 8:30 NS | Marvelous Mixers (W-5) 8:30 S | Jitterbugs (W-5) 8:30 S | Little Explorers (W-3) 8:30 NS |
| Infants | Drop in and Play (Mixed) 8:30 NS | Terrific Toddlers (1-2) 8:30 NS | Drop-in and Play (Toddlers) 8:30 NS | STEM Sprouts (2-5) 8:30 NS | Drop in and Play (Mixed) 8:30 NS |
| Toddlers | Cat's Kids Yoga (Mixed) 11:00 NS | Doing Preschool Together (33m-5y) 8:30 S | The ABCs of Play (2-5) 8:30 NS | Doing Preschool Together (Day 2) S | Practice Preschool (33m and up) 8:30 S |
| Preschool | Run and Read (2-5) 10:30 NS | Character Counts (3-5) 10:30 S | Baby and Me (up to 12m) 10:30 NS | Story Stretchers (2-5) 11:00 NS | Dome Days |
| Parent Only | Facebook Live! 1:00 | Kindermusik (mixed) 10:45 NS | Naptime is Over! (W-5) 12:00 S | Parent Talk (Parents only) 11:00 S |  |
| Monthly Special Events | | Dome Days | Monthly Dad and Me | Beyond ECFE Monthly 12:45 | Monthly Dome Night |
| NS = Non-separating S = Separating | | Story Stretchers (mixed) 6:00 NS | Monthly Open Gym | Night Owls (W-5) 6:00 S | Monthly Open Gym |
| PLAY is the work of childhood Mr. Rogers | | Baby and Me (up to 12m) 6:00 NS | The STMA Tradition of Excellence Starts Here! | | |

Early Childhood

Mixed-Age Classes

Creative Kids

Walking to 5 years

Separating with Parent Group

A classroom filled with the materials to spark your child's imagination at any age. Leave the mess at school as your child creates his or her next masterpiece!

In the best interest of all participants, please utilize sibling care for infants.

F370

W Sept 10-Nov 26
no class 10/15, 11/19
8:30-10 am
CE: ECFE Rooms

W370

M Dec 10-Feb 25
no class 12/24, 12/31, 1/21, 2/18,
8:30-10 am
CE: ECFE Rooms

Marvelous Mixers

Walking to 5 years

Separating with Parent Group

A morning of fun for the whole family! Singing, stories, arts and crafts for all ages, plus gym time activities. Parent discussion will revolve around a wide variety of practical parenting tips in a supportive environment.

In the best interest of all participants, please utilize sibling care for infants.

F335

W Sept 12-Nov 28
no classes 10/17, 11/21
8:30-9:30 am
CE: ECFE Rooms

W335

W Dec 12-Feb 27
no class 12/26, 1/2
8:30-9:30 am
CE: ECFE Rooms

Naptime is over?

Walking to 5 years

Separating with Parent Group

The transition to no naps can be exhausting. For parents and children! This class is open to all those looking for afternoon fun.

F375

W Sept 12-Nov 28
no classes 10/17, 11/21
12-1:30 pm
CE: ECFE Rooms

W375

W Dec 12-Feb 27
no class 12/26, 1/2
12-1:30 pm
CE: ECFE Rooms

Jitterbugs

Walking to 5 years

Separating with Parent Group

Wiggle, jiggle, and jump in this high-energy class!

Burn off energy in the gym, projects, and explore the creative classroom.

Separation time focuses on the joys and challenges of parenting young children.

In the best interest of all participants, please utilize sibling care for infants.

F350

TH Sept 13-Nov 29
no class 10/18, 11/22
8:30-10 am
CE: ECFE Rooms

W350

TH Dec 13-Feb 28
no class 12/27, 1/3
8:30-10 am
CE: ECFE Rooms

ECFE Fee Scale

*10 week classes unless otherwise noted
in description*

125K and above \$90

\$100K-125K \$82

\$75K-\$100K \$74

50K-75K \$60

50K and below \$48

No family is ever turned away for an inability to pay.



Toddler Classes

Terrific Toddlers

1-2 years

Non Separating

Introduce your emerging learner to school in a safe, child friendly classroom. A fun-filled playtime will encourage your toddler to explore new surroundings! This is a non-separating class, so children will begin to feel comfortable with school with you by their side.

F320

T Sept 11-Nov 27
no class 10/16, 11/20
8:30-10 am
CE: ECFE Rooms

W320

T Dec 11-Feb 26
no class 12/25, 1/1
8:30-10 am
CE: ECFE Rooms

Little Explorers

Walking-3 years

Non Separating

This class provides a fun and safe environment for those active little ones. Have fun together exploring new experiences and creating friendships in this age-appropriate environment

F310

F Sept 14-Nov 30
no class 10/19, 11, 23
8:30-10 am
CE: ECFE Rooms

W310

F Sept 14-Nov 30
no class 10/19, 11, 23
8:30-10 am
CE: ECFE Rooms



Play Focused

Let us Play!

2-3 years

Non Separating

Discover why play is essential to the spirit. Play bonds relationships in many ways. This class will explore ways in which time together in free play is the ultimate learning experience for children.

F330

T Sept 11-Nov 27
no class 10/16, 11/20
8:30-10 am
CE: ECFE Rooms
See chart for pricing

W330

T Dec 12-Feb 26
no class 12/25, 1/1
8:30-10 am
CE: ECFE Rooms
See chart for pricing

ABCs of Play

2-5 years

Non Separating

Exploring through play helps a child make sense of the world around them. Play enforces children's development in essential social, motor, language, and cognitive skills for school success. Discover the many ways in which learning is hidden among the fun of childhood play!

F390

W Sept 12-Nov 28
no classes 10/17, 11/21
8:30-9:30 am
CE: ECFE Rooms
See chart for pricing

W390

W Dec 12-Feb 27
no class 12/26, 1/2
8:30-9:30 am
CE: ECFE Rooms
See chart for pricing

Drop-in and Play

Non Separating

Stay the entire time, or come when your schedule allows! ECFE staff will be present with arts and crafts, songs and stories. Also a chance to run and play in the gym.

No pre-registration is necessary. Punch cards available for purchase or pay at the door. All ages welcome Mondays and Fridays.

Toddlers only on Wednesdays

All Ages

FDROP
M Sept 10-Nov 26
no classes
8:30-9:30 am
CE: ECFE Rooms
See chart for pricing

All Ages

WDROP
M Dec 10-Feb 25
no classes 12/24, 12/31, 2/18
8:30-9:30 am
CE: ECFE Rooms
See chart for pricing

All Ages

FDROP
F Sept 14-Nov 30
no classes 10/19, 11/23
10:30-11:30 am
CE: ECFE Rooms
See chart for pricing

All Ages

WDROP
F Dec 14-March 1
no classes 12/28, 1/4, 2/15
10:30-11:30 am
CE: ECFE Rooms
See chart for pricing

Toddlers Only Drop-in and Play

FDROP
W Sept 12-Nov 28
no classes 10/17, 11/21
8:30-9:30 am
CE: ECFE Rooms
See chart for pricing

Toddlers Only Drop-in and Play

WDROP
W Sept 12-Nov 28
no classes 10/17, 11/21
8:30-9:30 am
CE: ECFE Rooms
See chart for pricing



ECFE Dome Days

5 years and under

Non Separating

The new STMA multipurpose facility will be available for littles twice a month. One hour of running, playing, and jumping for your active, energy-filled youngsters. ECFE staff will be on-hand to join in the fun. Age-appropriate activities and games without the big kids around!

T Dec 11, Jan 8, Feb 12, Mar 12
F Dec 21, Jan 18, Feb 22, Mar 22
9-10 am
\$5 per family
HS: Multipurpose facility

Early Childhood

Parent Time

Parent Talk

Parents only

Childcare provided

A parents-only session to discuss the hot topics of the day! TED talks, articles, and books will lead the discussions, but participants drive the weekly focus.

F380

TH Sept 13-Nov 29

no class 10/18, 11/22

11:00 am-12 pm

CE: ECFE Rooms

See chart for pricing

W380

TH Dec 13-Feb 28

no class 12/27, 1/3

11:00 am-12 pm

CE: ECFE

See chart for pricing

Beyond ECFE

Parents up to 3rd grade

Childcare provided

Missing the adult interactions of ECFE? Children may outgrow our classrooms, but the need for parenting support remains! Stop by for a safe and relaxed place to discuss challenges in parenting elementary-aged children!

F385 monthly

TH 9/27, 10/25, 11/29

12:45-1:45 pm

CE: ECFE Rooms

See chart for pricing

W385 monthly

TH 1/31, 2/28, 3/28

12:45-1:45 pm

CE: ECFE

See chart for pricing

FACEBOOK LIVE

Connect with other STMA parents from the comfort of your own home.

You are welcome to join a closed Facebook page to discuss parenting concerns for children ages birth to 8 years. Log-on to request access.

Visit the page whenever it fits into your schedule.

Live Chat

M 1-2 pm



Baby and Me

Newborn-12 months

Non Separating

Congrats on your new little knight! Connect with other parents of newborns in the community, ask questions, and share parenting experiences. The class is an excellent way to get a "successful start" at parenting! We know babies are unpredictable!

Families are free to come and go as their child's schedule allows!

Class is FREE to ECFE participants.

Sibling care available!

F355

W Sept 12-Nov 28

no class 10/17, 11/21

10:30-11:30 am

CE: ECFE Rooms

W355

W Dec 12-Feb 27

no class 12/26, 1/2

10:30-11:30 am

CE: ECFE Rooms

F356

T Sept 11-Nov 27

no class 10/16, 11/20

6-7 pm

CE: ECFE Rooms

W356

T Dec 11-Feb 26

no class 12/25, 1/1

6-7 pm

CE: ECFE Rooms

ECFE Baby Shower

Expecting parents and parents of newborns up to 12 months are invited to the ECFE Baby Shower.

Area businesses and community resources will be in attendance.

ECFE staff will be available to tour the building and explain the program.

A great opportunity to connect with other parents, visit our building, and find out what ECFE is all about!

Goodie bags and door prizes.

Tuesday, October 23

4:30 - 6:30PM

CE Gym

FREE

No pre-registration needed

Childcare available





ECFE Preschool

Practice Preschool

33 months and up

Child Drop-off

One morning per week of introductory preschool. Class offers an introduction to preschool through play, socialization, and routines. Parents are required to attend parent group during listed days.

Children must have independent toilet skills.

F305

F Sept 14-Nov 30

no classes 10/19, 11/23

8:30-10:30 am

Parent Group Sept 14, Oct 5, Nov 2, Nov 30

10:00-10:30 am

CE: ECFE Rooms

W305

F Dec 14-March 1

no classes 12/28, 1/4, 2/15

8:30-10:30 am

Parent Group Dec 14, Jan 18, Feb 1, Feb 22

10:00-10:30 am

CE: ECFE Rooms

Practice Preschool Rates

125K and above \$135

\$100K-125K \$123

\$75K-\$100K \$111

50K-75K \$90

50K and below \$72

Get Ready for Kindergarten

Is my child ready?

That is the loaded question. With new standards in place and all-day kindergarten at STMA, where can parents get questions answered? This night addresses kindergarten readiness skills and expectations.

Parents only during the discussion group.

Free childcare available.

SE140

W Nov 7

6:30-7:30 pm

CE: Room 201

FREE

Please pre-register for childcare.



Doing Preschool Together

33 months and up

Separation with Parent Group

2nd Day Child Drop off

An excellent choice to introduce your youngster to preschool!
All lessons planned will include readiness skills based on MN standards,

Early Childhood Indicators of Progress,
and STEM programming.

One of our most popular classes!

Children must have independent toilet skills.

Day One (Tuesday) - Parent/Child Day.

Children and their parents participate in activities together. Parent group will focus on school readiness.

Day Two (Thursday) - Child Alone Day.

Child will gain independence, social skills, and start a foundation for school readiness skills.

F325

T Sept 11-Nov 27

TH Sept 13-Nov 29

no class 10/16,10/18, 11/20, 11/22

8:30-10 am Tuesdays

8:30-10:30 am Thursdays

CE: ECFE Rooms

W325

T Dec 11-Feb 26

TH Dec 13-Feb 28

no class 12/25, 12/27, 1/1, 1/3

8:30-10 am Tuesdays

8:30-10:30 am Thursdays

CE: ECFE Rooms

Doing Preschool Together Rates

10 weeks, meets twice a week

125K and above \$180

\$100K-125K \$164

\$75K-\$100K \$148

50K-75K \$120

50K and below \$96

No family is ever turned away for an inability to pay.

Early Childhood



Character Counts

3-5 years

Separating with Parent Group

Help ECFE build walls of kindness throughout our school. Focus on the importance of reinforcing positive social skills and character traits. Fun activities to support children and parents through new friendships and challenging situations.

F340

T Sept 11-Nov 27
no class 10/16, 11/20
10:30am-12 pm
CE: ECFE Rooms
See chart for pricing

W340

T Dec 11-Feb 26
no class 12/25, 1/1
10:30-12 pm
CE: ECFE Rooms
See chart for pricing

Run and Read

2-5 years

Non Separating

This class mixes story time with physical play to promote literature skills. Explore books using art, creative movement, and song while building vocabulary and pre-writing skills. Parent discussion will focus on pre-reading skills along with projects to reinforce literacy skills.

F365

M Sept 10-Nov 26
no class 10/15, 11/19
10:30am-12 pm
CE: ECFE Rooms
See chart for pricing

W365

M Dec 10-Feb 25
no class 12/24, 12/31, 1/21, 2/18,
10:30am-12 pm
CE: ECFE Rooms
See chart for pricing

STEM Sprouts

2-5 years

Non Separating

Children will investigate a variety of settings, for what educators call cross-contextual learning. There will be time for hands-on experiments, observation, and the search of STEM fun to be discovered! Learn how everyday objects and toys are building STEM skills.

Science Technology Engineering Math

F360

TH Sept 13-Nov 29
no class 10/18, 11/22
8:30-10 am
CE: ECFE Rooms
See chart for pricing

W360

TH Dec 13-Feb 28
no class 12/27, 1/3
8:30-10 am
CE: ECFE Rooms
See chart for pricing

Story Stretchers

2-5 years

Non Separating

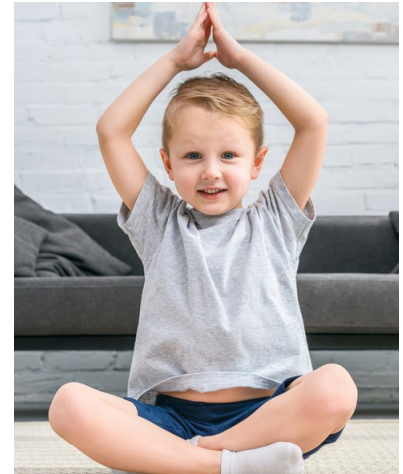
Explore early literacy development in our preschoolers. Authors and titles each session's theme will be surrounded by books and activities filled with literacy-rich ideas and examples. Children will receive free books periodically throughout the class.

F345

TH Sept 13-11/29
no class 10/18, 11/22
11 am -12 pm
CE: ECFE Rooms
See chart for pricing

W345

TH Dec 13-2/28
no class 12/27, 1/3
11 am -12 pm
CE: ECFE Rooms
See chart for pricing



Cat's Kids Yoga

2-5 years

Non Separating

Fun, age appropriate, and mindful exercises for kids. Classes empower children to gain body awareness, learn healthy coping skills, and to be their best self. Parents are welcome to join in the fun!

F135

M Sept 17-Oct 8
no class 10/15
11-11:30 am
CE: ECFE Rooms
\$20

F136

M Oct 22-Nov 12
no class 11/19
11-11:30 am
CE: ECFE Rooms
\$20

ECFE Fee Scale

10 week classes unless otherwise noted in description

125K and above \$90

\$100K-125K \$82

\$75K-\$100K \$74

50K-75K \$60

50K and below \$48

No family is ever turned away for an inability to pay.



Evening Classes

Story Stretchers

2-5 years

Non Separating

Explore early literacy development in our preschoolers. Authors and titles each session's theme will be surrounded by books and activities filled with literacy-rich ideas and examples. Children will receive free books periodically throughout the class.

F346

T Sept 11-Nov 13
no class 10/16

6-7 pm

CE: ECFE Rooms
7 sessions

W346

T Dec 11-Feb 12
no class 12/25, 1/1

6-7 pm

CE: ECFE Rooms
7 sessions

Night Owls

Walking-5 years

Separating with Parent Group

A relaxed atmosphere for families with young children to decompress after a long day. Spend time playing, crafting, singing and reading with your kiddos. Separation is approached slowly, and discussion is parent driven.

F315

TH Sept 13-Nov 15
no class 10/18

6-7 pm

CE: ECFE Rooms
7 sessions

W315

TH Dec 13-Feb 14
no class 12/27, 1/3

6-7 pm

CE: ECFE Rooms
7 sessions



Families are busy!

Our evening classes run 7 weeks during the Fall and Winter sessions.

We know that children are unpredictable, your family is free to leave at any time during the evening.

Story Stretchers and Night Owls

125K and above \$70

\$100K-125K \$62

\$75K-\$100K \$54

50K-75K \$40

50K and below \$28

No family is ever turned away for an inability to pay.



Dad and Me

Ages 2 to 5 years

Non Separating

A night for dads and their little buddies! Once a month, Wednesday evenings are filled with activities, games and a fun-filled gym time! Grandpas, uncles, and special dad-like friends are welcome too!

Sorry, Sib care is not available for this class.

SE145

W Sept 26, Oct 24, Nov 28, Dec 19,
6:30-7:30 pm

CE: ECFE Rooms
\$25

SE146

W Jan 23, Feb 20, Mar 27, Apr 24
6:30-7:30 pm

CE: ECFE Rooms
\$25

Baby and Me

Newborn-12 months

Non Separating

Congrats on your new little knight! Connect with other parents of newborns in the community, ask questions, and share parenting experiences. The class is an excellent way to get a "successful start" at parenting! We know babies are unpredictable!

Families are free to come and go as their child's schedule allows!

Class is FREE to ECFE participants.

F356

T Sept 11-Nov 13
no class 10/16

6-7 pm

CE: ECFE Rooms
7 sessions

W356

T Dec 11-Feb 12
no class 12/25, 1/1

6-7 pm

CE: ECFE Rooms
7 sessions

Early Childhood

Special Events

Family Open Gym

All Ages

Non Separating

A family night filled with games and activities in the gym. ECFE staff will provide various age-appropriate equipment for the little ones. A great way to meet local families while the kids burn off some energy!

FREE for all but please pre-register!

OPEN1
F Oct 5
6:30-7:15 pm
CE: Gym

OPEN4
W Dec 12
6:30-7:15 pm
CE: Gym

OPEN2
F Nov 2
6:30-7:15 pm
CE: Gym

OPEN5
W Jan 16
6:30-7:15 pm
CE: Gym

OPEN3
W Nov 11
6:30-7:15 pm
CE: Gym

OPEN6
W Feb 13
6:30-7:15 pm
CE: Gym

OPEN7
W Mar 20
6:30-7:15 pm
CE: Gym



Build a Book Buddy

Ages 2 and up

Non Separating

During these mobile workshops, kids stuff their pal with love and then enjoy a story with their new friend. Children go home with a new buddy and a book!

If you give a Moose a Muffin
Laura Numeroff and Felicia Bond

If a big hungry moose comes to visit, you might give him a muffin to make him feel at home. If you give him a muffin...hilarity follows!

SE160
M Oct 15
6:30-7 pm
CE: ECFE Rooms
\$20

SE161
F Nov 30
9:30-10:30 am
CE: ECFE Rooms
\$20

Good Job, Bear!
by Carrie Weston and Tim Warnes

Meet Boris. He is so kind and help - everyone needs a friend like him! Your little campers will meet a new big friend.

SE165
TH Jan 7
6:30-7 pm
CE: ECFE Rooms
\$20

SE166
F Feb 8
9:30-10:30 am
CE: ECFE Rooms
\$20



Family Dome Nights

All Ages

Non Separating

Family night at the new all-purpose facility. Half of the field will be available for families to play games, throw balls, jump and run!

A great way to experience the new facilities at STMA!

Children must be accompanied by an adult over 18.

This event is designed for children under 10.

Friday, Dec 7, Jan 4, Feb 1, March 1
6:30-7:15 pm

HS: All-purpose facility
\$5 per family, please pre-register

Registration begins August 23 at stma.ce.eleyo.com



ECFE Dome Days
5 years and under

Non Separating

The new STMA multipurpose facility will be available for littles twice a month. One hour of running, playing, and jumping for your active, energy-filled youngsters.

ECFE staff will be on-hand to join in the fun.

Age-appropriate activities and games without the big kids around!

T Dec 11, Jan 8, Feb 12, Mar 12
F Dec 21, Jan 18, Feb 22, Mar 22
9-10 am
\$5 per family
HS: Multipurpose facility

Cat's Kids Yoga

2-5 years

Fun, age appropriate, and mindful exercises for kids. Classes empower children to gain body awareness, learn healthy coping skills, and to be their best self. Parents are welcome to join in the fun!

F135
M Sept 17-Oct 8
no class 10/15
11-11:30 am
CE: ECFE Rooms
\$20

F136
M Oct 22-Nov 12
no class 11/19
11-11:30 am
CE: ECFE Rooms
\$20

Kindermusik

Kindermusik Level 2 is a music-filled class that celebrates the unique joys of the growing child. As a family class it will feature a mix of activities for parents and children that includes singing, dancing, exploring and playing instruments.

Children will get to practice their active listening, turn-taking, and social skills, as well as develop their gross-and-fine motor skills.

Each class will feature a literacy and sign language component. As the most important educator of children is the parent, Kindermusik @home digital materials are included for the learning to come home with you!

**Wiggle and Grow
Kindermusik**

All Ages

Non Separating

Ready? Set? Go, Go, Go It's time to get in the car, row the boat, and ride the rails. Move up and down, have fun with tempo changes, and enjoy bumpy bounces and the challenge of stop-and-go games. Have a boatload of fun- and learning- as we sing, dance, play instruments, chug like trains and peep like cars. Buckle up, here we go!

Rhyme around Town! We'll go down to the baker's shop, see the cobbler down the street, and stop at the corner grocery store. Along the way, we'll sing, dance, play instruments, and listen to the sounds of traffic and tolling bells. Get ready to see what the city has to offer.

Pet parade. We'll gallop like horses, scamper like mice, and fly like birds as we develop our motor skills, vocabulary, recall, imagination, and so much more! Get ready to meow, neigh, woof, and squeak.

SE200
T Sept 11-Nov 13
no class 10/16
10:45 - 11:30 am
\$130, Includes digital Kindermusik at home materials

**Wiggle and Grow
Kindermusik**

All Ages

Non Separating

Time for Lunch! We'll explore food - from preparing to eating - through songs, vocal play, instruments, and focused listening activities. So wash your hands and put on your apron. It's time to chop veggies, mix pancake batter, and grow some peas.

Farmyard of fun! We'll explore some of the colors, shapes, and sounds found on the farm as we walk in the green grass, go 'round and 'round a haystack, and listen to roosters crowing and pigs oinking. Colors & Shapes on the Farm is loaded with songs, dances, and instrument play-alongs.

Family & Friends! Sing, dance, move, and play your way through this celebration of why family and friends matter so much. Have fun listening to Grandma and Grandpa calling on the phone, shake hands with everyone, and play instruments with our friends. Everyone's invited to make music with our Family & Friends!

SE201
T Dec 11-Feb 19
no class 12/25, 1/1
10:45 - 11:30 am
\$130, Includes digital Kindermusik at home materials



Early Childhood

Monthly Special Events

Day and Evening Options

Non Separating

Pirates and Princess Party

Birth-5 Year Olds

Hear Ye! Hear Ye! Calling all swashbucklers and royalty... There will be a journey on the high seas filled with mischief, mystery, and a possible treasure! Ahoy mates! Dress in your favorite pirate or princess costumes for a party adventure!

SE105

M Oct 8
6:30-7:30 pm
CE: ECFE Rooms
\$8

SE106

F Oct 26
9:30-10:30 am
CE: ECFE Rooms
\$8

Dinosaur Stomp

Birth-5 Year Olds

Preschool goes prehistoric! The young paleontologists will explore the giants that once roamed the earth. The evening will be filled with scientific discovery, expanded vocabulary, stories, math and pretend play with our dinosaur friends.

SE110

M Nov 12
6:30-7:30 pm
CE: ECFE Rooms
\$8

SE111

F Nov 9
9:30-10:30 am
CE: ECFE Rooms
\$8

Winter Wonderland

Birth-5 Year Olds

Frosty invites your kids to the fun of winter! Play ice cold games, explore what animals do in the winter and create cool projects that will warm your home.

SE115

M Jan 14
6:30-7:30 pm
CE: ECFE Rooms
\$8

SE116

F Jan 18
9:30-10:30 am
CE: ECFE Rooms
\$8



Happy Hearts

Birth-5 Year Olds

Roses are red- violets are blue,

let's get together and make a craft or two!

Kids will make friendship bracelets, paint a masterpiece, create a surprise and play games. Your heart will be full after this hour of fun.

SE120

M Feb 11
6:30-7:30 pm
CE: ECFE Rooms
\$8

Somewhere over the Rainbow

Birth-5 Year Olds

After a dreary winter, time to brighten the world! Rainbows will be everywhere in this evening of color celebration. Experiments, crafts, and colorful fun will shine!

SE125

M March 18
6:30-7:30 pm
CE: ECFE Rooms
\$8

SE126

F March 29
9:30-10:30 am
CE: ECFE Rooms
\$8



Special Events and Field Trips

MN Children's Museum Field Trips

All Ages

Two dates offered!

Kids take the lead on play here. They follow their own interests, create lifelong memories and build skills like confidence, critical thinking, coordination and more.

All this while having tons of fun!

This will be play like it's meant to be. Natural. Joyous. Genuine. Children will explore, experiment, try new things, test their limits, adapt and grow.

Children will think creatively, make plans, analyze problems, tackle challenges, speak and listen, work as part of a team and more.

SE150

TH Oct 24
8:45 am - 1 pm

SE151

TH Jan 25
8:45 am - 1 pm

\$12 per child - Chaperones FREE!

Bus leaves from STME front parking lot.



Apple Jacks Field Trip

All Ages

Learn about apple farming and let them sample our fresh apples and cider. There is an apple picking demonstration and interactive puppet play with the students. A wagon ride through the pick-your-own orchard is narrated by the tractor driver for even more information! Time for playing in our kiddie area with a hay bale maze, wooden tractor and truck and animal area. Bring bagged lunches and enjoy picnic in the orchard. Everyone takes home an apple and lots of memories from their orchard experience.

SE152

M Oct 1
9:45am - 12:30pm

\$10 per PERSON - Chaperones must pay fee

Bus leaves from STME front parking lot.



ECFE Baby Shower

Expecting parents and parents of newborns up to 12 months are invited to join us at the ECFE Baby Shower.

Area businesses and community vendors will be on hand to share their resources.

ECFE staff will be available to tour the building and explain the program.

A great opportunity to connect with other parents, visit our building, and find out what ECFE is all about!

Goodie bags and door prizes.
Head home with a keepsake made that day!

Tuesday, October 23

4:30 - 6:30PM

CE Gym

FREE

No pre-registration needed

Childcare available

Get Ready for Kindergarten

Is my child ready?

That is the loaded question. With new standards in place and all-day kindergarten at STMA, where can parents get questions answered? This night addresses kindergarten readiness skills and expectations.

Parents only during the discussion group.

Free childcare available.

SE140

W Nov 7

6:30-7:30 pm

CE: Room 201

FREE

Please pre-register for childcare.

Early Childhood

ECFE is heading to the Library!

We have joined forces with the St. Michael Library to offer classes twice per month! In an effort to promote literacy for all ages, join our staff for an ECFE class full of imagination and creativity. There will be crafts, games, songs, and of course plenty of children's books and stories. Families are encouraged to check-out related materials and explore the library.

Two monthly options offered!
FREE to all participants.

| Date | Time |
|-------------|----------|
| W Aug 15 | 10:30 am |
| M Aug 20 | 6:00 pm |
| W Sept 12 | 10:30 am |
| M Sept 24 | 6:00 pm |
| W Oct 10 | 10:30 am |
| M Oct 29 | 6:00 pm |
| W Nov 7 | 10:30 am |
| M Nov 26 | 6:00 pm |
| W Dec Dec 5 | 10:30 am |
| M Dec 17 | 6:00 pm |

St. Michael-Albertville School District #885 Early Childhood Family Education Early Learner Program

The St. Michael-Albertville public schools strategic plan includes a key initiative to continue and improve kindergarten readiness throughout the district. The primary goal of the Early Learner program is to partner with caregivers to provide the best possible environment that enriches the lives of children. Through developmentally appropriate activities and parent resources, our staff will collaborate with area caregivers to support readying all children for kindergarten.

The Early Learner Program

A certified ECFE staff member will provide visits based on the needs of your children. In five key areas, activities will be modeled and resources shared. Professional development opportunities (CEUs) will be available for providers.

How do I enroll in the Early Learners Program?

Call the ECFE office at 763-497-6512

A staff member will contact you to schedule your first appointment.

What can a provider expect?

- An initial visit to establish your needs
- Subsequent visits tailored to provide support
 - Opportunities to discuss daily challenges
- An Early Childhood Teacher leading child-centered activities
- Resources from around the state and community
 - A connection with the STMA school district

Please direct further questions to:

Jane Helgestad

ECFE/Bright Beginnings Preschool Coordinator

janeh@stma.k12.mn.us

763-497-6512



Registration begins August 23 at stma.ce.eleyo.com



Bright Beginnings Preschool

A School Readiness Program

Ages 3-5

St. Michael-Albertville School District #885 recognizes the importance of quality early education. Bright Beginnings is a proud partner on the district's strategic plan to continue improving kindergarten readiness.

It is our mission to create a safe, play-based environment of developmentally appropriate learning experiences for all students. We believe that parental partnerships are essential for kindergarten readiness and to fostering a life-long love of learning.



4-star Rating

Bright Beginnings Preschool is a school readiness and 4-star rated program by Minnesota's Parent Aware rating system for early childhood programs. Pathways Early Learning Scholarships can be used by qualifying families.

Quality Curriculum and Staff

Each of our classroom lead teachers maintains an Early Childhood Minnesota teaching license and regularly participates in continuing education classes.

In addition to utilizing our imaginative and resourceful staff, Creative Curriculum and Handwriting Without Tears are the curriculums of choice. POCET Assessment and Work Sampling are used to track a child's growth and development.

Second Step and the Kindness curriculum guides children through activities that promote social and emotional growth.

Attendance Requirements

Bright Beginnings follows the MN state guidelines for age requirements.

All children must be 3 or 4 before September 1, 2018. 5-year old welcome if not enrolled in kindergarten. Children must be completely toilet trained, complete required immunizations, and will participate in early childhood screening.

What do we do in preschool?

Three Year Olds (children 3 on or before 9/1/18)

Familiarization with school routines including separation, transitions, and turn-taking.

Develop social/emotional skills with peer interaction.

Foster a love of learning through play based learning activities and beginning concepts.

Fours and Fives (children 4 on or before 9/1/18)

Cooperative group interactions, turn-taking, independence and socialization skills. Literacy preparation including letter/sound recognition, reading, listening, and questioning. Pre-math skills of sorting, patterning, counting, and quantifying objects.

Fine motor practice including name writing and scissor skills.

A solid foundation of skills to prepare children for kindergarten.

Big changes for Bright Beginnings

We are excited to announce the movement of three of our classrooms to the Albertville Primary!

Transportation is now available for our preschoolers at Albertville Primary for an additional fee. Estimated Monthly Transportation Costs:

2 Day = \$35 , 3 Day = \$50, 4 Day = \$70, 5 Day = \$90

Contact Us

Call or email Jane Helgestad 763-497-6512 or janeh@stma.k12.mn.us for session availability and pricing.



**SCHOOL
READINESS**

Early Childhood

FACEBOOK LIVE

Connect with other STMA parents from the comfort of your own home. You are welcome to join a closed Facebook page to discuss parenting concerns for children ages birth to 8 years. Log-on to request access. Visit the page whenever it fits into your schedule.

Live Chat
M 1-2 pm



help me



Call 1-866-693-GROW (4769)

Some young children need extra help to learn and grow

Help Me Grow provides resources for families to look at developmental milestones, to learn if there are concerns, and to take the lead in seeking additional support or in referring their child for a comprehensive, confidential screening or evaluation at no cost.

Minnesota children from birth to five-years-old, if found eligible, can receive services in their home, childcare setting or school. These services are free regardless of income or immigrant status.

Help Me Grow is an inter-agency initiative of the MN Department of Education, Department of Health and Department of Human Services, partnering with all local service agencies.

All Kids Count

District 885 Census

Is there a new baby in your home? Are you new to our school district? Please complete the new online census form- It only takes a few minutes. Just visit:

<http://www.stma.k12.mn.us/district/district-overview/census>.

By completing the census form, you will receive information on early childhood programs, kindergarten registration, and general district information.

It also ensures accurate planning and projection for the growth of STMA to receive maximum funding for the district and early childhood programs.

The school district encourages families in the above categories fill out a school census.

If you are new to the district, or have made changes since the last time the form was completed, please fill out a new census.



STMA Early Childhood Screening

Early Childhood Screening is a process that supports children being ready for kindergarten. The program helps find children with possible health or developmental concerns that may affect learning.

It includes a check of vision and hearing, child development and a review of the child's health. The program helps family's access services for their children that will help them to be ready for kindergarten.

All children must be screened prior to kindergarten

If your child is over the age of 3, they are eligible for screening. The ideal age for screening is when your child is between 3 and 4 years old. Screening can detect possible learning or health concerns to be addressed before the start of kindergarten.

If you have an age-eligible child and have not been contacted by us, call Lindy Legatt at 763-497-6528 or email lindy1@stma.k12.mn.us.

Upcoming screenings
Sept 14, Oct 11 & 12, Nov 15 & 16

Parent Advisory Council

We are currently seeking program families to serve on the STMA ECFE and Bright Beginnings Preschool Advisory Council.

- The council assists in the following:
- Recommend program policies, goals, and objectives
 - Develop/train volunteers
 - Promote program through outreach and community relations
 - Assist in program evaluations
 - Serve as an advocate in the community and legislature
 - Expand resource development

If interested, contact Jane Helgestad at 763-497-6512 or janeh@stma.k12.mn.us for meeting dates and times.



Registration, Information & Policies



Classes are filled on a first come, first served basis. The class fee must be paid at the time of registration. Registration begins August 23 for all classes.

Register...

Online

stma.ce.eleyo.com 24/7

By Mail

Mail your completed registration form and payment to:

STMA Community Education
60 Central Ave W
St Michael, MN 55376

Make checks payable to STMA Community Education.

Drop box or in Person

Our drop box is conveniently located outside Door A of the Community Education Center or come inside and follow the signs to the Community Ed Office, Room 210. Open 8 am-4 pm Monday through Friday. Closed most holidays.

Summer hours Mon-Thurs,
9 am-1 pm beginning June 4.

By Phone

763-497-6550, ext. 1

This is for credit card registrations only. Please have your credit card and class information ready.

Please include your phone number and email

Please keep your account email addresses and phone numbers updated. Telephone numbers are required when registering. If we need to contact you regarding the status of a class, make up classes or other details, we will phone or email you.

Confirmations

We do not send confirmations via U.S. mail. Accounts with an email address will receive email confirmation. All classes will meet as scheduled unless you're notified otherwise.

Refunds

Cancellations must be made by phone or in person at least 5 business days prior to the start of the activity (or by the registration deadline if one is indicated) in order to receive a refund. Some activities, supplies, or tickets are not refundable. All refunds are subject to a \$5 processing fee. No refunds will be issued for trips and tours after the registration and payment deadline.

Cancellations

Community Education reserves the right to cancel a class due to insufficient enrollment. If we cancel a class, you will be notified and your money will be refunded in full.

Inclement Weather Emergencies

If weather is threatening, cancellations will be announced on the Community Education weather line, 763-497-6549 or (763) 497-6550, ext. 2.

If school is canceled, all Community Education, youth and adult activities are canceled and all school buildings are closed.

UCare Discounts

Members of UCare may take up to a \$15 discount on most classes in this catalog. If a class fee is less than \$15, the class is free. You must be a UCare member at the time of registration and through the duration of the class. Please include a photocopy of your UCare ID member card at the time of registration. Not all classes and activities are eligible for the discount.

Photo Policy

There are occasions when representatives of STMA and/or the media photograph or videotape students while attending/participating in school sponsored functions. Parent/guardians not wanting their child to be identified in photographs or on videotape, should notify, in writing, the community education office.

SCHOOL ABBREVIATIONS

- AP Albertville Primary
- SE St. Michael Elementary
- BW Big Woods Elementary
- FE Fieldstone Elementary
- MW Middle School West
- ME Middle School East
- HS High School
- CE Community Education Center
- AC Activity Center @ High School

Registration

STMA Registration

Mail or deliver to STMA Community Education, 60 Central Ave W, St. Michael, MN 55376

Register online at stma.ce.eleyo.com

Youth Class Registration #1

Student Name _____ School _____

Teacher's Name _____ Student Health Concerns _____

Class Name _____ Class # _____ Class Fee \$ _____

Youth Class Registration #2

Student Name _____ School _____

Teacher's Name _____ Student Health Concerns _____

Class Name _____ Class # _____ Class Fee \$ _____

Parent's Name _____ Cell Phone _____

Address _____ Home Phone _____

Email Address _____ Work Phone _____

I agree to release District #885 Community Education and its employees of all liability to accidents or injuries which myself or a member of my family might incur while participating in the above mentioned activity.

_____ Signature of parent of student under 18

Adult Class or Trip Registration

Name _____ Cell Phone _____

Address _____ Home Phone or other _____

E-mail address _____ Traveling companion _____

| Activity name | Activity # | Fee |
|---------------|------------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Total Fee _____

Payment - credit, cash, check- *Make checks payable to STMA Community Education*

MasterCard ___ VISA ___ Discover ___ Account # _____

Name on card (print) _____ Exp date _____

Amount Paid \$ _____ Cash _____ Check _____ Credit Card _____

REGISTRATION DEADLINE

ONE WEEK PRIOR TO THE START OF CLASS UNLESS OTHERWISE LISTED

STMA Community Education offers activities with the purpose of enrichment. Information obtained in Community Education activities is not intended for use as advice, endorsement or recommendations from the instructors, his/her business or STMA Community Education.

Registration begins August 23 at stma.ce.eleyo.com

Community Education
St. Michael-Albertville District #885
60 Central Ave West
St. Michael, MN 55376

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ST. MICHAEL - ALBERTVILLE SCHOOLS
EXCELLENCE IS OUR TRADITION

COMMUNITY EDUCATION

Fall 2018



OPEN HOUSE
Saturday, Oct 6th
11 am-2 pm
STMA High School

The Cafeteria will have Yearbooks and Memorabilia from all 50 years.

Tours of the High School and All-Purpose Facility.

Commemorative items will be available for purchase.

Community Education weather line, 763-497-6549

Website open 24 hours a day! Register online at stma.ce.eleyo.com

763-497-6550 stma.ce.eleyo.com